

# Annual Report 2024-25



**Kamla Nehru College for Women, Phagwara**

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# **Kamla Nehru College for Women, Phagwara**

## **Annual Report 2024-2025**

Kamla Nehru College for Women, located in Phagwara, was founded in 1965 with the noble aim of empowering women. Kamla Nehru College for Women, Phagwara, stands as a preeminent multi-disciplinary postgraduate institution, affiliated with Guru Nanak Dev University, Amritsar situated in the Kapurthala district and surrounded by lush green gardens, fostering an ambiance of tranquility and learning environment. Owing to the exceptional accomplishments of its alumni, the college has emerged as a luminous beacon of hope and a paradigmatic destination for ambitious female scholars. It has created numerous of unparalleled opportunities for students to pursue their ambitions and achieve successful future. It remains deeply grateful to its visionary founders, who were dedicated educators and philanthropists, striving for the betterment of society. The college's progress can be attributed to the intellectual leadership and dedication of its past presidents on the managing committee, including:

Late Sh. B.R. Handa

Late Sh. B.D. Sardana

Late Sh. B.K. Sardana

Late Sh. I.K. Sardana

The current president of the KNC Group of Institutions is Sh. Dhiraj Sardana.

Our heartfelt gratitude to all our founders:

Late Pt. Kishori Lal

Late Sh. Hans Raj Bansal

Late S. Pakhar Singh

Late Sh. Ram Kishan Uppal

Late Sh. Telu Ram Singh

Late Sh. Joginder Nath Joshi

The institution has been led with remarkable dedication and perseverance by the following Principals:

Mrs. Shakuntla Srivastav

10-7-1965 to 30-4-1971

Mrs. Shukla Ram Kumar

14-8-1971 to 30-9-1972

Mrs. Prem N. Kumar

01-7-1973 to 31-3-1997

Dr. Rita Bawa

09-7-1997 to 31-8-2000

Mrs. Kusum Verma

01-5-2001 to 31-10-2011

Dr. Kiran Walia

01-11-2011 to 24-12-2020

Dr. Savinder Pal

13-3-2021 to continue

## **The contribution of the enlightened faculty (Teaching and Non-Teaching)**

Since its inception the college faculty has been working painstakingly with a team spirit, and has been the main strength of the college in bringing it to its present prestigious position.

We are also fortunate to have a strong support system in the form of encouraging parents, a committed and cooperative management, The University Grants Commission and the University Fraternity.

This college, which was set up with a meager strength of 70 students, has progressed by leaps and bounds since its inception and now current scenario has earned the college the privilege of being highly ranked among the foremost women educational institutions of the region. The college is a premier, multi- faculty institution, proud to work under the academic guidance and patronage of Guru Nanak Dev University, Amritsar.

Now a days, when the western bug has smitten the very roots of our culture, this institution has committed itself to safeguard the human, moral and national values, good conduct, discipline and genuine rules which are the special characteristics of this institution.

During its journey towards excellence the college has created many bench marks and achieved many milestones in the fields of Academics, Sports and other Co- curricular activities and has carved a niche on the academic map of the region and college was Re-accredited with A grade by NAAC with CGPA of 3.55/4.00 and was also a recipient of CPE grant by the UGC. It has also been conferred with 'Star College Status' by department of Biotechnology, New Delhi.

Catering to the needs of career oriented youth of today, the college offers a Spectrum of 9 Under graduate, 3 Honors, 3 Diplomas, 1 Diploma Beauty and Wellness under community college scheme, 3 Post Graduate and 3 P.G Diploma Courses, Skill Enhancement courses in Psychology, Music Vocal, Computer Application, Home Science and Botany. Apart from a number of UGC approved add-on Vocational courses, the college is also successfully running skill oriented courses like Psychology, Music Vocal, Computer Application, Home Science and Botany.

For providing conducive, academic and holistic advancement of the students, College has

a highly qualified and experienced staff. The College has 51 faculties of whom 13 are Ph.Ds, 11 M.Phils and 08 NET qualified. In addition, the college

has a strong contingent of 29 Non-teaching employees including office staff, Laboratory staff and other Non-teaching staff like peons, gardeners, watchmen, sweepers, electrician etc.

The college has put up physical structure in the shape of well-furnished and well-ventilated lecture rooms and smart classrooms. It has various well equipped building blocks Viz-a-Viz Arts block, Science block, Commerce block, Home Science & Fashion Designing block and Computer block etc. Keeping pace with hi-tech world, many classrooms have been installed with smart boards, LCD projectors and many other ICT tools.

To promote Research Culture among the students the college has set up a Common Resource Centre, Hybrid library, Modernized Economics and Business lab, Fashion Designing lab, Home Science lab, Language lab, Psychology and Stress Management lab, Fine Arts Studio, Ultra-Modern Cosmetology lab, Bio tech and many Science labs, seminar room and aesthetically designed Auditorium, Open Air Sports Stadium, well Maintained lawns, Botanical Garden, well ventilated hostel, Hygienic Cafeteria, Health care Centre and well equipped Gymnasium are the special attractions of the college . The college also owns a unique Heritage Centre which is a treasure of the rare artifacts of Punjab Folk Culture. The College also houses modernized Audio-Video Studio.

The college also gives ample opportunities to its students to identify and explore their talents and areas of interest by giving them, the chance of becoming members of various clubs and committees like Central Association, Career Orientation Council, Placement Cell, IQAC, Women Cell, Stress Management Cell, Grievance Redressal Cell, Legal Literacy Cell, Youth Welfare Club, NSS, NCC, Ek Bharat Shreshtha Bharat (EBSB), Planning Forum, Join Hands Club, Learn Earn Club, Eco Club, Sports Club, Rotaract Club, Commerce Club, Red Ribbon club, Buddy Group, Learn-Earn Club, Prof. Puram Singh Society and Alumni Association.

## **OUR VISION**

To blossom as one of the leading and most preferred institutes with earnest endeavors to enhance its quality in imparting excellent education-vocational competitive to the highest academic standards with full devotion and dedication. Translating the dreams of the founders into reality, this prestigious institution:

- Creates and disseminates an atmosphere of learning and research.
- Ensures multidimensional personality development of the learners.
- Fulfils the needs of country and the community at large.
- Adopts innovative methods of teaching.
- Nurturing talent and creativity, gaining knowledge and acquisition of skills.

## **OUR MISSION**

To Nurture, Nourish and Chisel our girls into a host of well-shaped individuals Self-reliant, Self-sufficient and Responsible Citizens, Leading to the upliftment of the society:

- Promotion of Social and National Integration.
- Preservation of our Indian Culture and Heritage.
- To make our college a landmark in the sphere of mass education.

An effort to draw out the best in the students, to make them good human being.

## **Prospectus, College Magazine and Newsletter**

- The college publishes its prospectus annually containing information regarding the history of the college, rules and regulations, criteria for admission, fee structure, and subject combinations, details of the staff and their qualification and seats in various courses. The Prospectus of the session 2024-25 was released on 24<sup>th</sup> May, 2024.
- To inculcate creative writing amongst students the college publishes the college magazine 'Aastha' annually. The chief editor is Dr. Ruminder. The section editors are Ms Kamlesh (Pictorial Section), Dr. Sudhamini Sood (Cover Page), Ms. Priyanka

Markhand (Science), Ms. Nidhi Jassal (Commerce), Ms. Isha Chabbra (English), Mr. Harjinder singh (Punjabi), Ms. Swati (Computer Science), Ms. Preeti Markanda (Hindi) Ms. Jyoti Bajaj ( Planning Fourm) and Ms. Samreen Begum (Pictorial Section) The College Magazine of the session 2024-25 was released on 21<sup>st</sup> July, 2025.

- The College E-Newsletter is a digital publication that keeps students, faculty, staff and alumni inform the about important events and achievement with in the institution. The E-Newsletter for session 2024-25 was uploaded on 30<sup>th</sup> Sept, 2025

### Academic of the Session 2024-25

#### MERIT LIST

Sr.No.	Univ.Roll No.	Name	Class	CGPA /Marks	Photo
1	22582444909	Jasmeen kaur	M.com 2 <sup>nd</sup> sem	8.59/10	
2	10332240105	Kajal kumari	B.Sc(med) 6 <sup>th</sup> sem	1949/2400	
3	11592240102	NAVDEEP KAUR	B.VOC SEM 6	2179/2400	
4	10322240142	NAVNEET KAUR	BA SEM 6	1796/2400	

#### Distinction List

Sr. No.	Univ. Roll No.	Name	Class	Marks Obtained	Photo
1.	10332240105	Kajal Kumari	B.Sc(med) 6 <sup>th</sup> sem	1949/2400	

2.	10332240108	Sukirti Sharma	B.Sc(med) 6 <sup>th</sup> sem	1814/2400	
3.	11592240101	SAKSHI	B.VOC SEM 6	1982/2400	
4	11592240102	NAVDEEP KAUR	B.VOC SEM 6	2179/2400	
5	11592240103	HARPREET KAUR	B.VOC SEM 6	2141/2400	
6	11592240104	MANDEEP KAUR	B.VOC SEM 6	1877/2400	
7	11592240105	POOJA KUMARI	B.VOC SEM 6	1864/2400	
8	11592240106	RENU	B.VOC SEM 6	1955/2400	
9	11592240107	AMANJOT	B.VOC SEM 6	1987/2400	
10	11592240108	MANYA DUGGAL	B.VOC SEM 6	1891/2400	
11	11592240110	SUMAN	B.VOC SEM 6	1891/2400	
12	11592240112	SUNIDHI	B.VOC SEM 6	2124/2400	
13	11592240113	JASKARAN JEET	B.VOC SEM 6	2155/2400	

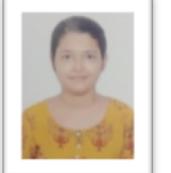
14	10322240133	MANINDER KAUR	BA SEM 6	1807/2400	
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### **Youth and Heritage Festival**

On October 30, 2024, College secured the Second Runners-up Trophy at the Zonal Youth Festival held at Guru Nanak Dev University, Amritsar. Students showcased exceptional talent in cultural and literary events, demonstrating teamwork and enthusiasm. The achievement highlights the college's commitment to holistic development and cultural excellence.

S.NO.	Name of Student	Class	Item	Position	Photo
1.	Raika Pal	BCA Sem III	Costume Parade	1 <sup>st</sup>	
2.	Aditi Kwatra	B.Com 5 <sup>th</sup> Sem	Elocution	1 <sup>st</sup>	
3.	Divya Sharma	BBA 3 <sup>rd</sup> Sem	Gidha	2 <sup>nd</sup>	
4.	Muskan Verma	Bsc(Med) Sem III	Gidha	2 <sup>nd</sup>	
5.	Anshu	BCA Sem III	Gidha	2 <sup>nd</sup>	
6.	Naman Dutt	B.C.A. Sem V	Gidha	2 <sup>nd</sup>	

7.	Gunwant Kaur	B.Voc. Sem I	Gidha	2 <sup>nd</sup>	
8.	Urvashi	BA Sem I	Gidha	2 <sup>nd</sup>	
9.	Omika Kaushal	Nanny Care Sem I	Gidha	2 <sup>nd</sup>	
10.	Preancy Sharma	B.C.A. Sem V	Gidha	2 <sup>nd</sup>	
11.	Tamanna	B.Voc. Sem III	Gidha	2 <sup>nd</sup>	
12.	Harnoor	B.Com 1 <sup>st</sup> Sem	Gidha	2 <sup>nd</sup>	
13.	Renu	B.Voc Sem V	Gidha	2 <sup>nd</sup>	
14.	Lucky Verma	B.Com Sem III	Rangoli	2 <sup>nd</sup>	
15.	Amandeep	M.Sc(FD) Sem I	Phulkari	2 <sup>nd</sup>	

16.	Jaspreet Kaur	Bsc(CS) Sem III	Kawishri	3 <sup>rd</sup>	
17.	Kamaljit Kaur	Bsc.(N.Med) sem III	Kawishri	3 <sup>rd</sup>	
18.	Taniya	Bsc. (Med.) Sem III	Kawishri	3 <sup>rd</sup>	
19.	Preety Kumari	B.SC(FD) Sem I	Painting on the spot	3 <sup>rd</sup>	
20.	Muskanpreet Kaur	BA Sem V	Photography on the spot	3 <sup>rd</sup>	
21.	Kajal Kumari	B.Sc.(Med.) Sem V	Quiz	3 <sup>rd</sup>	
22.	Neha	BBA Sem III	Quiz	3 <sup>rd</sup>	
23.	Palak	BBA Sem III	Quiz	3 <sup>rd</sup>	
24.	Shiv Ranjani Ralh	B.com Sem III	Group Shabad/Bhajan	3 <sup>rd</sup>	

25.	Ekta Rani	B.A. Sem III	Group Shabad/Bhajan	3 <sup>rd</sup>	
26.	Kajal Kumari	B.A.	Group Shabad/Bhajan	3 <sup>rd</sup>	
27.	Savita Kumari	Bsc. (C.Sc) Sem III	Group Shabad/Bhajan	3 <sup>rd</sup>	
28.	Taniya	B.Sc(Med.) Sem III	Group Shabad/Bhajan	3 <sup>rd</sup>	
29.	Udeshi	BA Sem III	Group Shabad/Bhajan	3 <sup>rd</sup>	
30.	Harpreet Kaur	B.Voc Sem V	Mehndi	3 <sup>rd</sup>	

## A Perusals of college

### Activities Report (1<sup>st</sup> July 2024 – 30<sup>th</sup> June 2025)

- **22-07-2024 – Induction Programme and Inaugural Ceremony**  
The Central Association organized an induction programme to help new students acclimatize to the college environment. Principal Dr. Savinder Pal welcomed the students, shared guidance on academic discipline, and encouraged hard work. Various activities introduced students to college facilities, clubs, and societies. The event laid the foundation for a successful academic year.
- **07-08-2024 – Independence Day Rangoli Competition organised by Home Science Association.** Students showcased creativity through vibrant rangoli designs reflecting patriotic themes. Faculty guided participants, highlighting cultural significance. The event fostered artistic expression and national pride. Students actively engaged, demonstrating teamwork and enthusiasm.
- **10-08-2024** The department of **Punjabi Department** celebrated Teej with Giddha, folk songs, choreography, and a skit. Chief Guest Principal Arti Sabti from Hanumant International Public School, Goraya, appreciated students' performances. The event highlighted Punjabi cultural heritage and promoted community participation.
- **14-08-2024 – Greeting Card-Making Competition organised by Home Science Department**  
A competition on "Tiranga Jhanda" was organized to celebrate Independence Day. Students displayed creativity in designing greeting cards. Faculty guided the use of colors and themes, fostering artistic skills and patriotic awareness.
- **23-08-2024** The **Science Department** department celebrated National Space Day with a PowerPoint presentation on India in space and a quiz competition. Students gained knowledge of India's space achievements. Faculty highlighted the role of science in national development. The event encouraged curiosity and learning among students.
- **10-09-2024 – Growth Monitoring Camp organised by Home Science Department**  
Students visited schools to monitor preschoolers' growth and health. Activities included nutrition assessment and child development observations. Faculty guided students to understand practical aspects of early childhood care. The camp enhanced field knowledge and professional exposure.

- **11-09-2024 – Yoga Day Celebration by Home Science Department**

The department celebrated Yoga Day during National Nutrition Month, promoting physical and mental well-being. Students participated in yoga exercises and mindfulness activities. Faculty emphasized the importance of balanced health and lifestyle.

- **12-09-2024 – Poster-Making & Slogan-Writing Competitions organised by English Department**

The competitions focused on moral values and safe environment themes. Students showcased creativity and understanding of social responsibilities. E-certificates were awarded to participants by the department heads. Faculty emphasized the importance of ethical awareness and civic responsibility.

- **14-09-2024 – Best Out of Waste Competition organised by Fashion Designing Department**

Students created innovative items from recyclable materials. Faculty appreciated the resourcefulness and creativity displayed. The event promoted environmental awareness and artistic skills.

- **14-09-2024, The department celebrated Hindi Diwas with essay writing, poem recitation, and poster-making competitions. Students showcased linguistic skills and creativity. Faculty highlighted the importance of Hindi in cultural and academic contexts.**

- **16-09-2024 – World Ozone Day celebrated by Science Department with NSS & Eco Club**

Students participated in a rally on the theme “Ozone for Life” and poster-making competition. Faculty highlighted the importance of environmental conservation and sustainable practices. The event promoted awareness about ecological responsibility.

- **17-09-2024 – On-the-Spot Short Story Writing Competition organised by English Department**

Students wrote stories on the theme *“Last Night I Had a Dream.”* E-certificates were awarded immediately. Faculty encouraged creative expression and storytelling skills. The event enhanced imagination and literary abilities.

- **20-09-2024 – Chart-Making Competition organised by Home Science Department**

Students participated in a chart-making competition to celebrate National Nutrition Month. Faculty guided research on nutrition and health awareness. The event promoted practical learning and creativity.

- **21-09-2024 – Best Out of Waste Competition organised by Computer Science Department**

Ten teams created innovative products from waste materials. Faculty evaluated creativity and functionality. Winners were awarded certificates, promoting environmental consciousness and teamwork.

- **26-09-2024 – Short Play on Nutrition organised by Home Science Department**

Students performed a nukkad natak highlighting the importance of a nutritious diet to prevent anemia. Faculty guided scripting and performance. The activity combined education with creative expression.

- **27-09-2024 – Poster-Making Competition organised by Computer Science Department**

Students showcased knowledge on contemporary topics through creative posters. Faculty encouraged research-based artistic expression. Participants demonstrated innovation and teamwork.

- **27-09-2024 – Slogan & Poster Competition organised by Economics Society**

The competitions focused on Quality Education and Gender Equality. Students displayed creativity and awareness of social issues. Faculty appreciated engagement and understanding of contemporary topics.

- **28-09-2024 – Medical Health Checkup Camp**

The Medical Health Committee organized a one-day health camp with Dr. Gurkiran Kaur delivering lectures on hormonal disorders. Around 675 students participated, learning about menstrual health, PCOS, and hygiene. Faculty emphasized adolescent health and well-being.

- **01-10-2024 , Science department organised Poster-making and declamation**

competitions to mark Blood Donation Day. Students learned about the importance of blood donation and community service. Faculty encouraged awareness campaigns for social responsibility.

- **08-10-2024 – District-Level Quiz Competition (Punjabi Department)**

Student Manmeet Kaur secured second position in a district-level quiz under Bhasha Vibhag, Patiala. The competition enhanced knowledge of Punjabi language, culture, and heritage. Faculty congratulated and encouraged participation in academic competitions.

- **23, 25 & 28-10-2024 – Orientation Program for Nanny Care & Nutrition Students was organised by Home Science Association.**

Students visited Oxford Preschool, Phagwara, for practical exposure. Faculty guided observations and child

interaction sessions. Students gained experiential learning and professional competence.

- **24-10-2024 – Department of Punjabi organised Moral Value Education Examination.** Students were assessed under Guru Gobind Singh Study Circle, Ludhiana. The examination emphasized moral and ethical awareness. Faculty guided students on integrating values into daily life.
- **26-10-2024 – Diwali Carnival, Students of Fine Arts Department** participated in a vibrant carnival as part of Diwali celebrations. Creative stalls and decorations were showcased. Faculty appreciated student engagement and entrepreneurial spirit.
- **26-10-2024 – Diwali Carnival, Students of Home Science Department** participated in Diwali carnival as part of Diwali celebrations. Stall of bakery products, hand made soaps, hand made candles etc were showcased. Faculty appreciated student engagement and entrepreneurial spirit.
- **29-10-2024 – Zonal Youth Festival Participation (Fine Arts Department)** Students competed in landscape painting, securing third position. The event promoted artistic excellence and healthy competition. Faculty encouraged students to pursue creative talents.
- **29-10-2024 – Zonal Youth Festival Participation (Home Science Department)** Student competed in Rangoli making competition, securing third position.
- **11-11-2024 – World Science Day celebrated by Science Department** Celebrating *Role of Science in Society*, students participated in a quiz and drawing competition. Faculty highlighted the relevance of scientific knowledge in daily life and societal development. Students actively engaged in the learning and creative activities.
- **14-11-2024 to 19-11-2024 – National Wildlife Week celebrated by Science Department.** Students celebrated National Wildlife Week with essay writing and poster-making competitions. Faculty emphasized environmental conservation and wildlife protection. The activities promoted awareness and responsibility toward nature.
- **13-01-2025 – Dheeyan Di Lohri Celebration celebrated by Science & Commerce Departments**  
Students celebrated Lohri with traditional rituals, songs, and dance performances.

Faculty guided cultural activities, and Principal Dr. Savinder Pal emphasized preserving heritage. The event concluded with a communal celebration.

- **17-01-2025 – Skill Enhancement Course Introduction**  
First-year students were introduced to skill enhancement courses under the New Education Policy. HOD Commerce Ms. Sanjna Walia explained course details. Around 450 students attended, participating in the assembly .
- **19-01-2025 to 21-01- 2025 – International Maa Boli Divas celebrated by Punjabi Department**  
A three-day celebration featuring calligraphy competitions, quizzes, and a lecture by Sodhi Amarjit Singh. Students showcased linguistic talent and cultural awareness. Faculty encouraged active participation and skill development.
- **24-01-2025 – National Girl Child Day celebrated by Home Science Association**  
Activities emphasized girl child rights, health, and education. Students participated in awareness campaigns and presentations. Faculty highlighted gender equality and societal responsibility.
- **25-01-2025 – Patriotic Song Competition organised by Music Department**  
Students performed songs celebrating national pride. Faculty guided musical expression, and the event promoted cultural awareness and patriotism.
- **25-01-2025 – Republic Day Competitions organised by History Department**  
Students participated in slogan writing and speech competitions. Faculty emphasized the significance of the Republic and civic duties. Students showcased creativity and understanding of national values.
- **26-01-2025 – Poster & Slogan Competition (Fine Arts Department)**  
To commemorate Republic Day, students created posters and slogans reflecting patriotic themes. Faculty encouraged artistic expression and national consciousness.
- **18-02-2025 – Phonetics Activity organised by English Literary Society**  
Students participated in activities in the Language Lab to enhance understanding of phonetic transcription and pronunciation. Faculty encouraged interactive learning and practical application of language skills.
- **25-02-2025 to 25-03-2025 – 30-Day Fitness Program (Physical Education Department)**  
Conducted in collaboration with Ministry of Youth Affairs and National Educational Trust India. Students and faculty actively participated in exercises promoting physical fitness, endurance, and wellness. Faculty emphasized health consciousness and lifestyle balance.

- **27-02-2025 – Language Games organized by English Department**  
 Students engaged in interactive games highlighting differences between British and American English. Faculty guided exercises on pronunciation and spelling, promoting effective language learning.
- **08-03-2025 – International Women’s Day celebrated by English Department**  
 Discussion on women’s rights, gender equality, and societal progress. Students shared perspectives, and faculty emphasized awareness and empowerment.
- **10-03-2025 – Annual Entrepreneurial Fair organised by Commerce Department**  
 Fair themed “*Accelerating Women in Action and Empowering the Economy*”. Around 100 students set up stalls including food, gaming, and music attractions. Approximately 650 students and faculty attended. The event promoted entrepreneurial skills and creativity.
- **18-03-2025 – Annual Sports Day (Physical Education Department)**  
 Track, field, team events, and indigenous games were organized. Students demonstrated athletic skills and sportsmanship. Faculty promoted physical fitness, teamwork, and healthy competition.
- **23-03-2025 – Martyrdom Day of Shaheed Bhagat Singh (History Department)**  
 Documentary screening and tree plantation drive conducted. Students participated actively, gaining insights into sacrifices of national heroes. Faculty emphasized patriotism and historical awareness.
- **On 24-03-2025**, the Legal Literacy Cell paid tribute to our legendary martyrs by showing a short documentary movie to the students.
- **09-04-2025 – PowerPoint Presentation Competition organised by Computer Science Department**  
 Students showcased their presentation and technical skills. Faculty evaluated creativity, clarity, and content accuracy. The event promoted effective communication and technical competence.
- **14-04-2025 – Martyrdom of Dr. B.R. Ambedkar (History Department)**  
 Students visited Ambedkar Memorial Park and attended a documentary screening on his life. Faculty highlighted contributions to social justice and equality. Students reflected on his impact and legacy.
- **21-04-2025 – Poshan Pakhwara celebrates by Home Science Department**  
 Students prepared an array of nutritious beverages promoting healthy eating. Faculty

guided awareness on nutrition and balanced diets. The event encouraged practical application of dietary knowledge.

- **31-05-2025 – World No Tobacco Day Awareness Programme celebrates by Science Department**

A special programme highlighting health hazards of tobacco. Students participated in discussions and awareness activities. Faculty emphasized promoting a healthy and tobacco-free lifestyle.

- **31-07-2025 – Martyrdom Day of Udham Singh celebrated by History Department)**

Students observed the day with a poetical symposium and documentary screening. Faculty highlighted Udham Singh's contributions to the freedom struggle. The event encouraged reflection on patriotism and national history.

### **Workshops/Seminars/Extension Lectures**

#### **August 2024**

- **08-08-2024:** The PG Department of Commerce organized a seminar on the Union Budget 2024–2025. Resource persons Ms. Sandeep Nandra and Ms. Nidhi Jassal explained the vision, objectives, historical context, and new tax provisions. M.Com students Mandeep Kaur and Jaskaran Kaur presented a PowerPoint, and an online quiz encouraged interactive participation. Over 100 students attended, with Vice Principal Dr. Ruminder Kaur and faculty members present.
- **07-09-2024:** The Science Department organized a workshop on Mathematics Using Computational Techniques. The resource person was Dr. Gagandeep, Associate Professor, HMV. Students developed problem-solving skills and practical understanding. Faculty encouraged collaborative learning and analytical thinking.
- **12-09-2024:** Department of Fashion Designing organized a Workshop on Candle Making. Forty students participated and learned candle-making techniques.
- **23-09-2024:** The Department of Home Science and EBSB organized an online lecture on “Nutritional Deficiencies and Anemia in Adolescents.” Dr. Satinder Kaur discussed causes, effects, and dietary solutions. 25 students attended.
- **10-10-2024 – Clay Modelling Workshop (Fine Arts Department)**  
Students developed hands-on skills in clay modelling. Faculty provided guidance on

techniques and creativity. The activity enhanced artistic capabilities and craftsmanship.

- **07-11-2024:** An extension lecture was organised by the Punjabi Department on Punjab Virsa and Vartman. To mark Punjab Divas, the department organized a lecture by Harjit Viridi on *Punjabi Virsa te Vartman*. Students learned about the history, culture, and contemporary significance of Punjab. The session encouraged pride in linguistic and cultural heritage. Faculty guided discussions and interactive participation.
- **30-31 January 2025 – Soft Toy Making Workshop organised by Home Science Department**  
Two-day practical session for Nanny Care and Nutrition students. Faculty guided hands-on learning in creative skills. Students gained experience in craft and design techniques
- **04-02-2025:** The PG Department of Commerce organized an extension lecture on Banking Schemes for Savings and Investment. Resource persons included Mr. Gurravdeep Singh, Ms. Vaishnavi Wadhwa, and Mr. Rontu Dehingia. Around 100 students and faculty attended.
- **04-03-2025:** The Department of Science organized a workshop on Calculus Laborator. Dr. Gagandeep demonstrated solving mathematical problems using SCILAB. Around 50 students attended.
- **05-03-2025:** The Department of Fashion Designing, under IQAC, organized a Hand Embroidery Workshop with expert Sekh Nasir. Around 60 students and 10 faculty members participated. Practical session on needlework and design techniques. Students learned creative embroidery skills under faculty guidance. The workshop promoted craftsmanship and artistic confidence.
- **06-03-2025 to 10-03-2025:** The Cosmetology Department organized a five-day yoga workshop led by Mr. Madan Mohan Khattar. Forty-five students participated.
- **12-03-2025:** The Cosmetology Stylish Club organized a one-day Nail Art workshop, led by alumna Ms. Jasmine. Around 60 students participated.
- **15-03-2025:** The PG Department of Commerce organized a seminar on World Consumer Rights Day. Resource person was Mr. Sandeep Walia.
- **15-03-2025 – Personality Analysis Workshop conducted by Psychology Department.** Acharya Saurabh S. Narada, expert graphologist and astrologer. Students learned personality assessment techniques and applied analytical skills. Faculty emphasized practical understanding of psychology

- **19-03-2025 to 21-03-2025:** The Home Science Association organized a workshop, *Enhancing Nutritional Value of Food*, promoting healthy eating among adolescent girls.
- **19-03-2025:** The English Literary Society organized an extension lecture on *The Art of Public Speaking: Techniques and Challenges*. Dr. Rajesh Kumar Sharma conducted the session with 100 students attending. Students learned effective communication, confidence-building, and presentation skills. Faculty emphasized practical applications in academics and life.
- **01-04-2025 to 07-04-2025:** The Stress Management Cell organized a 7-day Life Skills workshop. Students learned problem-solving, personality, intelligence, aptitude, and coping strategies. The final day included a counselling session.
- **02-04-2025 to 04-2025 to 05-04-2025:** The English Literary Society organized a 4-day workshop on communication and personality development. Activities included mock interviews and personality sessions.
- **04-04-2025 – Lecture on Legal Property Rights of Women (History Department)** Principal Dr. Parmjit Kaur from Khalsa College for Women, Sidhwan Khurd, delivered a lecture. Students learned about legal rights, property laws, and empowerment of women. Faculty guided discussions and encouraged critical thinking on social issues.
- **08-04-2025 to 10-04-2025:** The Fashion Designing Society organized a 3-day Pidilite workshop on Lippan Art, Mirror Art, and Fabric Painting. 35 students participated.
- **08-04-2025:** The Hindi Literary Society and Ek Bharat Shreshtha Bharat organized an extension lecture by Dr. Vishwa Bandhu Sudhir on the Vedas' teachings on science, ethics, and moral values. 69 students attended. Faculty emphasized creativity, practical learning, and design skills. Students explored new methods in craftwork and artistic expression.
- **09-04-2025:** The Home Science Association organized a lecture-cum-workshop on millets, led by Ms. Aatma Singh. 50 students and faculty participated. *A Sustainable Superfood*. Students learned about nutritional benefits and sustainable food practices. Faculty guided discussions and practical applications.
- **09-04-2025:** The Department of Cosmetology, under the Stylish Club, organized a one-day workshop on Hair Textures and Care. Mr. Rahul Sharma demonstrated smoothening techniques. Around 60 students participated.

- **29-05-2025 – Self-Defence Workshop organised by Physical Education Department.** Led by coach Kamal Kumar Jatal, focusing on Judo and martial arts training. Students learned techniques for personal safety and self-confidence. Faculty highlighted importance of physical fitness and awareness

### **Admission Committee organised School Students' Campus Visit**

- On November 6, 2024, around 40 students from Government Senior Secondary School, Mansurpur, visited Kamla Nehru College for Women, Phagwara. They explored various departments and interacted with faculty members. Dr. Rinka provided career guidance, while Principal Dr. Savinder Pal motivated students about the value of higher education. The visit concluded with refreshments and enthusiastic discussions, inspiring students to pursue their academic goals
- **18-12-2024** –59 students from Government Senior Secondary School, Gohawar, visited the college to explore academic and professional opportunities. They toured Fashion Designing and Cosmetology departments, participated in interactive sessions, and received guidance from faculty. The visit concluded with refreshments and appreciation.

### **Community Outreach Programs**

Community Outreach Programs are initiatives taken by Kamla Nehru College For Women to connect students with their surrounding community.

- On 26 JULY 2024, The **NSS Unit** of Kamla Nehru College for Women, Phagwara, organized a **one-day tree plantation camp** at **Chak Hakim village** under the '**Ek Ped Maa Ke Naam**' campaign. NSS volunteers, along with **Programme Officers Ms. Nidhi Jassal and Dr. Lalit Kumar, Village Sarpanch Mr. Kulwinder Kumar,** and school staff, planted trees and distributed saplings among students. Awareness about the importance of tree plantation for a sustainable future was created. **Principal Dr. Savinder Pal** appreciated the efforts of the officers and volunteers.
- To celebrate **National Nutrition Month 2024**, the **Home Science Association** and **EBSB Club** organized a visit to **Government Primary Smart School, Chakk**

**Hakim.** Students of the **Diploma in Nanny Care and Nutrition** conducted **growth monitoring** of preschoolers, measuring their height and weight. This hands-on activity provided practical exposure and real-world learning opportunities.

- The NSS unit conducted a **Swachhata Hi Sewa campaign** at Chak Hakim village (17 Sept–2 Oct 2024) to promote cleanliness and hygiene awareness. Volunteers led a cleanliness rally, educated villagers on sanitation and waste management, and engaged with primary school students.
- **06 November 2024:** The **My Bharat Outreach Program** was conducted to raise awareness about national initiatives, with a PPT presentation given by Ms. Nidhi Jassal.
- On March 6, 2025, the Home Science Association conducted a nutrition awareness program for lady laborers in Hajipur village. Students distributed healthy eatables and educated participants on the importance of nutrition. The initiative positively impacted the community.
- **12 March 2025:** Viksit Bharat Youth Parliament outreach program was conducted to create awareness about registration and participation; 100 volunteers attended. Mr. Ankush Nijhawan from the Regional Directorate of NSS, Chandigarh, graced the occasion.
- **07 April 2025:** Outreach programs on drug de-addiction and World Health Day were organized at Village Chak Hakkim, including rallies, poster-making, and awareness sessions on health, nutrition, physical activity, and mental wellness.
- **On 16 April 2025,** The Buddy Group and Rotaract Club visited Guru Nanak Vridh, Netarheen Anath Ashram, Virka, to support the needy. Led by Principal Dr. Savinder Pal and faculty members, students interacted with the elderly, visually impaired, and orphaned residents, sharing time, care, and useful items. The visit promoted kindness and social service and was appreciated by the Ashram staff.
- **Health Awareness Camp – Chak Hakim :** College organized a **Health Awareness Camp** at Chak Hakim on April 7, 2025. **30 volunteers** from NSS, Home Science Association, and Red Ribbon Club educated villagers on nutrition, physical activity, and mental wellness, promoting the message “**Healthy Living, Happy Life!**”

**Experiential Learning /Entrepreneurship Visit and Community Engagement**

- The Home Science Association organized an experiential learning session on April 7, 2024, for Diploma in Nanny Care and Nutrition students. 13 students visited Government Primary School, Bhullarai, engaging young children in basic educational activities. The session provided practical learning experience and was well-received by both students and school children.
- **07-04-2025 – Experiential Learning Session (Home Science Department)**  
Nanny Care and Nutrition students participated in hands-on learning activities. Faculty provided guidance on practical skills and real-world applications. Students gained exposure to professional practices in childcare and nutrition.
- **22-04-2025 to 23-04-2025 – Experiential Learning Sessions (Home Science Department)**  
Nanny Care and Nutrition students visited ABC Montessori Play School, Phagwara. Faculty supervised practical learning and interactive sessions with children. Students gained hands-on experience in childcare practices.

### **Kamla Nehru College Celebrates 51st Annual Fete with Enthusiasm on 01-03-2025**

Kamla Nehru College for Women, Phagwara, organized its 51st Annual Fete 2025 under the leadership of Dr. Savinder Pal. The event was inaugurated by Ms. Manju Sardana, Executive Chairperson of Sukhjit Starch & Chemicals Ltd., who cut the ribbon and released balloons. The fete also marked the college's 60-year legacy and celebrated its cultural diversity.

Over 700 attendees enjoyed vibrant stalls, food, games, and cultural exhibits, while students showcased their energy through music and dance. A cultural program captivated the audience, and the event concluded with a lucky draw awarding prizes like an LED TV, smartphone, microwave, and more.

Mr. Harjinder Singh and Mr. Kamal Kaushal handled live commentary, while stage management was efficiently conducted by Madam Jyoti Bajaj and Madam Preeti Markanda. Journalists Raman Sharma, Sushil Sharma, and Ajay Koshdar covered the event.

Principal Dr. Savinder Pal expressed gratitude to all participants, congratulated the organizing team, and applauded the lucky draw winners for contributing to the fete's success.

### **Inter-College Competitions**

Our students are always encouraged by faculty members to participate in various Intercollege competitions organized by different colleges which enhance their proficiency in various skills along with their academics skills.

- **Our College Wins Overall Trophy at “Panorama, Cultural Kutumb-2025”** organized by Lovely Professional University on March 27, 2025. 15 students participated in poetry recitation, speech, debate, and poster making, securing top positions. The college's outstanding performance brought regional recognition and appreciation for the Punjabi Department.
- **On March 12, 2025**, our students participated in an inter-college competition at HMV College, Jalandhar. Twenty-eight students showcased their talents in Quiz, Poster Presentation, Rangoli, and Rang De Prakriti. They won 2nd and 3rd prizes in Rang De Prakriti and received appreciation in Poster Presentation. An extension lecture on India's contributions to Mathematics was also conducted.

### **NCC wing Activities**

The NCC unit is efficiently managed under the guidance of in-charges Dr. Palwinder and Ms. Anita.

- **On 26th July 2024**, *Kargil Vijay Diwas* was observed through Poster Making and Essay Writing Competitions to honour the valor of Indian soldiers.
- **From 9th August to 15th August 2024**, the NCC Unit celebrated the *78th Independence Day* under the '*Meri Maati Mera Desh*' campaign. Various activities were organised throughout the week:
- *On 9th August, the Quit India Movement was commemorated through speeches, poetry recitations, and poster-making. Ms. Kamlesh from the History Department highlighted its significance in India's freedom struggle.*

- *On 10th August, a tree plantation drive by the NSS Unit, NCC Wing, Bhagat Singh Society, and Music Department saw enthusiastic participation from Principal Dr. Savinder Pal and faculty members.*
- *On 12th August, under the Har Ghar Tiranga campaign, a poster-making competition was organized, and students enthusiastically took selfies with the national flag to showcase their patriotism.*
- *On 13th August, an online screening of a patriotic movie was organized by the NSS Unit, NCC Wing, Bhagat Singh Society, and Music Department.*
- *On 14th August, the NSS Unit, NCC Wing, Bhagat Singh Society, and Music Department organized patriotic activities, including a song presentation, hand painting with Tiranga colors, and a greeting card-making competition by the Home Science Department.*
- *On 15th August, Independence Day was celebrated with great enthusiasm. The national flag was hoisted by Dr. Savinder Pal, Principal of the College, followed by the singing of the National Anthem.*
- **On 24th November 2024**, NCC Day was celebrated with a Flag Hoisting ceremony, instilling patriotic spirit among the cadets.
- **On 27th January 2025**, the NCC unit proudly hoisted the national flag on the occasion of *Republic Day*.
- **On 8th March 2025**, On the *International Women's Day*, a *Dental and Health Check-up Camp* was organized. Dr. Pallavi Sharma addressed the students and gave an informative talk on women's hygiene and wellness products.
- **On 18th March 2025**, the National Flag was hoisted during the *Annual Sports Day* celebration.

### **NSS Unit Activities**

The NSS Unit of Kamla Nehru College for Women, Phagwara, functions efficiently under the guidance of Programme Officers Ms. Nidhi Jassal and Dr. Lalit Kumar, who diligently supervise and coordinate all NSS activities with utmost dedication and enthusiasm.

- **26 July 2024:** A one-day NSS camp was conducted at Village Chak Hakim, including a plantation drive at the government primary school. Volunteers actively participated in tree planting activities.
- **27 July 2024:** Van Mahotsav was celebrated with a plantation drive at Village Chak Hakim to further promote environmental awareness and greenery.
- **08 August 2024:** A seminar on the Union Budget 2024-25 was organized, with a PPT presentation shown to students. NSS volunteers also took an online pledge under the **Har Ghar Tiranga Campaign** and received e-certificates.

- **09 August 2024:** Activities commemorating the Quit India Movement were organized as part of Independence Week celebrations.
- **10 August 2024:** Saplings were planted by volunteers to promote greenery and environmental conservation.
- **11 August 2024:** NSS volunteers took an online pledge under the **NAS Mukh Bharat Abhiyan** and received e-certificates.
- **12 August 2024:** A poster-making competition was organized on patriotic themes.
- **13 August 2024:** A rally was conducted to celebrate Independence Week and create awareness about the nation's freedom struggle.
- **14 August 2024:** Patriotic songs were performed by volunteers as part of Independence Week celebrations.
- **15 August 2024:** Independence Day was celebrated with flag hoisting at the college. Volunteers participated in all ceremonial activities.
- **23 August 2024:** A protest rally was organized in response to the tragic rape and murder of a doctor in Kolkata, promoting awareness against violence toward women.
- **13 September 2024:** A one-day NSS camp was conducted on My Bharat Portal registration, guided by Ms. Nidhi Jassal, with a PPT presentation shown to volunteers.
- **16 September 2024:** Ozone Day was celebrated with plantation drives, **Home for Aves** activities, poster-making, and rallies under the theme "**Ozone for Life**".
- **13 September – 02 October 2024:** The "**Swachhta Hi Sewa Hai**" campaign was conducted, including cleanliness drives, pledges, extension lectures, rallies, poster-making competitions, nukkad natak, awareness drives, plantation, essay-writing competitions, and village visits.
- **24 September 2024:** NSS Day was celebrated with a PPT presentation, poster-making competition, poetry recitation, NSS song, and nukkad natak, with 300 students in attendance.
- **Special Educational Trip (Shaheed Bhagat Singh Birth Anniversary):** Volunteers visited Golden Temple, Jallianwala Bagh, and Attari Wagah Border, Amritsar, with programme officers; 60 volunteers participated.
- **02 October 2024:** Birth anniversaries of Mahatma Gandhi and Lal Bahadur Shastri were celebrated with poster-making and slogan-writing competitions.
- **29 October 2024:** Diwali was celebrated at Guru Nanak Vridh Ashram, Virka, under the theme "**My Bharat Wali Diwali**". Volunteers decorated rooms and donated clothes, eatables, and essential items to the residents.
- **31 October 2024:** National Unity Day was celebrated with poster and slogan competitions, attended by 60 volunteers.

- **14–23 October 2024:** Ms. Nidhi Jassal participated as the **Contingent Leader for Punjab** at the North Zone Pre-Republic Day Parade Camp at Vivekananda Global University, Jaipur.
- **06 November 2024:** The **My Bharat Outreach Program** was conducted to raise awareness about national initiatives, with a PPT presentation by Ms. Nidhi Jassal.
- **12 November 2024:** A rally was organized in Village Chak Hakim to raise awareness about social evils, including AIDS, drug abuse, and the dowry system.
- **26 November 2024:** National Constitution Day was observed with poster-making, slogans, and pledges; volunteers also participated in the **Viksit Bharat Quiz** under the National Youth Festival 2025.
- **30 November 2024:** World AIDS Day was celebrated with poster-making, declamation, rallies, and pledge-taking.
- **12-12-2024 to 18-12- 2024:** A seven-day NSS special camp on Theme **“Empowering Youth for a Better Future”** **Organized by:** NSS Unit, Kamla Nehru College for Women, Phagwara
- **12th December 2024 – Inauguration Day**  
The camp was inaugurated by **Prof. (Dr.) Amarjit Singh**, Former Dean, GADVASU, Ludhiana, through ribbon-cutting and lamp-lighting ceremonies. **Principal Dr. Savinder Pal, Vice Principal Dr. Ruminder Kaur**, and NSS Programme Officers, **Ms. Nidhi Jassal, Dr. Lalit Kumar** and **Mr. Kuldeep Singh** welcomed the guest. The session began with a Shabad, poem recitation, and NSS song, followed by a presentation of past activities. Dr. Amarjit Singh delivered an inspiring lecture on youth empowerment and entrepreneurship. **Ms. Nidhi Jassal** motivated volunteers, emphasizing NSS as a mission for community service. In the evening, **Dr. Tarsem Singh Bhinder**, NSS National Awardee, delivered a motivational lecture, and volunteers participated in a campus cleanliness drive.
- **13th December 2024 – Water Sustainability and Mental Wellness**  
The day began with morning prayer and yoga. **Ms. Sandeep Nandra**, Assistant Professor, delivered an extension lecture on *“Water Sustainability.”* Volunteers conducted cleanliness drives in the stadium, administrative office, and library, and painted walls promoting water conservation. In the afternoon, **Mr. Sandeep Walia**, Managing Partner, Elevation Institute, Kapurthala, delivered a lecture on *“Mental Wellness and Emotional Health.”* Certificates and appreciation gifts were given to volunteers for active participation.
- **14th December 2024 – Village Visit and Community Outreach**  
Volunteers, accompanied by **Ms. Nidhi Jassal** and **Dr. Lalit Kumar**, visited *Chak*

*Hakim* (adopted village). They conducted awareness sessions on water conservation, hygiene, and the *My Bharat* portal at the Government Primary School and Ambedkar Community Centre. A rally on water conservation was organized. Volunteers met community members and local leaders, including CDPO **Mrs. Bimla Devi** and Panch member **Leela Ram**. Later, they cleaned the Heritage Centre and Botanical Garden, painted pots, and played recreational games.

- **15th December 2024 – Viksit Bharat 2047**  
After prayer, a poster-making and wall-painting competition on “*Viksit Bharat 2047*” was organized. **Principal Dr. Savinder Pal** shared insights on India’s development vision, while **Dr. Sudhamani Sood** guided the artwork. Volunteers conducted cleanliness drives, cleaned the NSS and Music Rooms, and promoted a plastic-free campus. **Ms. Nidhi Jassal** delivered a lecture on “*Life Skills for NSS Volunteers,*” focusing on teamwork, leadership, and motivation.
- **16th December 2024 – Social Welfare and Music for Mental Development**  
The day began with prayer, followed by a lecture on “*Social Welfare*” by **Mr. Desraj Banga**, Former Chairman, Guru Amardas Birdh Ashram. Volunteers painted murals on “*Beti Bachao, Beti Padhao.*” In the evening, **Mr. Harjinder Pal**, Head, Dept. of Music, Government College Hoshiarpur, delivered a session on “*The Importance of Music for Mental Development.*” Principal **Dr. Savinder Pal** addressed the volunteers on moral values and appreciated the efforts of the Programme Officers.
- **17th December 2024 – Music and Environment Day**  
**Prof. Rampal Banga**, Head, Dept. of Music, GNNC Doraha, delivered a lecture on “*Relationship of Indian Classical Music with Health.*” Volunteers completed wall paintings on *Beti Bachao, Beti Padhao* and *Viksit Bharat 2047*. In the evening, **Mr. Malkiat Singh Ragbotra**, Secretary, Environment Association, Phagwara, delivered a lecture on “*Environmental Awareness,*” emphasizing sustainable living and tree plantation. Principal **Dr. Savinder Pal** lauded the volunteers’ spirit and teamwork.
- **18th December 2024 – Valedictory Function**  
The camp concluded with a vibrant valedictory ceremony. **Principal Dr. Savinder Pal** was the Chief Guest, felicitated by **Vice Principal Dr. Ruminder Kaur** and Programme Officers **Ms. Nidhi Jassal** and **Dr. Lalit Kumar**. The programme included a Shabad, a PPT presentation of all activities, and cultural performances. Awards were given to Best Volunteers – *Jaskaran, Mandeep Kaur, Arshpreet Kaur, Saloni, Himanshi Sharma, Parveen, Navneet, Krishma, Jaspreet,* and *Bindu*. **Ms. Nidhi Jassal** delivered the vote of thanks, emphasizing that “*Hard work gives a sense*

*of achievement and self-satisfaction.*” The camp ended with the NSS Song and Principal’s commendation for volunteers’ dedication and enthusiasm.

- **23–26 December 2024:** Veer Bal Diwas activities included poem recitation, essay writing, documentary screenings, poster-making, and extension lectures.
- **12 January 2025:** National Youth Day was celebrated with pledge-taking, poster preparation, and e-certificates awarded to volunteers.
- **24 January 2025:** National Girl Child Day was observed with a lecture on government schemes for girl children.
- **25 January 2025:** National Voter’s Day was celebrated with a rally and awareness drive.
- **26 January 2025:** Republic Day was celebrated with poster-making and patriotic song performances.
- **15 February 2025:** World Cancer Day was observed with a poster-making competition.
- **03–06 March 2025:** A four-day feedback drive was conducted under the **Swachh Bharat Mission 2025** in collaboration with the Municipal Corporation.
- **08 March 2025:** A one-day medical check-up on PCOD awareness was organized in collaboration with Dyanand Ayurvedic College, Jalandhar.
- **12 March 2025:** Viksit Bharat Youth Parliament outreach program was conducted to create awareness about registration and participation; 100 volunteers attended. Mr. Ankush Nijhawan from the Regional Directorate of NSS, Chandigarh, graced the occasion.
- **13 March 2025:** Viksit Bharat Youth Parliament online screening was held; 13 students cleared the district-level round, and Ms. Samandeep was selected among the top 10 participants for the state-level round.
- **07 April 2025:** Outreach programs on drug de-addiction and World Health Day were organized at Village Chak Hakkim, including rallies, poster-making, and awareness sessions on health, nutrition, physical activity, and mental wellness.
- **12 April 2025:** Birth anniversary of B.R. Ambedkar was celebrated with a visit to Dr. B.R. Ambedkar Park and documentary screening; 50 volunteers participated.
- **08 May 2025:** An emergency mock drill was conducted to enhance preparedness; 100 volunteers participated.
- **21 May 2025:** Anti-Terrorism Day was observed with short video screenings and awareness lectures; 100 volunteers participated.
- **29–31 May 2025:** World Environment Day activities included pledge-taking, poster-making, and lectures on eco-friendly choices, especially reducing plastic usage.

- **05 June 2025:** Environment Day plantation drive was conducted at the college campus.
- **15 June – 31 July 2025:** NSS volunteers participated in an online quiz on the theme “**Role of Women in Shaping New India**”, and e-certificates were awarded upon completion.
- **21 June 2025:** International Yoga Day was celebrated with 100 volunteers performing yoga asanas.
- **22–26 July 2025:** Kargil Vijay Diwas quiz conducted online; e-certificates awarded to participating volunteers.

### **Eco Club Activities**

The ECO Club of Kamla Nehru College for Women, Phagwara, is efficiently coordinated under the guidance of Dr. Priyanka Aeri and Dr. Tavisha , who serve as the Club Incharges.

**July 27, 2024:** Celebrated Van Mahotsav with a tree plantation drive in collaboration with local institutions to promote environmental awareness. Mrs. Anupam Kaler, Commissioner-cum-ADC, Phagwara, graced the occasion as the chief guest.

**September 16, 2024:** Celebrated World Ozone Day with activities like a rally, poster making, “Home for Aves,” and “Planting for Sustainability” competitions to raise awareness on ozone layer protection. The event saw enthusiastic participation from students, with winners awarded by Principal Dr. Savinder Pal and Vice-Principal Dr. Ruminder Kaur.

**September 23, 2024:** The Department of Science and ECO Club organized an educational visit to the Waste Processing Plant in Hadiabad under Swachhta Hi Sewa 2024. The visit offered students hands-on insights into composting and sustainable waste management practices, reinforcing the importance of environmental responsibility.

**October 14 to 19, 2024:** Celebrated National Wildlife Week through engaging activities like essay writing, poster presentations, and a conservation-focused presentation. The event promoted awareness about wildlife protection and India's rich biodiversity, inspiring students to contribute to preserving natural heritage.

**October 24 to November 7, 2024:** Observed Swachhata di Lehar Pakhwada and was proudly recognized as the ‘Best College’ in the city for outstanding Swachhata initiatives. The award was based on an evaluation by the Municipal Commissioner’s team, acknowledging efforts in cleanliness, waste management, and environmental responsibility.

**February 3 to 10, 2025:** Honored with the Eco-Friendly College Certificate by the National EduTrust of India (NEI) for exemplary commitment to environmental sustainability. Multiple individual honors were received during the 07-Day Environment Challenge, recognizing leadership and active participation in green initiatives.

**March 3 to 6, 2025:** Conducted the Swachh Bharat Mission 4-Day Feedback Drive, engaging 520 students in a cleanliness survey under expert guidance. The initiative earned a Certificate of Appreciation and reinforced ongoing commitment to a cleaner, sustainable environment.

**April 22, 2025:** Celebrated Earth Day with a placard poster presentation by 25 students on the theme “The Urgency of Restoring Our Planet for a Sustainable Future.” Principal Dr. Savinder Pal inspired students with the slogan “Our Power, Our Planet” and emphasized adopting sustainable practices to tackle environmental challenges.

**May 21, 2025:** Celebrated the International Day for Biological Diversity with a poster-making competition and an insightful lecture on biodiversity conservation. Principal Dr. Savinder Pal encouraged students to become biodiversity ambassadors and actively participate in protecting endangered species and ecosystems.

### **Red Ribbon Club**

The Red Ribbon Club is efficiently managed under the guidance of in-charges Ms. Priyanka and Ms. Tunish.

**October 1, 2024:** Celebrated Blood Donation Day with a poster-making and declamation competition organized by the Red Ribbon Club and Department of Science. Around 30 students participated, raising awareness about the life-saving importance of blood donation. Winners were awarded gifts, and the event promoted social responsibility and compassion among students.

**November 30, 2024:** Celebrated World AIDS Day with a poster-making competition, declamation, rally, and pledge organized by the Red Ribbon Club and NSS unit. Over 50 students participated, raising awareness about HIV transmission risks, preventive measures, and support for people living with HIV.

**February 5, 2025:** Celebrated World Cancer Day with a poster-making activity organized by the Department of Science, Red Ribbon Club, and NSS Unit, focusing on cancer prevention, early detection, and healthy living. Around 50 students participated, raising awareness about healthy lifestyle choices and cancer prevention.

**February 27 to 28, 2025:** Celebrated National Science Day in collaboration with Puran Singh Society and the Red Ribbon Club, focusing on innovation, scientific exploration, and promoting scientific temperament among students. The theme “Empowering Indian Youth for Global Leadership in Science and Innovation for Viksit Bharat” highlighted the importance of science and technology in building a progressive and self-reliant India.

**March 25<sup>th</sup>, 2025:** Celebrated World Water Day with a placard poster presentation by around 25 students under the theme "Leveraging Water for Peace." The event emphasized sustainable management of freshwater resources, concluding with a student pledge to use water judiciously and avoid wastage.

**April 7, 2025:** Celebrated World Health Day by organizing a Health Awareness Camp in the village of Chak Hakim. The initiative, led by the NSS Unit, Home Science Association, and Red Ribbon Club, focused on promoting healthy lifestyles and community well-being.

**April 7, 2025:** Organized a Drug De-Addiction Program featuring a rally, poster-making competition, and awareness session themed "Together for a Drug-Free Future." The program aimed to raise awareness about the dangers of drug abuse and promote a healthy, drug-free lifestyle among students and the community.

**April 22, 2025:** Celebrated Earth Day with around 25 students presenting placard posters under the theme "The Urgency Of Restoring Our Planet For A Sustainable Future."

## **Rangnathan Library Club Activities**

- ❖ **On 12th August 2024**, Shri Bhag Ram Handa Library organised a Book Fair on the *National Library Day*.
- ❖ **From 12th August to 14th September 2024** Shri Bhag Ram Handa Library conducted a one-month Library Orientation Programme.
- ❖ **In October 2024**, National Book Month was celebrated by organizing various activities such as a book review competition, an open quiz, and a poster-making competition.
- ❖ **In November 2024**, Shri Bhag Ram Handa Library observed *Book Donation Month*. All the departments donated various books.
- ❖ **On 24th April 2025** Shri Bhag Ram Handa Library celebrated “*National Book and Copyright Day*” by organising a lecture on the topic “*Book: A Gateway to Knowledge.*”

## **Sports Club Activities**

- ❖ **25<sup>th</sup> Feb – 25<sup>th</sup> March 2025**, the Department of Physical Education organized a 30 days Fitness Program in collaboration with the Ministry of Youth Affairs and Sports and National Educational Trust India.
- ❖ **On 18<sup>TH</sup> March 2025**, the Department of Physical Education held the Annual Sports Day, Featuring track, field, team events, and indigenous games.
- ❖ **31-05-2025 to 06-06-2025 – 7-Day Yoga Program organised by Physical Education Department**. Students and faculty participated in sessions on Yoga, meditation, and breathing techniques. Faculty guided exercises for physical and mental wellness. The program promoted holistic health and stress management.

## **Educational and Recreational**

- On 29 september 2025, The NSS Unit of Kamla Nehru College for Women, Phagwara, organized a one-day educational trip on Shaheed Bhagat Singh’s birth anniversary, visiting the Golden Temple, Jallianwala Bagh, and Attari-Wagah Border. 60 volunteers, led by NSS Programme Officers Ms. Nidhi Jassal and Dr. Lalit Kumar, paid homage to freedom fighters and witnessed the BSF parade. Principal Dr. Savinder Pal appreciated the team’s efforts in fostering patriotism and national pride among students.
- On November 13, 2024, 52 students of B.Sc, and M.Sc (Fashion Designing) participated in an adventurous trip to Mapple Jungle, enjoying activities like Burma Bridge, wall climbing, and zip lining, followed by a dance party. Faculty

members Ms. Pinky, Ms. Khushi, and Ms. Shinki supervised the trip. They also visited Shri Anandpur Sahib to explore Punjab's heritage.

- On February 22, 2025, 50 students from the Computer Department enjoyed a recreational trip to Kasauli, Himachal Pradesh, featuring trekking, sightseeing, and shopping. The trip provided a refreshing break and bonding opportunity for students.
- On March 9, 2025, the Home Science Association organized a one-day educational and recreational trip to Chandigarh for 19 BA VI semester students led by Dr. Priyanka Aeri. The itinerary included visits to Rock Garden, Sukhna Lake, and Elante Mall. Students enjoyed exploring the city's landmarks and indulging in leisure activities.
- The PG Department of Commerce, Kamla Nehru College for Women, Phagwara, organized an educational trip to Anandpur Sahib and Naina Devi during the Baisakhi festival. The trip provided students with cultural exposure and experiential learning. A total of 52 students participated, accompanied by faculty members Ms. Nidhi Jassal, Ms. Simranjeet Kaur, Ms. Jagjit, and Ms. Sakshi. The trip provided cultural exposure, experiential learning, and promoted bonding among students.

### **Career Orientation and Placement Cell**

- The Career Orientation and Placement Cell organized a Placement Fair on December 7, 2024. Keynote speaker Mr. Johnny Sharma, Assistant Branch Manager, LIC, Jalandhar, and other officers provided insights on job roles, stipends, and schemes like Bima Sakhi Yojna. Around 100 students participated, gaining valuable career guidance.
- On February 19, 2025, the Career Orientation and Placement Cell organized a seminar on Canadian education in collaboration with the Guru Nanak Institute of Global Studies, Canada. Around 100 students attended and gained insights on academic programs, scholarships, and professional development opportunities.

### **Educational and Industrial visit**

- On 23rd September 2024, the Department of Science and ECO Club of Kamla Nehru College for Women, Phagwara, organized an educational visit to the **Waste**

**Processing Plant, Hadiabad** under **Swachhta Hi Sewa 2024**. Students learned about the composting process—from organic waste collection to the production of nutrient-rich compost. The visit provided hands-on experience, promoting sustainability, environmental responsibility, and practical learning for the students.

- The Cosmetology Department of Kamla Nehru College for Women, Phagwara, organized an educational visit to Planet Scissors Salon, Phagwara. Ms. Sheetal, the owner, demonstrated the Hydra Facial procedure and shared insights on skincare, salon management, and professional ethics. A total of 27 students, along with faculty, participated in this enriching visit
- The Home Science Association of Kamla Nehru College for Women organized an experiential learning session on April 22–23, 2025, for Diploma in Nanny Care and Nutrition students. Twelve students visited ABC Montessori Play School, Phagwara, engaging with children through interactive activities, gaining practical learning experience.
- On May 5, 2025, 25 students from the PG Department of Commerce, Kamla Nehru College for Women, Phagwara, visited the IDBI Bank branch in Phagwara as part of an educational trip to gain practical insights into banking and financial services. The visit, guided by Principal Dr. Savinder Pal and accompanied by faculty Ms. Simranjeet Kaur Walia, included interactions with Ms. Yamini Chopra, Service and Operations Manager, and Mr. Deepak Batra, Branch Head. Students learned about branch operations, customer service, digital banking, and other financial services through an interactive session. The visit provided valuable real-world exposure, reinforcing the college's commitment to industry-academia learning experiences.
- The PG Department of Commerce at Kamla Nehru College for Women, Phagwara, organized an industrial visit to Sukhjit Mega Food Park, Rehana Jattan, on **May 7, 2025** for BBA students. Coordinated by Ms. Simranjeet Kaur Walia, around 26 students attended the visit to gain practical insights into the food processing industry. The management team, including Mr. Ram Kumar Saini (GM), Mr. Vishal Joshi (Quality Head), Mr. Kuldeep Singh (Safety Officer), and others, guided students through sessions on quality control, safety measures, HR practices, and overall industrial operations. Mr. Dhiraj Sardana, President of Sukhjit Starch Mill, motivated students to excel in academics and careers. The visit was highly appreciated and provided valuable practical exposure.

**SCHOLARSHIPS 2024-25**

Various types of scholarships are provided to support students in need, offering financial assistance to help them to pursue their education which is as follows:

- The amount of **Rs.35,60,233/-** scholarship was given to students under **Post Matric Scholarship scheme for SC students**.
- Total amount of **Rs.954700--** as **Fee Concession** given to first year students of various degree programs.
- Under **National Scholarship Program (NSP)**, many students got **Rs. 90,000/-** amount of scholarship.
- The Charanjit Singh Bassi Memorial Trust, in collaboration with **Blood Bank Phagwara**, awarded **Rs. 67,500/-** in scholarships.
- The amount of **Rs. 277880 /-** was given to needy students under **Muslim Scholarship scheme**.
- The amount of **Rs. 30,000, 00 /-** was given by Kiran Arya
- Rs. 15000 Fatherless concession
- Rs. 8000 Sister concession
- Rs.5100 by Meet Kocher
- Rs. 15000 by Singla Medical

### **Kaushlam: Inter-School Competition by Admission Committee**

On November 19, 2024, the Admission Committee organized “Kaushlam: Inter-School Competition” under the leadership of Principal Dr. Savinder Pal. The event saw 246 students from 22 schools participate in activities like Folk Song, Debate, Collage Making, Ad Mad Show, Cartooning, Cooking Without Fire, Trash to Treasure, Creative Make-up, and Instagram Reel Making. Swami Sant Das Public School, Phagwara won the overall trophy, followed by Kamla Nehru Public School. Chief Guest Ms. Anupam Kaler and Special Guest Advocate Kumud Sharma appreciated the students,

### **Fashion Show: Faizaan-e-Nazar**

The Fashion Designing Department of Kamla Nehru College for Women, Phagwara, organized Faizaan-e-Nazar on March 22, 2025, with renowned fashion designer Ms. Nidhi Sardana as the Chief Guest. Students showcased their creativity through designer dresses and a faculty modeling round. The event was judged by Ms. Sarbjeet (Saini Boutique) and Ms. Daljeet Kaur (Darj Boutique).

Winners included Omika Kaushal (1st, modeling), Sukirti Sharma (2nd), Muskanpreet Kaur (3rd), and top performers in designer rounds were Amandeep Suman, Namisha, Jashandeep Kaur, Jannat, Jasdeep, Palak, Hanisha, Anamika Sharma, Jeevan Jyoti, and Kavita. The Chief Guest and Principal Dr. Savinder Pal appreciated the department's efforts and encouraged students to actively participate for holistic growth.

### **Fresher and Farewell**

- On 3<sup>rd</sup> August, 2024, *Fresher's Party and Talent Hunt* Competition were organised. where students showcased dance, songs, bhangra, and modelling; **Harnoor** was crowned Miss KNC Fresher, **Riya** and **Shamni** were 1st and 2nd Runner Up, **Srishti** and **Nazia** received Miss Confident and Miss Graceful, while in Junior College, **Radhika** was Miss KNCJC Fresher, **Shaffi** and **Kamia** were 1st and 2nd Runner Up, and **Jessica** and **Naina** received Miss Confident and Miss Elegant.
- Department of Computer organized a grand farewell for the outgoing batch on April 24, 2025, featuring a modelling show, cultural performances, fun games, and a PowerPoint presentation of memories. Aditi Kwatra was crowned Miss KNCW, Sukirti was First Runner-Up, Omika Second Runner-Up, Naman received Miss Confident, Arshpreet Miss Beautiful Dress, and Himanshi Miss Beautiful Smile. The event concluded with a Bhangra performance, a heartfelt speech by Himanshi, and lunch for all participants.

### **Publications**

<b>Faculty Name</b>	<b>Designation</b>	<b>Title of Book/Journal</b>	<b>Chapter Published</b>	<b>Year</b>
Dr. Savinder Pal	Principal		ਗੁਰੂ ਨਾਨਕ ਦਾ ਵਿਦਿਆਕ ਚਿੰਤਨ ਅਤੇ ਨੈਸ਼ਨਲ ਐਜੂਕੇਸ਼ਨ ਪਾਲਸੀ 2020 Page no 18-24	
		Shaping and empowering young Minds through Religious and Ethical Approaches		

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		<ul style="list-style-type: none"> <li>• Viksit Bharat @2047: Strategies For Self-Reliance Especially Women Empowerment</li> </ul>	ISSN:2581-5830	
Ms. Priyanka Ms. Isha Bhardwaj (Assistant Professor in Physics	(HOD and Assistant Professor in Mathematics)	<ul style="list-style-type: none"> <li>• Numerical Techniques in Mathematical Physics. Bangalore: HSRA Publications;</li> <li>• Shaping and empowering young Minds through Religious and Ethical Approaches</li> </ul>	ISBN: 978-93-6850- 691-1	2025
Ms. Pinky	Assistant Professor in Science	Green Chemistry: Solutions for a Cleaner Future		
Ms. Tunish Dr. Swapnil Singh (Assistant Professor in Botany)	Assistant Professor in Zoology)	Introduction to Animal and Plant Physiology ISBN: 978-93-6850-038-4		2025
Dr. Priyanka Ari	Assistant Professor in Home Sc.	<ul style="list-style-type: none"> <li>• International Journal of advance and appllied research entrepreneurshi p in Women</li> </ul>	ISSN No 2347-7075	Feb. 2025

		Empowerment in rural areas		
Ms. Samreen Begum	Assistant Professor in English	Thrifting for tomorrow: Sustainable dressing in youth culture in Jalandhar and Phagwara		
Ms. Subhashmita Sahu	Assistant Professor in Phy.Edu. Deptt.	The role of Physical fitness programs in achieving a Vikshit Bharat: A meta analysis of health, social and cultural benefits		
Dr. Tavisha	Assistant Professor in Botany	Environmental policies and public behaviour		
Ms. Swati and Ms. Hardeep	Assistant Professor in Computer Science	A survey on Cyber Security awareness among college students		
Ms. Swati		Viksit Bharat @2047: Strategies For Self-Reliance Especially Women Empowerment	ISSN:2581-5830	
Dr. Gurpreet Kaur	Assistant Professor in Punjabi	□□□□□□ □□□□□□ □□□□		
S. Harjinder Singh	Assistant Professor in Punjabi	□□□□□□ □□□□□ □□□□□□ □□□□ □□□□□ □□□□□ □□ □□□□□□		
Dr. Kamlesh	Assistant Professor in History	□□□□ □□□□ □□ □□□□ □□ □□□□ □□. □□□□□ □□□□ □□□□ □□□□		

## **FACULTY NEWS**

- Dr. Savinder Pal, Principal, KNCW, Phagwara, participated in the two-day International Conference on “Excellence in Higher Education: Leading with Vision & Impact,” held on February 7–8, 2025, at Udayana University, Bali, Indonesia. During the conference, she presented an article titled “Shaping and Empowering Ethical Approaches.”
- Dr. Savinder Pal, Principal, KNCW, Phagwara, in recognition of her dedication, perseverance, and commitment to health and well-being, successfully completed the 30-day fitness challenge and received a Certificate of Appreciation on April 4, 2025.
- Dr. Savinder Pal, Principal, KNCW, Phagwara, participated in the Second International Conference on “Sri Guru Granth Sahib: Multidisciplinary Perspectives” held on November 7–8, 2024, at Shri Guru Granth Sahib World University, Fatehgarh Sahib.
- Dr. Savinder Pal, Principal, KNCW, Phagwara, attended the 55th session of the Punjab History Conference from April 25–27, 2025, and presented a paper entitled “Shri Guru Har Rai Ji: Sikh Dharma de Vikas vich Deen.”
- The National Edutrust of India awarded the Eco Visionary Certificate to Dr. Savinder Pal, Principal of Kamla Nehru College for Women, Phagwara, in recognition of her dedication to environmental sustainability. The seven-day environmental challenge has laid the foundation for a greener future.”
- The National Edutrust of India awarded the Eco Visionary Certificate to Dr. Savinder Pal, Principal of Kamla Nehru College for Women, Phagwara.
- The National Edutrust of India awarded the Eco-Friendly Certificate to Kamla Nehru College for Women, Phagwara.
- The Govinda Education Society, N.M.D. College of Arts and Commerce, Gondia, presented a token of appreciation to Principal Dr. Savinder Pal for her valuable contribution and dedicated service as a Member of the NAAC Peer Team.
- Principal Dr. Savinder Pal was honored with an award by Radio Folk and Beats 88.4 MHz and Kalyan Sewa Samiti, Phagwara (KPT) in recognition of her exemplary leadership and valuable contribution to the field of education.
- “The National Edutrust of India awarded the Eco Visionary Certificate to Dr. Savinder Pal, Principal of Kamla Nehru College for Women, Phagwara, in recognition of her

dedication to environmental sustainability. The seven-day environmental challenge has laid the foundation for a greener future.”

- On 15 July 2024, Dr. Sudhamani Sood participated as a Resource Person in an online Sahityik Kavya Goshti organized by Vyangmay Kshitij Ek Sahayatek Upvan (Registered), Punjab.
- On 20 July 2024, Dr. Sudhamani Sood contributed as a Resource Person in an online Sahityik Goshti organized by Mahila Kavya Manch Kapurthala Ikai.
- On 17 August 2024, Dr. Sudamani Sood again participated as a Resource Person in an online Sahityik Goshti organized by Mahila Kavya Manch Kapurthala Ikai.
- On 14 September 2024, Dr. Sudhamani Sood was invited as a Resource Person in a Sahityik Goshti jointly organized by the Hindi Vibhag Club and Mahila Kavya Manch Kapurthala Ikai at Guru Nanak Bhai Lalo College, Phagwara.
- On 24-09-2024 Dr. Priyanka Aeri participated in the orientation workshop organized by ECO-Club In-charges, GNDU, Amritsar.
- On 30 September 2024, Dr. Sudhamani Sood participated as a Resource Person in an online Sahityik Kavya Goshti organized by Vyangmay Kshitij Ek Sahayatek Upvan (Registered), Punjab.
- NSS Programme Officer Ms Nidhi Jassal selected as Contingent Leader of Punjab for North Zone Pre-Republic Day Parade Camp (14–23 Oct 2024) at Vivekananda Global University, Jaipur, and honored for her exemplary leadership
- On 23-10-2024 Dr. Priyanka Aeri did judgement of ‘Sahodaya Inter School Dry Flower Arrangement Competition’ held at Sacred Heart Public School, Kapurthala
- Awards / Recognitions / Any Other Academic: 01; Awarded Green Guide Certificate by National EduTrust of India, registered under the Ministry of Micro, Small and Medium Enterprises, Government of India, in recognition of guidance and support during the 07-Day Environment Challenge conducted in February 2025.
- On 05-03-2025 Dr. Priyanka Aeri received “Green Guide Certificate” award.
- On 04-04-2025 Dr. Priyanka Aeri got **Certification of Appreciation** for completing **30 days Fitness** Challenge organized by National EduTrust of India Registered under Ministry of Micro, Small and Medium Enterprises, Govt. of India

- On 30 /12/ 24 to 4/1/ 25 Dr. Priyanka Aeri Participated in an online National Level faculty development program entitled ‘Exploring use of AI tools in research’.
- On 07-02-22025\_Dr. Priyanka Aeri participated and presented research paper in one Day National Conference on Opportunities and Challenges in Women Entrepreneurship entitled “Entrepreneurship and Women Empowerment in Rural Areas in National Conference
- Dr. Priyanka Aeri participated and presented research paper in one Day National Seminar organized by G.H.G. Khalsa college of Education, Gurusar Sadhar, Ludhiana sponsored by Indian Council of Social Science Research and presented her paper on “Promoting sustainable Practices and Environmental Consciousness through Higher Education”.
- Dr. Priyanka Aeri was awarded as Nodal Officer and got green guide certificate from National EduTrust of India for completing the challenge, setting a standard for environmental stewardship and commitment in Kamla Nehru College, Phagwara
- Ms. Khushi: Faculty Development Programmes (FDP): 01; Participated in the NEP 2020 Orientation & Sensitization Programme under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) Organized by Malaviya Mission Teacher Training Centre, Guru Nanak Dev University, Amritsar (Pb.) from 14.02.2025 to 22.02.2025

## **A bid adieu**

- A send-off party was organized on March 29, 2025, to honor **Dr. Gurpreet Kaur** for her 21 years of dedicated service. The event featured heartfelt speeches, a melodious song, and a PowerPoint presentation highlighting her memorable journey. Faculty and staff presented her with tokens of appreciation as a gesture of respect and affection.
- A retirement party was held in honor of **Mr. Kamal Dev**, Lab Attendant of the Computer Department, in recognition of his 22 years of devoted service. He was warmly welcomed by **Principal Dr. Savinder Pal** and **Vice Principal Dr. Ruminder Kaur**. The staff and students expressed their gratitude through songs, speeches, and gifts.

- A heartfelt farewell was organized to honor **Mr. Rakesh Kumar** on his superannuation. Having served the institution with sincerity and dedication since December 2000, he retired on **February 28, 2025**, after more than two decades of committed service.