

VOL-VI (JULY 2025 TO JUNE 2026)

NEWSLETTER

KAMLA NEHRU COLLEGE FOR WOMEN, PHAGWARA
NAAC Re-accredited Grade "A++"

Dear Readers,

It gives me great pride to present the sixth issue of the KNCW Newsletter. This edition reflects the collective efforts of our faculty and students and highlights the college's achievements for the session 2025–26. I sincerely acknowledge the blessings of the Almighty and the support of our dedicated management committee.

Dr. Savinder Pal
Principal / Director Academics



Induction cum Orientation Programme

On **21–22 July 2025**, college conducted its two-day Induction cum Orientation Programme with around 650 students and faculty attending each day. The programme began with a prayer and introduction to the Code of Conduct, followed by the Principal's motivational address emphasizing unity, discipline, moral values, and cyber awareness. The annual magazine *Aastha* was released and students were introduced to *Mission We Care*. The programme concluded on a positive note with the distribution of sweets, promoting harmony among students.



NCC Enrollment Drive

On **27 July 2025**, NCC Wing organized an NCC enrollment drive with 63 students participating in the selection process. The selection included physical fitness tests, measurements, and a written exam. A total of 22 cadets were selected, marking a successful recruitment drive.



Nail Art Workshop

On **29 July 2025**, Cosmetology department organized a Nail Art and Nail Designing Workshop with around 60 students participating. The workshop included a live demonstration on temporary nail extensions, nail care, and use of advanced products like chrome and acrylic powders. Students also learned client-handling skills and basics of starting a nail art business. MOU was signed with a professional institute, making the event both informative and skill-oriented.



Tribute to Shaheed Udham Singh Ji

On **30 July 2025**, Department of History and the Shaheed Bhagat Singh Society marked the martyrdom day of Shaheed Udham Singh Ji with nearly 100 students participating in the tribute event. Students expressed their views through speeches, posters, slogans, and presentations highlighting his life and sacrifice. The programme aimed to inspire patriotism, discipline, and a sense of purpose among students. The event concluded with a message to uphold the values of freedom and dedication.



Workshop on “Creativity to Start-Up – A Simulation Journey”

On **1–2 August**, a two-day workshop on entrepreneurship was organized under the Innovation and Entrepreneurship Cell in collaboration with IIC. Ms. Nidhi Jassal guided students on creativity, start-ups, design thinking, and Business Model Canvas using examples like Zomato, Ola, PVR, and Foodie bay transformation. Projects addressed real-world issues like plastic waste (Renew Tech), eco-fashion (EcoTex), digital learning, and local food delivery (Tiffin lop). Around **70 students** participated and also explored sustainability-based start-up ideas and submitted 28 innovative logo designs



Formation of Central Association

On **1 August 2025**, a special assembly was organized for the announcement of the Central Association (2025–26) team. Senior and junior wing members were formally introduced, followed by a sash ceremony assigning leadership roles including Head Girl, Vice Head Girl, Secretary, Treasurer, and PRO team. Nearly **700 students and faculty members** attended the event.



Alumni Achievement – Silver Medal at Asian Championship

On **1 August 2025**, Alumna Baljit Kaur, serving as Head Constable in PAP Sports Wing, won a silver medal at the 9th Asian Championship in Vietnam. She had completed her B.A. and M.A. (Punjabi) and earlier achieved excellence in sports under institutional coaching. Her achievement brought pride to the institution and inspired students.



Fresher's Party & Talent Hunt

On **8 August 2025**, a fresher's party and talent hunt programme was organized for newly admitted students of +1 and first year. Ms. Meenu Gupta from Government Senior Secondary School graced the occasion as the Chief Guest of Honor. Students performed dances, songs, bhangra, and Modelling rounds. Nearly **300 students** participated and titles like Miss KNC Fresher and Miss KNCJC Fresher were awarded.



Independence Day Celebrations

On **11–15 August 2025**, Independence Day celebrations included “Selfie with Tiranga,” poster making, and patriotic events organized by NSS and NCC. As part of the green initiative, saplings were also planted on the campus to spread awareness about environmental conservation. Students actively participated in cultural and awareness activities. Around **650 students** were involved.



Patriotic Song Competition

A patriotic Song Competition was organized during Independence Day celebrations (**11–15 August 2025**), by the Sur Club. Tanya (B.Sc. 5th Semester) secured the first prize, Ekmjot (B.A. 1st Semester) won the second prize, and Simran (B.A. 1st Semester) received the third prize. Students performed patriotic songs showcasing love for the nation. Around **100 students** participated.



National Librarian Day Celebration

On **12 August 2025**, National Librarian Day was celebrated by Sh. Bhag Ram Handa Library and Ranganathan Library Club. Around **100 students** participated. Principal Madam addressed the students, explaining Dr. S. R. Ranganathan's Five Laws of Library Science and emphasized on the library's rich collection of book and also told the students about the “Maximum Use of Library” Award and the “Library Star of the Month” Award to encourage reading habits among students.



Drug Abuse Awareness Seminar

On **12 August 2025**, a seminar titled “Drugs Steal Dreams: Choose a Brighter Path” was organized to spread awareness against drug abuse. A Declamation Competition was also conducted, with a total of **70 participants** actively taking part and expressing their strong stance against drug abuse. Manjoban spoke on Drug De-addiction Program, Anmol on Drug-Free India, Nitika on Drug Abuse, and Manvi shared real-life examples to emphasize the dangers of drugs.



Anti-Ragging Week

On **12–18 August 2025**, Anti-Ragging Week was celebrated under the guidelines of UGC. Around **650 students** have participated. A Presentation which was presented by Mansi, student of B.C.A SEM 3. On August 13, 2025, A poster making activity was organized in which students from B.C.A Sem V named Akanksha Sharma, Shaniya, Sanjana were grabbed first, second and third positions respectively. On 14th Students took an oath against ragging. On August 18, Short documentary films and some TVC related to this subject were shown to students.



Project Making Competition

On **13 August 2025**, Department of Home Science and Ek Bharat Shreshtha Bharat organized a project-making competition where students created Independence Day-themed models using creative materials. Projects reflected patriotism and innovation. Around **30 students** participated. First position was bagged by Simrandeep kaur (Nanny Care and Nutrition) and second position was secured by Manraj (B.Sc. N.Med SEM 3) and third position was gained by Anoop (B.A. SEM 3).



Nasha Mukta Bharat Abhiyan

On **13 August 2025**, a mass e-pledge and poster-making competition was organized by Drug Abuse Prevention Club under Nasha Mukta Bharat Abhiyan. Students pledged to stay drug-free and promote awareness in society. Around 40 students participated. The event concluded with students presenting posters that creatively expressed the message of a healthy, addiction-free India.



Teeyan Da Mela

On **14 August 2025**, Teeyan Da Mela was celebrated by Punjabi Department; the Chief Guest for the occasion was Mrs. Baljeet Kaur, an alumna of the college, boxer with Punjab Police, and Head Constable at PAP Sports Wing. The event was graced by special guests including alumnae Mrs. Poonam Puri, Mrs. Daljeet Kaur Channa, Mrs. Pushpa (Lecturer at the Senior Secondary School), and Mrs. Kiranjeet Randhawa (Principal, Mohan Lal Uppal DAV College, Coach Mr. Jasvir Singh, and Mr. Guraikbal Singh. Cultural performances including Giddha, Luddi, folk songs, skits, Bazigarn dances, and stalls were the main attraction of the event. Around **800 students** attended the event.



Flag Hoisting Ceremony

On **15 August 2025**, a flag hoisting ceremony was organized by NCC and NSS Unit. The national flag was unfurled followed by the national anthem, promoting unity and discipline. Around **60 students** participated.



National Space Day

On **23 August 2025**, National Space Day was celebrated by Department of Science, IQAC, and Prof. Puran Singh Society under the theme "Aryabhata to Gaganyaan." Students participated in poster-making and declamation competitions highlighting ISRO achievements like Chandrayaan-3. In the poster-making competition Kashish (B.Sc. SEM 3), Satwinder (B.Sc. SEM 3) and Manraj (B.Sc. SEM 3) secured the 1st, 2nd, and 3rd positions, respectively while Muskan (B.Sc. SEM 1) won the consolation prize. In the declamation competition, Muskan (B.Sc. SEM 5) Kashish (B.Sc. SEM 3) and Daya (B.Sc. SEM 1) bagged the 1st, 2nd, and 3rd positions and Nancy Gandhi (B.Sc. SEM 3) received the consolation prize. Around **90 students** participated.



Book Fair

On **25 August 2025**, Sh. Bhag Ram Handa Library, in collaboration with Sai Books International, New Delhi successfully organized a Book Fair, offering academic, fiction, and motivational books. Students and teachers explored a wide variety of books for academic and personal growth. Around **400 students and 35 teachers** participated.



International Literacy Day

On **9 September 2025**, the NSS Unit celebrated International Literacy Day with a lecture on women empowerment and social change. Key insights were shared through a PPT and case studies like Malala Yousafzai, SHGs, and Beti Bachao Beti Padhao. More than 50 NSS volunteers actively participated in discussions and activities.



Commerce Department Hosts Creative Event Series

On **10–13 September 2025**, the Post Graduate Department of Commerce organized Logo-Making, Business Project, and Mind Quest Biz Quiz events. Around 70 students participated, including 56 in the quiz prelims with 12 finalists. Winners were declared across all competitions, showcasing creativity, business acumen, and teamwork.



Yoga and Mindfulness Session Marks National Nutrition Week

On **12 September 2025**, the Department of Home Science and Ek Bharat Shreshtha Bharat in collaboration with the Department of Physical Education organized a Yoga and Mindfulness session. Yoga demonstrations and an expert lecture highlighted benefits like flexibility, stress reduction, and mental well-being. A total of **56 students** actively participated in the session.



Library Orientation Month

On **12 September 2025**, Sh. Bhag Ram Handa Library in collaboration with the Ranganathan Library Club conducted a Library Orientation Programme for various courses. Students were guided about library facilities, services, and resources in detail. More than 700 undergraduate and postgraduate students attended the sessions.



Hindi Diwas

On **13 September 2025**, the Hindi Department organized Hindi Diwas with various literary competitions. Poetry recitation, speech, and slogan writing competitions were conducted, highlighting students' talents and creativity. Around **50 students** actively participated, and winners were awarded certificates and prizes.



Workshop on Suicide Prevention

On **13 September 2025**, the Stress Management Cell organized a workshop on "Suicide Prevention" in the Audio Visual Lab. around 60 students attended and learned about causes, warning signs, myths, and preventive measures related to suicide.



Community Outreach Programme

On **15 September 2025**, the Home Science Association and Ek Bharat Shreshtha Bharat (EBSB) organized a community outreach programme. A total of 12 students participated in distributing nutritious food and Ration to underprivileged people. Awareness about balanced diet and nutrition for children and women was also provided.



Best Out of Waste Competition

On **15 September 2025**, the Fashion Designing Department organized a "Best out of Waste" competition. A total of 28 students participated and created innovative items like photo frames, baskets, wall hangings, and decorative pieces. Komalpreet kaur of BSc.FD.1st semester bagged First Position. Amandeep Suman MSc.Fd.3rd semester. Anamika Sharma MSc.Fd 3rd semester bagged Third Position. Whereas Nidhi Saini Diploma in Fashion Designing and Lakshmi BSc.Fd.3rd semester got Consolation Prizes.



Poster Making & Painti Akhri Competitions

On **15 September 2025**, the Punjabi Department organized inter-class Poster Making (Sundar Likhai) and Painti Akhri competitions. 80 students participated enthusiastically, showcasing Punjabi literature and culture through creative posters and colorful presentations of the alphabet. The winners of the poster-making competition were Anmol Kaur (+1 Non-Medical) and Sukhraj Deep Kaur (+1 Non-Medical). Similarly, in the 35-word competition, Tania (B.A. Semester III) and Roshni (B.A. Semester III) secured the top positions.



Nutrition Quiz Competition

On **15 September 2025**, the Department of Home Science and Ek Bharat Shreshtha Bharat organized a Nutrition Quiz in the Audio Visual Lab. 52 students and teachers participated, with four teams competing in quiz rounds and presentations on healthy food. In this competition, the contestants of Nutrients Ninja- Vanshika and Simrandeep Kaur from Nanny Care and Nutrition secured first position, Balanced Bites contestant's - Khushi from BA Sem 1 and Muskan from B.Sc. Economics SEM 3 bagged second position and Wellness Warriors contestants- Bhavna and Palak from BBA SEM 5 secured third position in competition.



PoetiQ Literary Event

On **15 September 2025**, the English Department organized "PoetiQ" featuring a Spell Bee and poetry quiz. Around 50 students participated enthusiastically, showcasing language skills and literary knowledge. All participants were awarded certificates for their involvement.



Ozone Layer Preservation Day

On **16 September 2025**, the Science Department in collaboration with Red Ribbon Club and Eco Club organized Ozone Layer Preservation Day. An Extension Lecture was delivered by Dr. Punit Puri, HOD of the Zoology Department, DAV College Jalandhar, who shared valuable insights on the science behind the ozone layer, its importance, and the causes of its depletion. Around 100 students and faculty participated in lectures, poster rally, and plantation drive. Competitions were held and winners were awarded for eco-creative activities.



Slogan & Essay Writing Competitions

On **16 September 2025**, the Department of Economics organized Slogan and Essay writing competitions on "Impact of Tariffs on Indian Economy". More than 50 students participated, expressing their views creatively and analytically. In the Essay Writing Competition, Rupinder Kaur (B.A. 3rd SEM) secured 1st position, Sumridhi (B.Sc. Eco 1st SEM) 2nd, and Manpreet Kaur (B.B.A. 3rd SEM) 3rd, while Komalpreet, Neerja, and Gurjeet received consolation prizes. In Slogan Writing, Sharanpreet Kaur (B.B.A. 1st SEM) stood 1st, Sania (B.B.A. 1st SEM) 2nd, and Ashmeet Kaur (+1 Commerce) 3rd, with Sanjna, Khushpreet Kaur, and Tanisha receiving consolation prizes.



Makeup Workshop (Product Orientation)

On **17 September 2025**, the Department of Cosmetology organized a lecture and practical session on makeup by KRYOLAN India. Around 50 students participated in hands-on training and learned about professional makeup techniques.



Poster Making Competition on Healthy Nutrition

On **17 September 2025**, the Department of Home Science and Ek Bharat Shreshtha Bharat organized a poster making competition on healthy nutrition. About 18 students participated, showcasing creative and informative ideas on balanced diet. In this Competition Khushi Kukreja (B.A. Sem- I) got First, Anoop (B.A. Sem-III) got Second, Tanisha Sehdev (B.Com Sem-III) got third prizes whereas consolation prizes were given to Simrandeep Kaur (Nanny Care & Nutrition, Sem -I) and Diya (B. Com Sem- III)



Extension Lecture on Nutrition and Mental Health

On **17 September 2025**, the Department of Home Science and Ek Bharat Shreshtha Bharat organized an extension lecture on "Impact of Nutrition on Mental Health." Around 25 students attended and learned about balanced diet, food groups, and effects of junk food. The lecture emphasized healthy eating habits for overall well-being.



Food Nutrition Expo

On **18 September 2025**, the Department of Home Science and Ek Bharat Shreshtha Bharat organized a Food Nutrition Expo. Students from Nanny Care & Nutrition and B.A. Home Science showcased creative projects, educational aids, and games on the theme of Healthy Nutrition. Around 75 students participated in BMI check-ups.



Space Revolution Day

On **18–24 September 2025**, the Science Department, IQAC, and Prof. Puran Singh Society organized Space Revolution Day celebrations. The event's theme, "Innovation for India's Better Future Space Programme, "Around 50 students participated in poster exhibitions, seminars, and learning activities on space missions.



District-Level Achievement

On **19 September 2025**, the Red Ribbon Club and Science Department secured 2nd position in district-level competitions organized by the Department of Youth Services, Punjab. Students actively participated and brought laurels to the institution. The award was presented during a Seminar in at Hindu Kanya College, Kapurthala.



Ayurveda Day Celebration

On **23 September 2025**, the NSS Unit celebrated Ayurveda Day with this year's theme, "Ayurveda for the People and Planet". Around 40 students participated in plantation of herbal saplings and awareness activities on Ayurveda. The event promoted holistic wellness and environmental sustainability. It highlighted the importance of traditional healthcare practices.



NSS Day Celebrations and Community Outreach for Flood Victims

On **24 September 2025**, the NSS Unit celebrated NSS Day. NSS Unit along with Buddy Group accompanied by Principal Mam and other faculty members, along with 12 students, visited the B.R. Ambedkar Dharamshala in village Chak Hakim and distributed essential items. The initiative promoted empathy and social responsibility among students. Around 65 students participated in poster making, slogan writing, and community service activities.



Swachh Bharat Campaign

From **25 September–1 October, 2025** NCC, NSS, Eco Club, and Red Ribbon Club organize various activities to celebrate Swachh Bharat campaign. The campaign began with a cleanliness drive and plastic-free awareness activity to promote hygiene and environmental responsibility. Students then participated in poster making and waste-to-art competitions highlighting cleanliness and recycling. On the third day, a rangoli competition was held using eco-friendly colors to spread messages of a clean and plastic-free society. The fourth day featured wall painting activities where students created awareness slogans like "Clean India, Green India."



Panel Discussion on Bhagat Singh

On **29 September 2025**, the Ek Bharat Shreshtha Bharat organized a panel discussion on "Sacrifice for the Nation." Dr. Priyanka Aeri delivered into the difference between simply paying homage and actively incorporating the spirit of Bhagat Singh's sacrifice into modern life. Around 45 students participated, discussing ideals of Bhagat Singh and their relevance today.



Book Release on Sustainable Plant Science

On **15 October, 2025**, the Department of Botany released the book "*Plant Science for the Future: Seed to Sustainability*" authored by Dr. Tavisha Singh. The book highlights the role of plant science in achieving ecological balance and sustainable development. The release ceremony was attended by the college administration and Science Department faculty members.



HIV/AIDS Awareness Activities

On **15 October, 2025**, the Red Ribbon Club under IQAC organized HIV/AIDS awareness activities in the Audio-Visual Lab. Around **20 students** participated in Poster Making and Declamation Competitions, spreading messages of health awareness, empathy, and social responsibility. The programme was coordinated by Ms. Priyanka and Ms. Khushi.



Grand Diwali Carnival

On **17 October, 2025**, the Learn Earn Club organized a vibrant Diwali Carnival on campus with participation from **nearly 100 students**. The Science Department set up food, decorative, and bangle stalls, while the Home Science Department served snacks and the Fine Arts Department displayed handcrafted divas. The carnival promoted creativity, teamwork, and entrepreneurial skills among students.



Diwali with Social Service

On **17–18 October, 2025**, the NSS Unit and Commerce Club organized a two-day Diwali celebration combining cultural activities with community outreach. Nearly **65 students** participated in poster making, Diya Thali making, Rangoli competitions. In the Diya Thali Making Competition, Ananya first position, Jaiseeka stood second, and Jasmine Kaur bagged the third position. In the Rangoli Competition, Vishali, Kamal, and Livjot collectively won the first position, Diya and Tanisha won the second position, while Taranveer and Sharandeep secured the third position. Students donated clothes, sweets, fruits, and essentials to the residents of, Guru Nanak Mission Netraheen Biradh Aashram.



Faculty Celebrates Diwali Lunch

On **20 October, 2025**, the college organized a festive Diwali Lunch celebration to promote togetherness and harmony among faculty members and guests. The event was attended by media representative Mr. Ramandeep and IDBI Bank Manager Mr. Deepak. Faculty members enjoyed festive décor, delicious food, and warm Diwali greetings.



Students Shine at Zonal Youth Festival

On **23–24 October, 2025**, the Youth Welfare Department participated in the Zonal Youth Festival at Sikh National College, Banga, competing in 25 events. Students secured 1st positions in Rangoli, Giddha, and Clay Modelling along with several 2nd and 3rd positions in cultural and literary competitions. The achievements reflected outstanding creativity, discipline, and teamwork.



National Book Month

On **25 October, 2025**, Sh. Bhag Ram Handa Library organized a special event under the National Book Month celebrations running throughout October. **Around 40 students** and faculty members attended the programme honoring “Library Stars” for maximum library visits from October 2024 to September 2025. Students were motivated to develop regular reading habits and participate in upcoming literary activities.



150th Birth Anniversary of Sardar Vallabhbhai Patel

From **27th to 31st October, 2025** NSS Unit celebrated the 150th Birth Anniversary of Sardar Vallabhbhai Patel with great enthusiasm and patriotic fervor. The week-long celebration, organized to mark National Unity Day (Rashtriya Ekta Diwas), aimed to promote the values of unity, integrity, patriotism, and selfless service among students. The celebrations commenced on 27th October 2025 with a **Poster Making Competition on the theme “Unity in Diversity,”** in which **around 50 NSS** volunteers participated enthusiastically and creatively expressed messages of national unity and cultural harmony through their artworks. On 28th October 2025, an **Essay Writing Competition** was organized with themes such as “Iron Resolve, Iron Nation,” “Ek Bharat, Atmanirbhar Bharat,” “Sardar Patel: Architect of United India,” and “Nation First: From Patel to Modi.” Around 50 students participated and shared insightful views on national unity, self-reliance, and Sardar Patel’s contribution to modern India. As part of the celebrations, an **Extension Lecture on the Life and Teachings of Guru Tegh Bahadur Sahib Ji** was conducted on 29th October 2025 and delivered by Principal Dr. Savinder Pal. She highlighted Guru Ji’s philosophy of sacrifice, courage, righteousness, religious freedom, and unity in diversity, inspiring students to follow the path of humanity and national integration. **Around 120 NSS volunteers** attended the lecture. On 30th October 2025, a **Speech Competition** was organized where students eloquently spoke on themes of unity, patriotism, leadership, and the enduring legacy of Sardar Vallabhbhai Patel. The celebrations concluded with the National Unity Day Pledge, reaffirming the commitment of volunteers towards the unity, integrity, and security of the nation.



Book Exhibition Encourages Reading Culture

On **30 October, 2025**, the Library Department in collaboration with Shaheed Bhagat Singh Society and Tarksheel Society, Punjab, organized a Book Exhibition under Library Month celebrations. The exhibition displayed books by renowned scholars, Punjabi writers, and literature on the Ghadar Movement and freedom fighters. Students explored valuable historical and literary works promoting reading habits and awareness of national history. The event was successfully coordinated by the Department of History.



Students Excel at 34th Mela Gadri Babeyan Da

On **31 October, 2025**, students participated in the 34th Mela Gadri Babeyan Da at Desh Bhagat Yaadgar Hall, Jalandhar, competing in quiz, speech, and painting contests. Mannat of B.A. Semester I secured 1st position in painting and won a cash prize, books, certificate, and memento. Samiksha received a consolation prize in speech while quiz participants earned appreciation certificates.



Youth Festival Achievements



Kamla Nehru College for Women, Phagwara, made its mark with an impressive haul of achievements at the Zonal Youth Festival held at S.N. College, Banga, on 23–24 October 2025. Representing D Zone, the college showcased exceptional talent, bringing pride and recognition to the institution.

Item Name	Prize
Giddha	First Prize
Clay Modelling	First Prize
Rangoli	First Prize
Play	Second Prize
Phulkari	Second Prize
Debate	Second Prize
Indian Classical Vocal	Second Prize
Percussion (Tabla)	Second Prize
Mime	Third Prize
Quiz	Third Prize
Non-Percussion (Sitaar)	Third Prize
Collage Making	Third Prize
Cartooning	Third Prize
Geet/Ghazal	Third Prize

Sports



- On 29–30 August 2025, National Sports Day was celebrated with great enthusiasm to honor Major Dhyan Chand. Around **200 students** participated in athletics, football, kho- kho, badminton, and fitness activities.
- On 23–25 September 2025, the team competed at the GNDU Inter-College Athletics Meet among 15 institutions and secured **8 bronze medals**. Around **20 students** participated in relay and long-distance events, showcasing determination and strong competitive spirit.
- On 29–30 November 2025, the girls' team clinched **Gold** at the Junior State Championship. A team of **8 students** displayed excellent coordination and skill to secure the top position, with additional players advancing to higher-level competitions.
- On 23 January 2026, around **10 students** represented Punjab at the National Championship held in Erode, Tamil Nadu. Their participation at the national level highlighted growing excellence and strong sports representation.
- From 25 January to 5 February 2026, the girls' team secured an impressive **5th position among 32 teams** at the Junior National Championship. Around **8 students** competed and defeated strong teams like Manipur and Delhi, reflecting dedication and high-level preparation.
- On 7 February 2026, the Annual Sports Meet witnessed participation from around **250 students** in various track and fun events. With an audience of **600 attendees**, the event featured aerobics, cultural performances, and engaging activities for students and staff.

Essay Writing and Unity Pledge on National Unity Day

On **31 October, 2025**, the Home Science Association, Ek Bharat Shreshtha Bharat, and Red Ribbon Club organized an Essay Writing Competition on the Birth Anniversary of Sardar Vallabhbhai Patel. **13 students** participated and expressed views on national unity and Sardar Patel's vision for India. Around 60 students and faculty members also took a Unity Pledge administered by Dr. Priyanka Aeri.



Punjab Day Celebrations

On **1 November 2025**, the Department of Punjabi and Amrita Pritam Punjabi Sahit Sabha organized Punjab Day celebrations with participation of around 80 students. Assistant Professor Ms. Ramandeep Kaur delivered a keynote talk on the historical and contemporary relevance of Punjab, while student speakers Rupinder Kaur and Anmol Kaur highlighted the richness of Punjabi language and academic initiatives for its promotion.



Moral Education Examination

On **1 November 2025**, the Department of Punjabi, in collaboration with Guru Gobind Singh Study Circle, Ludhiana, conducted a Moral Education Examination dedicated to the 350th Martyrdom Anniversary of Sri Guru Tegh Bahadur Ji. Around 80 students enthusiastically participated in the examination based on the life and martyrdom of Guru Tegh Bahadur Ji.



Principal Participates in Guru Tegh Bahadur Ji Commemorative Events

Dr. Savinder Pal Principal, participated in a National Seminar on “Guru Tegh Bahadur Ji: Teachings and Martyrdom” organized by Dr. Balbir Singh Sahitya Kendra, Dehradun, in collaboration with Punjabi University, Patiala on 4 October 2025. Later, on **3 November 2025**, she delivered an extension lecture at Lyallpur Khalsa College for Women, Jalandhar, focusing on the contemporary relevance of Guru Tegh Bahadur Ji's teachings and values of equality, human rights, and interfaith harmony.



Interactive Language Activities

On **5 November 2025**, the Department of English organized an interactive language-learning session for college students to strengthen grammar and vocabulary skills. Activities included a Model Presentation on Prepositions and a Vocabulary Crossword Competition with participation from several student teams. Kritika, Manpreet Kaur, and Smiksha secured first position in the crossword competition and received grammar books as prizes.



“Kaushalam” Inter-School Competition

On **11 November 2025**, the Admission Committee organized “Kaushalam: Inter-School Competition” with participation of 240 students from 18 schools. Chief Guest Mrs. C.A. Ritu Sharma and Guest of Honor Mrs. Monica Gujral inspired students during the event, while social worker S. Malkeet Singh Raghubotra attended as special guest. Competitions included Debate, Quiz, Ad-Mad Show, and Cooking without Fire, Reel Making, Creative Makeup and more, with Kamla Nehru Public School winning the Overall Trophy, while Lord Mahavir Jain Public School and Sahibzada Ajit Singh Ji Public School emerged as runners-up.



Soft Toy Making Workshop

On **14 November 2025**, the Home Science Association organized a Soft Toy Making Workshop for students of Nanny Care and Nutrition with participation of around 24 students. Ms. Vishali, Assistant Professor of Home Science, demonstrated techniques for designing and stitching safe and child-friendly soft toys. Students also learned about the importance of toys in early childhood development and age-appropriate toy design through practical training sessions.



NSS Unit Celebrates National Integration Day

On **19 November 2025**, the NSS Unit celebrated National Integration Day with participation of around 100 students. Activities included an Essay Writing Competition on “Strengthening National Integration,” a Debate Competition, and a Pledge Ceremony promoting unity and harmony. The programme was coordinated by NSS Programme Officers Ms. Nidhi Jassal and Dr. Tavisha, who appreciated students for their active involvement.



Constitution Day

On **26 November 2025**, the NSS Unit, Legal Literacy Cell, and NCC Wing jointly celebrated Constitution Day with participation of around 100 students. Dr. Rinka delivered a keynote extension lecture highlighting constitutional values such as justice, liberty, equality, and fraternity. Poster Making and Speech Competitions were also organized, with students Gurjit Kaur, Navneet Kaur, Mehakpreet, Mentaj Kaur, and Baljit Kaur actively participating and expressing their views on constitutional principles. A pledge to uphold the ideals of the Constitution was also taken by faculty members and volunteers.



Lecture Series Marks 350th Martyrdom Anniversary of Guru Tegh Bahadur Sahib

On **29 November 2025**, the Department of Punjabi organized a concluding lecture dedicated to the 350th Martyrdom Anniversary of Sri Guru Tegh Bahadur Sahib was delivered by Dr. Nimratdeep Kaur from the Department of Punjabi, who introduced students to the exemplary lives and sacrifices of Bhai Jaita Ji and Bhai Lakhi Shah Vanjara Ji. Around 100 students participated in this lecture series.



Book Donation Month

On **30 November 2025**, Sh. Bhag Ram Handa Library in collaboration with the Ranganathan Library Club concluded Book Donation Month aimed at enriching library resources and promoting reading habits. Faculty members including Dr. Ruminder Kaur, Ms. Priyanka Mankhand, Dr. Tavisha Singh, and Mr. Kuldeep Singh donated books on literature, science, commerce, history, mathematics, and moral values. The initiative encouraged students and faculty to strengthen academic learning through reading culture.



Cosmetology Department Hosts Educational Visit

On **5 December 2025**, the Department of Cosmetology organized an educational session for 40 students of Govt. Senior Secondary School, Lordawali Road, Jalandhar. Ms. Geeta Sharma, Head of the Department, delivered a special lecture on personal grooming and skin treatments using home ingredients along with practical demonstrations. Students were also guided about self-grooming and entrepreneurship opportunities in the beauty and wellness sector.



World Human Rights Day

On **10 December 2025**, the Legal Literacy Cell organized a seminar on World Human Rights Day with participation of more than 50 students and faculty members. Keynote speaker Dr. Kamlesh highlighted the importance of human rights in protecting dignity, freedom, and equality, while stressing women's rights as an integral part of human rights.



Online Competitions Mark Guru Tegh Bahadur Ji's Martyrdom Anniversary

On **12 December 2025**, the Department of Punjabi organized online Essay Writing and Poster-Making Competitions dedicated to the 350th Martyrdom Day of Sri Guru Tegh Bahadur Ji with participation from various colleges affiliated to GNDU and Punjab University. Deepika Sood (secured first position in Essay Writing, while Harmanpreet Kaur won first place in Poster-Making Competition. Students from Guru Nanak College, Sukhchainana Sahib, Phagwara, Khalsa College for Women, Sidhwan khurd and Kamla Nehru College of Education, Phagwara also won various prizes and consolation awards.



Seven-Day Special Camp on “Youth for My Bharat”

On **13 December 2025**, the NSS Unit inaugurated a Seven-Day Special Camp on the theme “**Empowering Youth for India: Youth for My Bharat,**” which continued till 19 December 2025 with active participation of around 100 NSS volunteers. The camp included activities such as **tree plantation, cleanliness drives, wall painting, pot and tree painting, village outreach programme, Gurudwara seva, health awareness sessions, cultural activities, and recreational games** aimed at promoting leadership, discipline, social responsibility, and community service among youth. The camp featured several eminent keynote speakers who inspired volunteers through motivational and awareness lectures. **Dr. Amarjit Singh** delivered the inaugural lecture on youth empowerment, entrepreneurship, and nation-building. **Dr. Punit Puri** from DAV College, Jalandhar spoke on innovation, entrepreneurship, and government schemes for youth, while **Ms. Nidhi Jassal** addressed volunteers on “Youth as the Torchbearers of Viksit Bharat @2047.” **Dr. Akhil Raj** delivered an informative session on the Food–Brain–Gut–Lifestyle Cycle, and **Dr. Prabhjot Jabal** conducted practical demonstrations on CPR and emergency first aid. **Dr. Sarbjit Kaur** highlighted Indian Knowledge System and moral values, while entrepreneur **Mr. Yuvraj Sharma** motivated students towards innovation and self-reliance.

During the camp, volunteers visited **Chakk-Hakim village** where they interacted with villagers regarding self-employment and youth empowerment, while Sarpanch Varun Bangar appreciated their efforts. Volunteers also participated in seva at **Gurudwara Tallan Sahib Darbar**. Awareness sessions on cyber security and drug abuse prevention were conducted by **DSP Vijay Kanwar Pal, SHO Usha Rani, and Advocate Rajni Bala**, who encouraged students to contribute towards a cyber-safe and drug-free society. The camp concluded on 19 December 2025 with cultural performances, poetry recitation, games, and a video presentation showcasing the week-long activities. NSS volunteers Kamaljit Kaur, Jaspreet Kaur, Sharandeep, Sarabjeet, Deepika Sharma, Navjit Kaur, and Gurman were honored with Best Volunteer Awards for their outstanding dedication and active participation throughout the camp.



Seven-Day Faculty Development Programme

On **17 December 2025**, the IQAC inaugurated a **Seven-Day Faculty Development Programme** which continued till 24 December 2025 with active participation of around **31 faculty members** from various departments. The FDP aimed to enhance faculty skills in emerging technologies, research practices, personality development, digital tools, and academic innovation through a series of expert lectures, workshops, and interactive sessions.

The programme began with keynote speaker **Mr. Amandeep Singh Rooprai** discussing the role of Artificial Intelligence in education, followed by **Ms. Swati's** session on Cyber Security Awareness covering phishing, malware, and data protection. On the second day, **Mr. Harjinder Singh** and **Ms. Ramandeep Kaur** conducted sessions on Punjabi language computerization, Punjabi typing, fonts, and voice-to-text. **Dr. Vimple Nanda's** interactive workshop on Personality Development and Emotional Intelligence, including activities on communication skills, Johari Window, and EQ testing. On 20 December 2025, **Dr. Priyanka Aeri** and **Dr. Kamlesh** delivered informative lectures on research paper writing, plagiarism, referencing techniques, and research methodology, strengthening faculty understanding of academic writing and publication ethics. The fifth day included an Adobe Photoshop Workshop by **Mrs. Anjali Walia** and a session on Intellectual Property Rights by **Mrs. Sanjna Walia** focusing on research posters, patents, copyright, and academic innovation under NEP guidelines. On Day 6, **Ms. Jasleen** from the Department of Fashion Designing conducted a CorelDraw Workshop demonstrating design tools useful for graphical abstracts and visual academic presentations.

FDP concluded on 24 December 2025 with a special lecture on plagiarism and research ethics by Dr. Tavisha from the Department of Botany. Faculty members also attended a practical demonstration of Paper PAL for research writing, citation management, and plagiarism reduction. The week-long programme proved highly informative, interactive, and academically enriching, significantly enhancing the professional, technical, and research capabilities of the participants.



GNDU Examination Results

University Merits



Jasmeen Kaur
M.Com. SEM II



Kajal Kumari
B.Sc. (Med.) SEM VI



Navdeep Kaur
B.Voc. SEM VI



Navneet Kaur
B.A. SEM VI

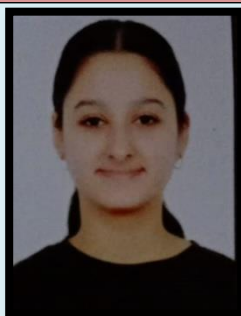
Distinctions in University



Sunidhi
B.Voc. SEM VI



Sukiriti Sharma
B.Sc. (Med.) SEM VI



Mandeep
B.Voc. SEM VI



Jaskaranjeet
B.Voc. SEM VI



Renu
B.Voc. SEM VI



Amanjot
B.Voc. SEM VI



Harpreet
B.Voc. SEM VI



Sakshi
B.Voc. SEM VI



Pooja
B.Voc. SEM VI



Maninder Kaur
B.A. SEM VI



Manya Duggal
B.Voc. SEM VI

National Youth Week

From **12th January 2026 to 19th January 2026** NSS Unit celebrated the birth anniversary of Swami Vivekananda (National Youth Week). On 16 January, 2026, the NSS Unit organized poster making, speech, and essay competitions to mark National Youth Week. Around 60 students participated, expressing ideas inspired by Swami Vivekananda's teachings.



Dhiyaan Di Lohri

On **13 January, 2026**, the college organized "Dhiyaan Di Lohri" to celebrate and promote respect for girl children, with active participation from staff and their daughters. The event, coordinated by the college administration, featured a bonfire, Punjabi dances, and gift distribution. All teaching and non-teaching staff attended, making it a vibrant cultural gathering. Traditional refreshments added to the festive spirit.



A Moment of Great Pride for Our Institution

On **15 January, 2026**, the college administration participated in the 50th Golden Jubilee Convocation at GNDU, Amritsar. The event included interaction with national dignitaries and academic leaders, highlighting institutional recognition. Dr. Savinder Pal Principal attended this event as a member of Syndicate. The occasion brought pride and honor to the institution.



Alumna Visit and Interaction

On **18 January, 2026**, the college warmly welcomed an alumna **Ms. Jatinder** visiting from the UK, organized by the college administration. She interacted with students and faculty, revisiting departments and sharing experiences. Around 80 students benefited from her motivational interaction. The visit strengthened alumni connections and inspired current learners.



Book Release: Basics of Entrepreneurship

On **20 January, 2026**, a book titled "Basics of Entrepreneurship with Practical Activities", for class 11th authored by Ms. Simranjeet Kaur Walia (Assistant Professor, Commerce) and Ms. Poonam (Assistant Professor, Commerce). The book emphasizes practical learning and entrepreneurial skills.



Basant Panchami

On **22 January, 2026**, the Home Science Department and college staff celebrated Basant Panchami with cultural enthusiasm. Around 90 students and staff participated, dressed in yellow and preparing traditional dishes. The "Handmade Yellow Feast" showcased culinary creativity and heritage. The event promoted cultural unity and seasonal joy.



National Girl Child Day

On **24 January, 2026**, IQAC, EBSB, Home Science Association, and Red Ribbon Club organized an inspirational lecture "Empowering Daughters, Enriching India". About 55 students from different streams participated in the event, actively engaging with the empowering talk and drawing motivation from the examples of trailblazing women.



National Seminar on Artificial Intelligence

On **24 January, 2026**, a national seminar on "Artificial Intelligence and Its Impact on Media, Literature, Education, and Mental Health" at Gobindgarh Public College, Alour, Khanna was chaired by Principal Dr. Savinder Pal. A faculty member Dr. Tavisha presented a research paper and received recognition.



National Voters' Day

On **25 January, 2026**, NSS Unit, Electoral Literacy Club, and Legal Literacy Club organized National Voters' Day activities. Around 50 students participated in an e-pledge, awareness lecture, and a Poster Making Competition, in which students creatively expressed themes related to voter awareness, democracy, and civic responsibility.



Republic Day Celebration

On **26 January, 2026**, the NSS Unit and NCC Wing organized Republic Day celebrations with flag hoisting and cultural activities. Around 100 students participated, including a poster-making competition. The event emphasized patriotism, unity, and constitutional values. Sweets were distributed to conclude the event.



52nd Annual Fete

On **29 January, 2026**, the Departments of Cosmetology and Science organized the 52nd Annual Fete, marking 60 years of the college with vibrant celebrations. The event was inaugurated by Dr. Amarjit Singh, College Principal Dr. Savinder Pal, and the organizers by realising balloon in the air. Over 750 students, staff, and visitors attended stalls, games. A cultural programme was also organized and enthralled the audience with vibrant performances. The event included a grand lucky draw with prizes like LED TV, washing machine, and more.



Martyrs' Day Observance

On **30 January, 2026**, the NSS Unit organized a solemn Martyrs' Day programme with around 100 students and staff. On this occasion, a two-minute silence was observed as a mark of deep respect for their courage, dedication and supreme sacrifice. Vice Principal, Dr. Ruminder Kaur, addressed the students and created awareness about the significance of the freedom struggle.



ICHR-Sponsored National Seminar Participation

On **30 January, 2026**, the IQAC and Departments of History and Punjabi of Khalsa College for Women, Ludhiana organized a National Seminar in which Dr. Savinder Pal Principal, Kamla Nehru College for Women, Phagwara invited as a resource person and faculty member Mr. Harpreet Singh presented a research paper. The seminar focused on Guru Tegh Bahadur Ji's teachings and human dignity.



Inter-College Shabad Gayan

On **31 January, 2026**, the Music Department celebrated as one student **Ekamjot Kaur**, secured 1st prize in an inter-college Shabad Gayan competition at **B.L.M. Girls College, Nawanshahr**. Students from multiple colleges participated in the spiritual event. The winner impressed judges with melodious performance. The achievement highlighted musical excellence and cultural values.



Educational Visit by GSSS Senior Secondary School, Gohawar Students

On **3 February, 2026**, 45 school students visited various Departments of College. During their visit to Cosmetology Department they learned hairstyling techniques, skincare routines, and also explored the College library and Virasat Bhawan. The visit aimed to guide students about higher education and careers. It was interactive and informative.



World Cancer Day Awareness Programme

On **4 February, 2026**, EBSB Club, NSS Unit, and Red Ribbon Club jointly organized an awareness programme with **around 70 students**. An extension lecture on the theme "**Lifestyle and Cancer Prevention**" was organized and poster-making competition highlighted cancer prevention and healthy lifestyle. Students learned about symptoms, risk factors, and early detection. The programme reinforced health awareness and social responsibility.



Industrial Visit to Bank

On **6 February, 2026**, the PG Department of Commerce organized an educational visit to a bank for 40 students. The students were warmly received by the IDBI Bank team, including Mr. Deepak Batra, Branch Head, and Mr. Siddharth Dubey, Assistant Manager, who actively associated with the students and extended valuable support during the visit. They learned about banking operations, digital services, and customer handling. The visit bridged the gap between theory and practical knowledge. It provided valuable industry exposure.



Adventure Hiking & Trekking Camp

On **8–12 February, 2026**, the NSS Unit participated in a state-level trekking camp with 64 students from various institutions. The major trekking and exposure sites included Siswan Dam, Baddi (industrial area exposure trek), and Mirzapur Dam. Activities included trekking, zip-lining, sports, and cultural events. Ms. Nidhi Jassal served as Camp In-charge and received a Certificate of Appreciation as Camp Commandant by the Directorate of Youth Services, Punjab.



Pariksha Pe Charcha Screening

On **10 February, 2026**, the college administration organized a live screening of an interactive programme by the Hon'ble Prime Minister of India, aimed at guiding students on handling exam stress and staying motivated. "Pariksha Pe Charcha" attended by around **50 students**. The session guided students on stress management, time management, and positivity.



Exam Stress Management Lecture

On **13 February, 2026**, the Legal Literacy Cell and Stress Management Cell organized a lecture attended by around 100 students. The keynote lecture was delivered by Ms. Rajni Bala, Panel Advocate, District Legal Services Authority, and Kapurthala. The session focused on managing exam stress through practical strategies.



Lecture on Interpersonal Skills

On **16 February, 2026**, the English Literary Society organized an extension lecture on "Interpersonal Skills and Interview Etiquettes", delivered by Ms. Nandini, Assistant Professor at Punjab University Constituent College, Balachaur, to make students aware of interpersonal skills and the importance of etiquette. This lecture was attended by nearly 100 students. The session focused on interpersonal skills and interview etiquette. Real-life examples made the lecture engaging and practical.



Mental Well-being Awareness Programme

On **17 February, 2026**, the Red Ribbon Club and Stress Management Club organized a session attended by around 150 students. Resource person, Veer Pratap Sardana, delivered a highly impressive and thought-provoking lecture on mental well-being. The lecture focused on mental health awareness and emotional balance.



International Mother Language Day

From **18 to 21 February 2026**, Amrita Pritam Literary Society in collaboration with the Punjabi Department organized a four-day programme on "International Mother Language Day". Activities included a lecture by Dr. Lakhwinder Johal on the status and usage of the Punjabi language, inter-class poster and poetry writing competitions with around 50 participants. Around 675 students attended the play the play "Jiandian Lashan" by Bhagat Namdev Ji Theatre Society, Ghuman.



District Competition Participation

On **18 February, 2026**, the Science Department participated in District Level Red Ribbon Club Competition held at Hindu Kanya College, Kapurthala with 4 students. Activities included quiz and poster presentation on HIV/AIDS awareness. Students displayed knowledge and creativity. The event promoted social awareness and engagement.



Fashion Show “Faizaan-e-Nazar”

On **19 February, 2026**, the Department of Fashion Designing organized a fashion show with participation of 170 students and audience of 600. Ms. Nidhi Sardana, renowned fashion designer, graced the event as the Chief Guest. Various rounds like bridal, saree, and gown showcased creativity and talent. The programme was judged by Ms. Mandeep Kaur Sidhu, Owner of Omra Salon & Medspa, Canada, and Ms. Sumeet Kaur, Owner of New Satnam Silk Store. Several competitions were organized like Gown Round, Kids Wear Round, Saree Round, Printing Suit Round, Skirt Round and Bridal Wear Round etc.



National Science Day

On **25 February, 2026**, the Red Ribbon Club, Department of Science, and Prof. Puran Singh Society organized National Science Day with around 100 students. An extension lecture was given by Dr. Rajeev Kumar (Assistant Professor) Division of Research Connect; Lovely Professional University highlighted women scientists and alumni achievements, followed by competitions like “Science in Canvas” and “Herb of Health.” “Science in Canvas” competition and “Herb of Health” plantation activity was organized.



Superannuation of the Principal

On **28 February 2026**, the college administration organized a farewell ceremony of esteemed Principal, Dr. Savinder Pal, who retired after rendering dedicated years of service to the institution. The programme included speeches, songs, and a presentation highlighting her contributions. Members of the management honored her with a special gift. The event concluded with expressions of gratitude and a celebration of her service.



Trip to Science City & Flower Show Achievements

On **28 February, 2026**, the Department of Science organized an educational trip to Science City. A major highlight of the excursion was the college’s stellar participation in the Flower Show 2026, where 16 students showcased their horticultural and creative talents across multiple competitive categories. The KNCW team achieved remarkable success, securing the 1st prize in Flower Arrangement, the 3rd prize in Flower Potted, and two consolation prizes in Flower Rangoli. Cultural performances also received appreciation. The visit combined scientific learning with creative achievements.



Educational Trip (Commerce Department)

On **7 March, 2026**, the PG Department of Commerce organized a trip with 39 students to Dharamshala and McLeodganj along with Teacher In-charge Ms. Nidhi Jassal, Ms. Simranjeet, and Ms. Poonam. Students explored Bhagsu Temple and local markets. They also visited Dalai Lama Temple, where they learned about Tibetan culture, spirituality, and the peaceful way of life followed by the Buddhist community. The trip celebrated Women’s Day and cultural learning. It enhanced practical exposure.



Educational Trip (Computer Science Department)

On **7 March, 2026**, the PG Department of Computer Science organized a trip to Dharamshala and McLeodganj with 45 students along with faculty members Mr. Harvinder Chauhan, Ms. Anjali Walia, Ms. Hardeep Kaur Parmar, and Ms. Satveer Kaur. Students visited Dharamshala Cricket Stadium, Bhagsu Temple, waterfall, and local markets. The trip provided cultural exposure and relaxation. It enhanced learning beyond the classroom.



Women’s Day Quiz Competition

On **7 March, 2026**, the EBSB Club organized a quiz competition with participation of around 60 students. Teams named after women leaders competed in multiple rounds. After several rounds of intense competition, the participants of Droupadi Murmu (Team B)—Kashish and Nancy of B.Sc. Med. Sem-4, and Suhani of B.Sc. Med. Sem-2—secured the first position. They were followed by the participants of Sunita Williams (Team D)—Sumridhi and Simranjit Kaur of B.Sc. Economics Sem-2, and Dolly of B.Com Sem-2—who earned the second position, while the participants of Mitali Raj (Team C)—Parminder Kaur, Arti, and Riya of B.Com Sem-2—clinched the third position. The event promoted awareness of women achievers.



International Women's Day Celebration

On **8 March, 2026**, the Red Ribbon Club, NSS, and NCC organized Women's Day celebrations with around 100 students. An inspiring lecture was delivered by Ms. Sanjana Walia, Head, Department of Commerce, highlighted achievements of women like Kiran Bedi and Tessy Thomas. Activities like "One Minute Challenge" encouraged student participation. The event promoted empowerment and confidence.



Speech & Slogan Writing Competition

On **9 March, 2026**, the English Literary Society organized a competition with 72 students in the Audio Visual Lab to celebrate International Women's Day. The event was held under the theme "Her Voice, Her Power, and Her Justice" focusing on the topic "Women's Role in Achieving Justice." Students presented speeches and slogans on justice and empowerment. In the Slogan Writing Competition, Nancy (B.Sc. Economics, Semester IV) secured the First Position, while Sania Saini (BCA, Semester II) and Kamaljeet (B.Com, Semester II) jointly secured the Second Position. Kashish (B.Sc. Medical, Semester IV) bagged the third position. The event promoted creativity and awareness.



Participation in SPARK Event

On **11 March, 2026**, various departments participated in SPARK fest, an engaging academic and cultural event organized at Apee Jay College of Management and Engineering Technical Campus with 15 students. Events included Photomontage (Collage Making), Heena (Mehndi competition), Brush hour, Rang Birangi, Khajane ki Khoj, Google Doodle and Scramble the code. Muskan, student of B.Sc. (Eco) Sem IV secured 2nd position in photomontage. The event enhanced creativity and innovation.



Annual Entrepreneurial Fair

On **14 March, 2026**, the PG Department of Commerce organized an entrepreneurial fair. Around 100 students actively participated in the fair by setting up a wide range of stalls including food stalls, gaming villa, DJ music corner, and merchandising stalls featuring candle making, cakes, mobile accessories, suits, and jewellery. The event aimed to encourage entrepreneurial skills among students and provide them with practical exposure to business ideas, marketing strategies, and customer interaction. Students from BBA, B.Com, and B. Voc. and M.Com classes participated enthusiastically, demonstrating creativity, innovation, and teamwork. The event promoted business skills and innovation.



Visit to Alpha Pathology Lab

On **15 March, 2026**, the Department of Science organized an educational visit for around 30 students. During the visit, students explored the hematology, biochemistry, and microbiology sections of the laboratory, where they observed blood sample collection, processing, and diagnostic procedures. Experts demonstrated advanced medical instruments, explained laboratory safety protocols, and interacted with students through a question-answer session on testing procedures, career opportunities, and recent developments in medical diagnostics, providing them with valuable practical exposure.



Poetry Competition Achievement

On **16 March, 2026**, college students participated in quiz competition organized at Lyallpur Khalsa College, Jalandhar, during the celebration of the 75th anniversary of its Punjabi Department. Kamaljeet Kaur, a student of B.Sc. Non-Medical Semester VI secured 3rd position in a poetry competition among 25 teams. Other students received participation certificates in quiz and poster making. The achievement highlighted literary talent. It brought pride to the institution.



Educational Trip (Music & Home Science)

On **21 March, 2026**, the Departments of Music and Home Science organized a trip with 23 students along with teachers Dr. Lalit and Dr. Priyanka Aeri to Dharamshala and McLeodganj. Students admired the breathtaking view of the Dhauladhar mountain range and enjoyed the beautiful natural surroundings. In McLeodganj, they visited Bhagsu Nag Temple, Bhagsu Waterfall, and the Dalai Lama Temple, learning about Tibetan culture. They also explored the vibrant McLeodganj market.



Online Extension Lecture

On **22 March, 2026**, the English Literary Society organized an online lecture on the topic "Reading between the Lines: Self-Discovery in Poems and Short Stories." The session was delivered by the resource person Dr. Sushmindar Jeet Kaur, Associate Professor, GGN Khalsa College, Ludhiana and attended by 80 students. The session focused on self-discovery through literature.



Dr. Savinder Pal delivered Extension Lecture at Lyallpur Khalsa College for Women, Jalandhar

On **22 March, 2026**, the Department of History at Lyallpur Khalsa College for Women, Jalandhar organized a lecture, themed "The Idea and Vision of Bhagat Singh," where Principal Dr. Savinder Pal served as resource person. Students learned about Bhagat Singh's ideology and vision. The session inspired youth towards patriotism. It strengthened academic contribution.



Martyrs' Day Tribute to Bhagat Singh, Shiva Ram Rajguru, and Sukhdev Thapar

On **23 March, 2026**, the NSS Unit organized a tribute programme with around 50 students. A Poster Making Competition was organized with enthusiastic participation from around 50 students. An awareness rally was also conducted, where students raised slogans like "Quit Drugs, Embrace Life" to spread awareness against drug abuse and encourage a healthy and disciplined lifestyle. Students honored Bhagat Singh, Rajguru, and Sukhdev. The event promoted patriotism and responsibility.



Martyrs' Day Seminar

On **23 March, 2026**, Bhagat Singh Society organized a seminar with participation of 50 students. Students presented poems and songs to honor martyrs. A lecture highlighted Bhagat Singh's ideology. The programme inspired patriotism and values.



Extension Lecture on the topic "Practical Criticism: Theory and Practice."

On **23 March, 2026**, the Department of Punjabi organized a lecture with participation of 80 students. The keynote speaker for the session was Dr. Sardul Singh Aujla, Principal, DIPS College, Dhillwan (Kapurthala). The session focused on practical criticism and poetic analysis. Students learned analytical tools for literature.



Extension Lecture by Ms. Sugandha (ASSM College, Mukandpur)

On **24 March, 2026**, the Home Science Association organized a workshop with around 40 students. Madam Sugandha, lecturer from ASSM College, Mukandpur, gave a hands-on demonstration to the students of BA Home Science, teaching them various techniques of nighty making, from drafting making, measuring and cutting fabric to stitching and embellishing.



Interactive Experimental Learning

On **24-25 March, 2026**, the Home Science Association organized a session with around 30 students at a play school. Students of Nanny Care and Nutrition visited ABC Montessori Play School, Phagwara. Students engaged with preschoolers and learned childcare techniques. Activities improved practical skills and understanding.



Two-Day Workshop on Pithi Lippan Art and Fabric Painting Techniques

On **25 & 27 March, 2026**, the Fashion Designing Society organized a two-day workshop with 33 students. The first day focused on Lippan art, a traditional craft known for its intricate mirror work and textured designs. The second day of the workshop focused on fabric painting techniques such as stencil printing, freehand painting, and block printing. Students created wall hangings and handbags.



Special Assembly for Achievers

On **26 March, 2026**, the college administration organized a special assembly honoring around 100 students. Kamaljit Kaur secured 3rd position in a poetry competition at Lyallpur Khalsa College. Priya, Kiran, and Shivani received appreciation awards in a quiz competition, while Mannat was recognized for poster making. NSS Unit also excelled at Chandigarh University's convocation, where Nidhi Jassal and student Deepika Sharma were awarded certificates. In SPARK fest at Apeejay College, Muskan won 2nd position in collage making. Students also achieved top positions at Pushpa Gujral Science City in events like flower arrangement, Rangoli, and cultural performances. Additionally, the college football team was selected for the national level, with sports kits distributed to players.



Buddy Group Conducts Menstrual Hygiene Awareness Drive

On **3 April 2026**, the Buddy Group organized a social awareness drive in adopted village Khurampur focusing on menstrual hygiene awareness. Guided by Ms. Monika, Ms. Simranjeet, and Ms. Sudhamini Sood, five student volunteers distributed sanitary pads and educated women and adolescent girls about hygiene practices and health awareness.



Home Science Association Organizes Glass Painting Workshop

On **3 April 2026**, the Home Science Association organized a Glass Painting Workshop for 30 students in the Home Science Department. Students learned outlining, color filling, and finishing techniques while creating decorative glass artworks. The workshop was coordinated by Dr. Priyanka Aeri and Ms. Vishali to enhance creativity and artistic skills.



Eco Club Leads Plantation Drive in Khurampur Village

On **3 April 2026**, the Eco Club organized a plantation drive in adopted village Khurampur under the leadership of Dr. Priyanka Aeri, Dr. Tavisha, and Ms. Isha Bhardwaj. Student volunteers planted saplings at the Panchayat Ghar, parks, and crematorium areas to promote environmental sustainability and climate awareness among villagers.



Experiential Learning Session

On **4 April 2026**, the Home Science Association organized an experiential learning visit for students of **Diploma in Nanny Care and Nutrition** at Chander's Little Dolphin Playway School, Phagwara. Students conducted play-based learning, thumb painting, earbud painting, and motor skill development activities for preschoolers, gaining practical exposure in child care and nutrition education.



Home Science Students Explore Traditional Weaving Techniques

On **4 April 2026**, the Home Science Association organized an educational trip for **BA Home Science students** to Rahimpur village, Hoshiarpur. Led by Dr. Priyanka Aeri, students explored handmade textile production techniques and later visited Bombay Picnic Spot for recreational activities including boating and games.



Placement and Awareness Drive

On **6 April 2026**, the Placement Cell organized a Placement, Awareness, and Registration Drive in collaboration with the Employment Exchange Office, Kapurthala, with participation of nearly 150 students from various streams. Keynote speaker Dr. Varun Joshi highlighted internship schemes and self-employment opportunities, while Mr. Johnny Sharma discussed the Beema Sakhi scheme and career prospects in LIC. Representatives from Pukhraj Pure Herbal also interacted with students regarding employment opportunities.



Extension Lecture on AI in Agriculture

On **6 April 2026**, the ECO Club organized an extension lecture and plantation drive on "Application of AI and Machine Learning in Agriculture, Biodiversity, and Climate Change." Resource person Ms. Rajwinder Kaur from Ramgarhia College explained precision farming, smart irrigation, drones, and AI-based crop monitoring systems. The programme concluded with a plantation drive in the Botanical Garden.



Interdisciplinary lecture on "Respiratory and Reproductive Systems of Human Beings"

On **6–7 April 2026**, the Home Science Association and Science Forum organized an interdisciplinary lecture on "Respiratory and Reproductive Systems of Human Beings" for 10 BA Home Science Semester-II students. Resource person Ms. Shruti from the Zoology Department explained important physiological concepts through interactive discussions aligned with interdisciplinary learning objectives.



World Health Day

On **7 April 2026**, the NSS Unit celebrated World Health Day by organizing a poster-making competition on healthy living, nutrition, and balanced diet awareness. Around 50 students participated enthusiastically and expressed their ideas creatively through posters promoting wellness and healthy lifestyle habits.



Workshop on Organs of Speech

On **8 April 2026**, the English Literary Society organized the first day of a three-day workshop on "Articulatory System: Organs of Speech" for nearly 50 students of B.Sc. (FD), B.Voc, and BCA. Resource person Ms. Vatandeep Kaur explained the functions of speech organs through PPTs and teaching aids.



Bridal Makeup Seminar

On **8 April 2026**, the Cosmetology Department organized an educational visit to Planet Scissors for a seminar on Bridal Makeup. Resource person Mrs. Sheetal Sharma demonstrated advanced bridal makeup techniques, client handling, and product selection methods. Students interacted actively and gained practical industry exposure during the session.



Charanjit Singh Bassi Memorial Scholarship

On **8 April 2026**, 37 meritorious and economically disadvantaged students received scholarships worth ₹74,000 under the Charanjit Singh Bassi Memorial Scholarship. Mr. M. S. Raghubotra distributed the scholarship cheques and shared inspirational insights from the life of late Charanjit Singh Bassi during the programme organized with support from the Phagwara Environment Association and Blood Bank. On 18 April 2026, the remaining scholarship cheques were distributed to deserving students. The initiative continued with support from the Phagwara Environment Association and Blood Bank to encourage academic growth among economically weaker students.



Innovations in Citrus Farming

On **9 April 2026**, the Eco Club organized an educational visit to the Centre of Excellence for Fruits (Citrus) with participation of 31 students. Guided by Dr. Priyanka Aeri and Ms. Isha Bhardwaj, students learned budding techniques, drip irrigation systems, and biodiversity conservation practices from expert Mr. Harvinder Singh.



Farewell Party

On **11 April 2026**, the Department of Social Sciences organized a grand farewell party for final-year students with participation of nearly 600 students and 70 staff members. Chief guest Madam Mamta Punj inaugurated the event, Modelling competitions, dances, and cultural performances remained the major attractions. Prabhleen was crowned Miss KNC 2026, Jasmine became 1st Runner-up, and Muskan secured the 2nd Runner-up title.



NSS Volunteer Participates in National-Level Budget Dialogue

On **12–13 April 2026**, NSS volunteer Ms. Parminder Kaur participated in the national-level “My Bharat Budget Quest 2026” held at Punjab University, Chandigarh, with over 700 youth participants from Punjab, Chandigarh, and Himachal Pradesh. The programme featured Youth Parliament sessions, debates, and discussions on Nari Shakti and Viksit Bharat.



Commerce Department Releases Entrepreneurship Book

On **19 April 2026**, the Commerce Department released the book “Basics of Entrepreneurship with Practical Activities” for Class 12 authored by Ms. Simranjeet Kaur Walia and Ms. Poonam. The book focuses on activity-based entrepreneurship learning and aims to promote innovation, creativity, and business skills among Class 12 students.



Educational Visit to S D KMV School, Phagwara

On **20 April 2026**, the Home Science Association organized an educational visit to SD KMV School, Phagwara, for 10 students of Nanny Care and Nutrition. Students used flash cards, storytelling, and play activities to support the moral and motor skill development of preschool children while gaining practical teaching experience.



Earth Day with Plantation Drive

On **22 April 2026**, the Eco Club organized a plantation drive to celebrate Earth Day. Special guests Dr. Rakesh Assistant Professor, Department of Botany from Doaba College and Dr. Sumit Assistant Professor, Department of Physics from DAV College planted citrus saplings to promote biodiversity and environmental conservation within the campus.



World Book Day

On **23 April 2026**, IQAC in collaboration with the Dr. Ranganathan Library Club celebrated World Book Day under the theme “A Celebration of Knowledge and Imagination with Books.” Resource person Mrs. Lata Arora Librarian, Kamla Nehru College of Education for Women, Phagwara encouraged students to cultivate reading habits and highlighted the importance of books in lifelong learning and creativity.



Eco Club Organizes Green Drive

On **27 April 2026**, the Eco Club organized a plantation drive with special guest Ms. Neetu Singh, Assistant Professor, Department of Home Science, SN College, Banga. Fruit-bearing saplings were planted to encourage biodiversity and sustainable environmental practices within the campus.



PG Computer Science Students Visit Krescent IT Labs

On **27 April 2026**, the PG Department of Computer Science organized an educational industrial visit to Krescent IT Labs, Mohali, for 30 students. Guided by Ms. Anjali Walia, Ms. Hardeep Kaur Parmar, and Ms. Satveer Kaur, students explored software development, project management, and emerging IT technologies. Following the industrial visit, the group explored some of Chandigarh's popular attractions, including the Rock Garden, a unique sculpture, Elante Mall, one of the largest shopping malls in North India.



Prospectus Release Ceremony

On **28 April 2026**, the institution released its prospectus for the Academic Session 2026–2027 highlighting academic programs, infrastructure, and student development opportunities. Faculty members from the Commerce and Computer Departments attended the release ceremony.



National Technology Day

On **11 May, 2026**, the Science Department organized National Technology Day celebrations with great enthusiasm to promote scientific awareness, innovation, creativity, and cyber security among students. Around 70 students attended the programme, while 25 students actively participated in activities including the "Colors of Innovation" Poster Making Competition and "Cyber Smart Quiz." Anmol, Sukhpreet, Sachman Kaur, and Jasmeet Kaur won top positions in the poster competition, while Tavleen-Samiksha, Pooja-Meenakshi, and Ishana-Drishti secured prizes in the quiz competition. The event also included a Cyber Security Pledge, and the chief guests appreciated the department's efforts in successfully organizing the informative programme.



Edu-Leaders Conclave 2026 at LPU

On **11 May, 2026**, the Department of Computer Science participated in the Edu-Leaders Conclave 2026 on the theme "Artificial Intelligence and Education" held at LPU Campus, Phagwara, organized by DBEE Kapurthala in collaboration with DISHA and LPU. Dr. Savinder Pal and Mr. Harvinder Chauhan attended the workshop, which focused on the growing impact of Artificial Intelligence in education and modern teaching approaches. The keynote attraction of the conclave was an insightful lecture by Dr. Lovi Raj Gupta, Pro Vice Chancellor, LPU, who shared valuable insights on biotechnology, IoT, machine learning, and technical education.



Special Felicitation Ceremony Held on Mother's Day

On **11 May, 2026**, the Blood Bank, Guru Hargobind Nagar, Phagwara, in collaboration with various social organizations, organized a special Mother's Day celebration to honor distinguished mothers for their valuable contributions to society and family values. During the felicitation ceremony, Dr. Savinder Pal, Principal, Kamla Nehru College for Women, along with Dr. Tajpreet, Sunita Middha, Meena Rani, and Shashi Saini, received awards of honor, shawls, mementos, certificates, and gifts. Representatives of Rotary, JCI, Lions Club, Bharat Vikas Parishad, Inner Wheel Club, and several other organizations also participated and appreciated the initiative.



Eco Club Celebrates International Day for Biological Diversity

On **22 May, 2026**, the Eco Club organized an awareness event in the Audio-Visual Lab on the theme "Acting locally for global impact," with 53 students participating. Students took part in Poster Making and Debate Competitions, along with screenings of *Forests of Our World: Where Wildlife and Wilderness Thrive* and *Our Planet – Forests Episode*. Dr. Savinder Pal, Director Academics, addressed the gathering on habitat loss and climate change, while students pledged to protect biodiversity through local action.



Sustainable Campus Award 2026

On **22 May, 2026**, the Eco Club/Green Campus initiative received the prestigious Sustainable Campus Award 2026 Certification from the National EduTrust of India (NEI) for its commitment to environmental sustainability. Dr. Deepika Bakshi, Director NEI, and Mr. Samarth Sharma, CEO NEI, presented the honors; 35 students received the Sustainability Championship Award. Dr. Priyanka Aeri, Dr. Tavisha Singh and Ms. Isha were recognized as Sustainability Mentors, while Dr. Ruminder Kaur received the Eco Visionary Leadership Award.



World Anti-Tobacco Day

On **30 May, 2026**, the Department of Science and Red Ribbon Club organized awareness activities in the Audio-Visual Lab, with 25 students participating. The Programme featured Poster Making and Declamation Competitions, with 16 and 9 students respectively, highlighting the dangers of tobacco consumption. Ms. Priyanka Mankhand and Ms. Khushi guided the programme, while Dr. Savinder Pal motivated students to promote a healthy, tobacco-free society.



World Anti-Tobacco Day

On **31 May, 2026**, the NSS Unit organized a Poster Making Competition, with nearly 70 students participating enthusiastically to spread awareness against tobacco use. Dr. Ruminder Kaur highlighted the serious health hazards of tobacco and encouraged students to become ambassadors of a healthy lifestyle. Ms. Nidhi Jassal and Dr. Tavisha, NSS Programme Officers, appreciated the volunteers' participation and emphasized NSS's role in promoting public health and social awareness.



Admission in Progress

On **1 June 2026**, the Admissions Office commenced admissions for the 2026–27 academic sessions, offering a wide range of Undergraduate, Postgraduate and Diploma programmes. The initiative focuses on academic excellence, women empowerment, personality development, leadership, innovation and community engagement. Students can contact the Admission Office for details and opportunities for holistic growth through quality academics and modern facilities.



Six-Day Skill Development Summer Camp

On **1–6 June, 2026**, IQAC organized a six-day Skill Development Summer Camp for Kamla Nehru Junior College, in which approximately 140 students participating in a wide range of creative, practical and personality-development activities. The camp included Creative Art and Design, Beauty and Wellness, Music Therapy, Art Attack Board, Yoga and Meditation, Debate, Poster Making, Best Out of Waste and Environmental Awareness activities, providing students with hands-on learning in art, hairstyling, makeup, creativity, communication, wellness and sustainability. Dr. Lalit conducted Music Therapy sessions, while Yoga Instructor Mr. Anil Kochar and his team guided 87 students of Classes XI and XII in yoga, pranayama and meditation. The programme also included an educational trip to Kartarpur, in which 58 students visited the Jang-e-Azadi Memorial to learn about India's freedom struggle. The camp successfully concluded with a blend of learning, creativity, skill enhancement, environmental awareness, wellness and experiential education, coordinated by Dr. Rinka, Ms. Anjali Walia and the organizing faculty team.



World Environment Day

On **4–5 June, 2026**, the **Eco Club** conducted a two-day celebration in the college lawns and botanical garden, led by Dr. Priyanka Aeri, Nodal Officer, and Dr. Tavisha Singh, Coordinator; student participation was enthusiastic, though no number was specified. Students participated in Poster Making, prepared eco-friendly bird feeders, and installed bird nests across the campus to support local bird populations.

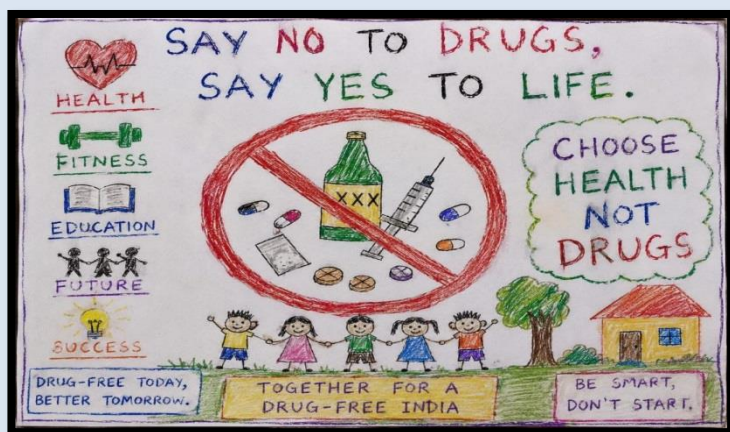
NSS Unit organized a plantation drive and environmental awareness activities, with around 70 NSS volunteers participating. Volunteers planted saplings on campus and at home and prepared informative posters promoting environmental protection and sustainable living.

Red Ribbon Club, Eco Club and Department of Science organized activities under the theme “Inspired by Nature for Climate, Future,” with 60 students participating. The programme featured Debate, Poster Making, Best out of Waste and Plantation Drive, encouraging creativity and sustainable practices.



Nasha Mukta Bharat Saptah

On **17–26 June, 2026**, the NSS Unit organized Nasha Mukta Bharat Saptah under the theme “Nasha Mukta Bharat Abhiyan – Viksit Bharat Ki Pehchaan,” with student participation through online awareness activities. Volunteers created videos, posters and informative digital content highlighting the harmful effects of drug abuse and illicit trafficking. Ms. Nidhi Jassal and Dr. Tavisha, NSS Programme Officers, guided the campaign and encouraged youth to contribute towards a healthy and drug-free society.



International Yoga Day

On **21 June, 2026**, the NSS Unit celebrated International Yoga Day on the theme “Yoga for Healthy Ageing,” with around 55 NSS volunteers participating. Volunteers performed various yoga asana and learned about the history, significance and physical, mental and spiritual benefits of yoga. Dr. Savinder Pal emphasized yoga as part of a healthy lifestyle, while Ms. Nidhi Jassal and Dr. Tavisha coordinated the programme.



Board of Studies/Academic Council/Faculty Member (2024-2026)

- Dr. Savinder Pal appointed as the member of Senate, Member of Syndicate, Member of Academic Council, Member of Sports committee and Member of NSS Advisory Committee GNDU, Amritsar.
- Dr. Ruminder Kaur appointed as the member of Faculty of Punjabi GNDU, Amritsar.
- Ms. Aman Lata appointed as the member of Faculty of English GNDU, Amritsar.
- Dr. Gurpreet Kaur appointed as the member of Faculty of Punjabi GNDU, Amritsar.
- Mr. Naval Kishore Dogra appointed as the member of Faculty of Computer Science GNDU, Amritsar.
- Dr. Sudhamani Sood appointed as the member of Board of Studies (UG & PG) and as the member of Faculty of Visual Arts GNDU, Amritsar.
- Ms. Swati appointed as the member of Faculty of Computer Science GNDU, Amritsar.

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Twitter: <https://x.com/kncw2223>

Newsletter committee

Ms. Swati

Ms. Hardeep Kaur Parmar

Ms. Isha Bhardwaj