

VOL- IV (JULY 2023 TO JUNE 2024)

# NEWSLETTER



KAMLA NEHRU COLLEGE FOR WOMEN, PHAGWARA  
NAAC Re-accredited Grade "A++"



Dear Readers,

I feel proud and ecstatic to bring the fourth issue of KNCW newsletter. This is a joint effort of our dedicated Faculty and Students. This issue is compendium of the activities and achievements of the college for the session 2023-24. I attribute this success to the blessings of the Almighty with inspiration and guidance from our committed and cooperative management committee.

Dr. Savinder Pal  
Principal



## Special Assembly and Induction Programme

On July 26, 2023, Kamla Nehru College for Women, Phagwara, organized an Induction Programme and Inaugural Ceremony to familiarize the students with the new college environment. A PowerPoint presentation highlighting the college's activities and departmental achievements was shown to the students. Dr. Savinder Pal, the College Principal while addressing the students, emphasized the importance of adhering to college rules and working diligently for success. She also introduced the faculty and non-faculty members. The ceremony concluded with the distribution of Laddus to the students.



## Block Printing Workshop

The Departments of Fashion Designing and Home Science organized One-day workshop on Block Printing on July 28, 2023. Madam Monika from the Fashion Designing Department gave a demonstration; where in 57 students from various departments participated enthusiastically. The workshop was both interesting and informative.



## Live Telecast of Akhil Bhartiya Shiksha Samagam

On July 29, 2023, students attended the live web telecast of the Akhil Bhartiya Shiksha Samagam, held at ITPO, Pragati Maidan, New Delhi, to celebrate the 3rd anniversary of NEP 2020. The event featured an inaugural address by Hon'ble Prime Minister Shri Narendra Modi. Approximately 200 students watched the telecast organized by the EBSB and NEP committees. The Prime Minister's inspiring speech motivated students to dream big and embrace challenges.



### Career Orientation Seminar and Interactive Session

On August 1, 2023 The Career Orientation Council and Placement Cell organized a seminar and interactive session wherein Dr. Varun Joshi, District Employment Officer, was the guest speaker. Dr. Joshi spoke on "Career Avenues under New Government Policies," providing valuable insights to students from professional degree courses such as BBA and B.Voc. He emphasized the importance of skill development and employability, while addressing challenges faced by students migrating abroad.



### Central Association Team

On August 2, 2023 The Central Association Team for the 2023-2024 Session has been formed to assist in maintaining discipline and managing related matters within the college. Out of 31 students who took the written exam, 19 were shortlisted for the interview. The final team included 15 members from the senior college and 5 from the junior college. Sharanpreet from B.Com Sem 5 has been appointed as Head Girl, Amanpreet Kaur as Vice Head Girl, Kanika as Secretary, Savita as Joint Secretary, Himanshi as Treasurer, and Priyanka as Joint Treasurer. The PRO team comprises Kritika, Prabhleen, Neha, Divya Sharma, Vidhi, Tanvi, Anamika, Arshpreet, Gurasis, Inderpreet, Simrandeep, Harnoor, and Manmeet.



### Teej Festival and Van Mahotsav

On August 5, 2023, the Departments of Punjabi, Science, and NSS celebrated a vibrant Festival of Teej and Van Mahotsav. The guests including R.J Pak Pak Deepak from Radio Mirchi, Ms. Manju Sardana, and Madam Jagjit were given warm welcome. The festivities began with a ribbon-cutting ceremony and a tree-planting activity. The fair featured a wide range of stalls offering games, cosmetics, mehndi, and phulkari items, drawing considerable interest. Students, dressed in colorful traditional attire, enjoyed cultural performances such as Giddha, folk songs, a skit, and a cultural quiz. R.J Pak Pak Deepak delivered a standout performance that captivated the audience. A pranda competition highlighted the event, with Sukirti, Riya, and Sharanpreet taking the top three positions. The titles "Shoukan Mele di" were awarded to Madam Hardeep Kaur Parmar and student Omil.



### National Librarian Day

On August 9, 2023, National Librarian Day was celebrated with a focus on the value of libraries. Jaskaran, a student from M.Com Semester 1, presented a PPT highlighting the importance of libraries. Ms. Ruby, the Library In charge, gave a detailed information about the resources and facilities available to students, aimed at enhancing learning and supporting education. The celebration emphasized the library's role in providing access to a wide range of books and reading materials in their educational journey.



### NSS Unit Launches "Meri Mitti Mera Desh" Campaign

From August 9 to August 15, 2023, the NSS Unit is celebrating the "Meri Mitti Mera Desh" campaign as a part of the 75 Azadi Ka Amrit Mahotsav, under the Ministry of Youth Affairs and Sports. NSS Programme Officers Dr. Lalit Kumar and Ms. Nidhi Jassal, along with NSS volunteers, in planted saplings at Chak Hakim village with the support of the village Sarpanch, Kulwinder Kumar. The volunteers also planted trees at the Government School, Dargah, and BR Ambedkar Park.



### Celebration of Quit India Movement Day

On August 1, 2023, under the guidance of the Principal, the History Department celebrated Quit India Movement Day as part of Azadi ka Amrit Mahotsav. The day featured activities such as poster making, a declamation contest, and poetical recitation. The top three entries in the poster-making competition were judged by Dr. Sudhamani Sood. Neha from BA Semester 3 secured the first position, Prahleen Kaur from BA Semester 1 got the second position, and Jaspreet Kaur and Shivani shared the third prize.



### Pot Decoration Competition on Independence Day

"Pot Decoration Competition" was held on August 14, 2023, on the occasion of Independence Day. The event was organized by the Department of Home Science and Fashion Designing in collaboration with EBSB and IQAC. Twenty students from various classes participated, decorated pots on the themes related to Independence. Jaspreet Kaur and Taranpreet Kaur from Diploma in Nanny Care and Nutrition Semester I won first and second places, respectively, while Neha from BA Semester I secured third place.



### Extension Lecture on the Role of Women in the Freedom Struggle

To commemorate the 76th Independence Day, the History and Political Science Departments organized an extension lecture on the role of women in the freedom struggle. The Principal highlighted the contributions of Punjabi women. Ms. Kamlesh, Head of the History Department, explained the 'Importance of Tiranga.' Students participated in patriotic songs, poetry recitations, and speeches. Seventy-three students attend and paid tribute to the martyrs who sacrificed their lives for the cause of independence.



### Celebration of 'Har Ghar Tiranga'

The NSS unit and NCC wing celebrated 'Har Ghar Tiranga' from August 13 to 15, 2023, as part of Azadi ka Amrit Mahotsav. An awareness rally was held, and students took selfies with the Tiranga. The Principal explained the importance of the Tiranga as it is a symbol of pride, honor, and freedom, and commended the efforts of Dr. Lalit Kumar, Ms. Nidhi Jassal, and Dr. Palwinder Kaur for organizing the event.



### Independence Day Celebration under 'Meri Maati Mera Desh' Campaign

From August 9 to 15, 2023, the NSS unit celebrated Independence Day under "Meri Maati Mera Desh" campaign. Activities included sapling trees at Chak Hakim village, Government Middle School, and BR Ambedkar Park, were conducted. The event featured a Panch Pran Pledge, a patriotic song competition, and a rally under the 'Har Ghar Tiranga' campaign, where students took selfies with the Tiranga. The celebration concluded with the Principal hoisting the National Flag, followed by the National Anthem.



### 'Swachhta Abhiyan' Cleanliness Drive

On August 18, 2023, the NCC Wing conducted a 'Swachhta Abhiyan' cleanliness drive under the leadership of the Principal, following guidelines from the 8 Punjab Battalion, Phagwara. The NCC cadets cleaned various areas and parks of the college.



### Anti-Ragging Week Celebration

From August 12 to 18, 2023, Anti-Ragging Week was celebrated, following UGC guidelines. It began with an orientation program on August 12, where the Principal advised students against ragging. On August 16, the Anti-Ragging Committee held a poster-making competition. Harshita of BBA Semester I won first place, Jasmine Saini got second, and Navjot Kaur of B.Com I secured third, where as a consolation prize went to Parveen of B.Com Semester I. A special assembly on August 17 witnessed 600 students watching short films and TVCs on anti-ragging. On August 18, students took an oath to avoid ragging and help eradicate it.



### Poster Making Competition on "Meri Mitti, Mera Desh"

On August 14, 2023, the Fine Arts Department organized a poster-making competition on the theme "Meri Mitti, Mera Desh" under the guidance of the Principal. Twenty-five students participated, showcasing various artistic posters. Gurasis Kaur (Class 12) and Rehana Khatoon (BA Semester 3) won first place, while Khushi and Nisha Raj (BA Semester 1) and Kashish Mehra (+2) took second place. Mannat, Swarnajeet, and Simran Minhas (+1) secured third place. Amanpreet (+2) and Sukhman Kaur (+1) received consolation prizes. Dr. Priyanka Aeri from the Home Science Department judged the competition. The college Principal commended the efforts of Dr. Sudhamani Sood and encouraged her to hold such activities in future also to enhance students skills.



## World Entrepreneurs Day Celebration

On August 21, 2023, the Post Graduate Department of Commerce, in collaboration with the Internal Assurance Cell, organized a special lecture on "Indian Entrepreneurs and Their Success Stories" to celebrate World Entrepreneurs Day. This event, aligned with initiatives by the Government of India and UGC, aimed to raise awareness about global entrepreneurial opportunities and inspire students to consider entrepreneurial ventures as a career choice. Ms. Aarti Sharma from the commerce department showed an enlightening PowerPoint presentation to students and faculty. The event concluded with encouraging words for students to develop new ideas and strive for self-reliance.



## Lecture on 'Swachh Bharat Mission'

On 24th August, under the guidance of the Principal, the "Ek Bharat Shreshta Bharat" club and "Green Audit" organized a special lecture during assembly to raise awareness about the 'Swachh Bharat Mission' initiated by the Government of India. Two representatives from the Municipal Corporation Phagwara visited and spoke to 625 students and teachers. Ms. Pooja explained how students can contribute to the mission and assisted them in completing an online survey. The students participated enthusiastically, demonstrating their commitment to preserving the environment.



## Fresher Party and Talent Hunt Program

On August 26, 2023, the college organized a 'Fresher Party' and 'Talent Hunt Competition.' The chief guest was presented a sapling, symbolizing environmental preservation. The event featured modeling, games, and a cultural presentation showcasing student's talent. The judges for the competition were Ms. Monika from the Fashion Designing Department and Ms. Priyanka from the Science Department. Jannat Nanda from B.Sc. Fashion Designing won the title of 'Miss Fresher,' Ankita was the 'First Runner-Up,' and Kritika was the 'Second Runner-Up.' Jashandeep and Jaspreet were chosen 'Miss Elegant' and 'Miss Charming,' respectively.



## Rakhi Making Competition

On August 29, 2023, the Departments of Home Science and Fashion Designing, in collaboration with IQAC, organized a "Rakhi Making Competition" for the Rakhi festival. About 30 students participated and displayed handmade Rakhis. Dr. Sudhamani Sood judged the event. Winners included Ms. Harleen Kaur (BCA 3rd Semester) and Ms. Muskan (B.Sc. 5th Semester Fashion Designing) in first place, Ms. Anamika Sharma (B.Sc. 5th Semester Fashion Designing) and Ms. Davinder Kaur (M.Sc. Fashion Designing Semester I) in second place, and Ms. Komal (B.Sc. Non-Medical) and Ms. Jannat Nanda (B.Sc. Semester I Fashion Designing) in third place. Consolation prizes went to Ms. Amanpreet Kaur (B.Sc. Computer Science) and Ms. Nisha (B.A. Semester I).



### Celebration of Janam Ashtami

On September 6th, the Birth Anniversary of Lord Krishna was celebrated with great enthusiasm. Amanpreet Kaur, Vice Head Girl, presented a PowerPoint on the day's significance, while Harnoor, Prabhjit, and Himani captivated the audience with a mesmerizing dance performance of Raasleelas. The event was attended by 612 students and 52 teachers.



### SEBI-Sponsored Workshop

From September 11th to 12th, a SEBI-sponsored workshop was organized by the PG Department of Commerce in collaboration with the Internal Assurance Cell. Dr. Jaswinder Kaur, a SEBI-authorized Securities Market Trainer, discussed security markets, investment opportunities, and investment strategies. The workshop included an engaging online quiz, and about 60 commerce students participated enthusiastically. Dr. Jaswinder Kaur addressed all queries regarding investments and provided valuable insights.



### Nutrition Week Celebration

From September 6th to 13th, the Department of Home Science celebrated Nutrition Week to promote the importance of a balanced diet. The event featured competitions of poster making, slogan writing, and debated, along with a skit by Diploma in Nanny Care and Nutrition students on healthy eating. Harpreet, Jaspreet, and Komal won the poster competition, while Kritika, Gagandeep Kaur, and Ankita excelled in slogan writing.



### Screen Printing Workshop

On 14th September, the Departments of Fashion Designing and Home Science held a one-day workshop on screen printing, where in Mr. Ashwani Khosla from Amritsar demonstrated techniques and shared valuable insights with 37 enthusiastic students. The workshop was both engaging and informative.



### Hindi Diwas

From 12<sup>th</sup> to 14<sup>th</sup> September 2023, a series of Hindi competitions were held to celebrate Hindi Diwas. Students actively participated in various events, including Poetry recitation, Speeches and Knowledge contests. Several students were awarded for their outstanding performances. The event concluded with the Principal Commending Hindi as a language of the heart and congratulated the Hindi department and students for their efforts.



### Visit by Brig. Ajay Tewari and Commanding Officer NS Sidhu

On September 14th, Brig. Ajay Tewari and Commanding Officer NS Sidhu visited the college. They interacted with the Principal and NCC cadets, and highlighted the benefits of joining NCC. Brig. Tewari encouraged cadets to pass the 'B' and 'C' certificate exams, participate in nation-building activities, and further emphasized the importance of commitment, dedication, and discipline. The session concluded with an interactive discussion, inspiring both students and staff. Dr. Priyanka Aeri expressed heartfelt gratitude to the guests.



### Manav Seva Sankalp Diwas

On September 20th, the NSS unit, along with the Departments of Punjabi, Psychology, and Botany, observed 'Manav Seva Sankalp Diwas' to mark the death anniversary of Bhai Ghanaiya. The event featured a talk by Pravjit on Bhai Ghanaiya's life and service, a drug awareness documentary, and competitions in poster making and slogan writing competition. About 100 female students participated, and the event highlighted Bhai Ghanaiya's selfless service and inspired future constructive activities.



### NSS Day Celebration

On NSS Day, an extension lecture on 'Importance of NSS' was held, where in Dr. Lalit Kumar was the keynote speaker emphasized the NSS motto "Not Me but You" and encouraged active participation of the students. Ms. Nidhi Jassal discussed the significance of teamwork and the NSS logo, the 24 hours of a day. The event underscored the role of such activities in fostering civic responsibility. The program was well-received and praised for its impact.



### Gandhi Jayanti Celebration

In observance of Gandhi Jayanti and the 'Swachhata Hi Sewa Hai' campaign, the NSS unit conducted various activities from September 15 to October 2, 2023 including a cleanliness drive, poster making, rallies, and a seminar on waste management. On October 1st and 2nd, volunteers focused on cleaning the campus and surrounding areas. The event highlighted Gandhi's ideals of cleanliness and self-reliance, and the efforts of the program officers were appreciated.



### Free Eye Checkup Camp

On October 4, 2023 free eye checkup camp was organized in collaboration with Inner Wheel Club and Dr. Eye Care Hospital. The camp provided eye examinations, free spectacles, and eye drops to over 500 students and 50 staff members. The event successfully addressed common eye problems and supported those in need.



### Extension Lecture on Menstrual Hygiene

An extension lecture on menstrual hygiene was held on October 5th, 2023 where in Dr. Seema Rajan was the keynote speaker. The session aimed to raise awareness and dispel myths about menstrual health. Additionally, the Inner Wheel Club distributed sanitary napkins to 200 students, further supporting the initiative.



### Extension Lecture on Drug Abuse

On October 6th, 2023 an extension lecture on drug abuse was conducted, focusing on the role of educational institutions in prevention. Dr. Neeti discussed the impact of family, school, and extracurricular activities on drug prevention and overall student well-being. The event was well-received by 75 students.



### Parent-Teacher Meeting

On October 7th, 2023 Parent Teacher Association conducted a meeting with parents. The event included a review of mid-term results and attendance records, with a new Parents Association formed. Refreshments were provided, and the PTM Committee, led by key members, ensured smooth interactions between parents and the college.



### College Excels at Zonal Youth Festival

The college was the first runner-up trophy at the Zonal Youth Festival organised by Guru Nanak Dev University, competing against 17 colleges. The college participated in 22 events, achieving first place in five categories, including Giddha, Kavishri, and Photography. It also secured second place in five categories such as On-the-Spot Painting and Clay Modelling, and third place in Group Shabad, Collage, and Quiz. This recognition highlighted the college's diverse talents and successful preparation for the festival.



### Commerce Students Visit IDBI Bank

On October 21, 2023 PG Department of Commerce organized a visit to IDBI Bank for 28 B.Com. Students. Accompanied by faculty, students learned about banking operations, including NEFT/RTGS, cheque processing, and KYC norms. The visit provided valuable practical insights into banking procedures.



### Extension Lecture on Banking History

The PG Department of Commerce organized an extension lecture on October 27, 2023 focusing on the "History of Banking and Role of Regulatory Bodies." Deepak Batra, Branch Manager of IDBI Bank, provided an in-depth look at banking functions. The session was well-attended by 80 students from various programs.



### Educational Trip to Patiala

On October 26, 2023 PG Department of Commerce organized a trip to Patiala for 49 students. The visit included historical and recreational sites such as Gurdwara Dukhnivaran Sahib, Punjabi University, Kali Mata Mandir, and Fun World. The trip was an amalgamation of educational and recreational experiences.



### Anti-Drug Activity

On October 27, the Buddy Group hosted an anti-drug activity, engaging 30 students in creating awareness posters. The initiative emphasized staying drug-free and seeking support from family for any life challenges. The activity aimed to promote a healthy, drug-free lifestyle among students.



### National Unity Day Celebrations

On October 31, National Unity Day was observed with various activities, including poster making, slogan writing, and a "Run for Unity." Around 150 students participated, and a presentation highlighted Sardar Vallabhbhai Patel's role in Indian integration. The event focused on unity and patriotism, with students and teachers pledging to uphold Patel's principles.



### Scholarship Distribution Ceremony

On October 31, 2023, the Charanjit Singh Bassi Memorial Trust, in collaboration with Blood Bank Phagwara, awarded Rs. 57,120 in scholarships to 32 students. Savita, Tanvi, and Akanksha expressed gratitude on behalf of the recipients. College officials thanked the Trust and Blood Bank for their support.



### Punjab Day Celebration

From October 27 to November 1, 2023, the Punjabi Department celebrated 'Punjab Day' with activities like word combination, Gurmukhi script writing, and a speech competition. Jasveer and Priyanka Sandhu won first place in the word combination competition, while Parveen Kaur and Jaspreet Kaur took second and third. In the Gurmukhi script competition, Jasveer Kaur, Kiran, and Maninder Kaur secured the top three positions. Kamal gave a speech on Punjab Day. Prizes were awarded to the winners.



### Industrial Visit to Sukhjit Mega Food Point

On November 2 and 3, 2023, the PG Department of Commerce organized an industrial visit to Sukhjit Mega Food Point for BCom Sem 1 and BBA students. About 70 students, divided into two groups, visited the plant with their teachers. Mr. Rahul, the quality manager, guided them through the production and processing plants, enhancing their practical knowledge.



### Fit India Swachhata Run 4.0 Campaign

From October 1 to October 31, 2023, the NSS Unit and Department of Sports organized activities for the 'Fit India Swachhata Run 4.0' campaign. Volunteers participated in games, yoga, and a run, promoting physical and mental health. Students were encouraged to adopt healthy eating habits.



### Vigilance Awareness Week

From October 30 to November 5, 2023, the Legal Literacy Cell and Buddy Group celebrated Vigilance Awareness Week with the theme "Corruption-Free India for a Developed Nation." Around 450 students took a pledge to follow the law and act with honesty and transparency. The event emphasized vigilance and integrity.



### National Cancer Awareness Day

On November 7, 2023, the NSS Unit and Department of Science held a Poster Making and Slogan Writing Competition for National Cancer Awareness Day. Around 80 students participated.



### Diwali Celebration at Old-Age Home

On November 8, 2023, the NSS Unit and Rotaract Club visited Guru Nanak Mission Blind and Old-age Home to celebrate Diwali. Students gifted clothes, distributed eatables, and interacted with the residents.



### Green Diwali Carnival

A Green Diwali Carnival was organized by various departments, featuring Chief Guest Mrs. Nidhi Sardana. Students showcased handmade products like diyas, chocolates, and candles. About 500 attendees enjoyed the event, boosting young entrepreneurs' confidence.



### Inter-School Competition

On November 22, 2023, an Inter-School Competition saw participation from over 167 students from 11 schools. Events included Best out of Waste, Cooking without Fire, Hair Style, Eye Makeup, Poster Making, Collage Making, Solo Song, Science Models, and Rangoli. Guest performances and a presentation on college activities were also featured.



### Constitution Day Celebration

On November 28, 2023, the NSS Unit, History, and Political Science departments celebrated Constitution Day with a lecture by Dr. Rinka on the Indian Constitution. About 75 students attended, participating in a Poster Making competition and a pledge ceremony.



### World AIDS Day

On December 1, 2023, the NSS Unit and Department of Science organized a Poster Making Competition to celebrate World AIDS Day. About 70 students participated. The event aimed to educate students about HIV transmission risks and the importance of preventive measures, raising awareness about HIV/AIDS.



### Book Donation Month

In November 2023, the college library committee and Internal Quality Assurance Cell celebrated Book Donation Month. The event promoted reading and knowledge sharing, with 20 teachers and 18 students donating 43 books. Donated books were displayed in the library.



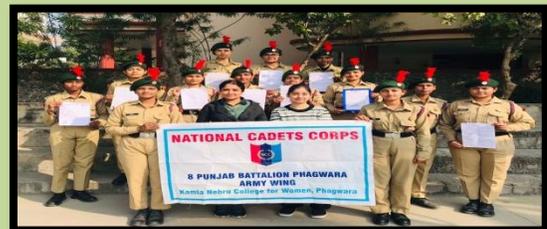
### Fit India Week Celebration

From December 1 to 7, 2023, the NSS Unit, Sports Club, and Science Department celebrated Fit India Week with activities such as an Extension Lecture on Balanced Diet, AIDS Day, Recreational Games, a 100-meter race, fitness exercises, and meditation. About 80 students participated.



### International Year of Nutritious Grains

From December 1 to 14, 2023, the NCC Wing celebrated the International Year of Nutritious Grains. Activities included an essay writing competition, a poster making competition, a rally, and a special lecture on various coarse grains. A cooking competition featuring these grains was also held, with 28 cadets participating.



### 7-Day NSS Camp

From December 24 to 30, 2023, a 7-day NSS camp was held, concluding with a closing ceremony on December 30. The chief guest, Mr. Kulwinder Kumar, was honored by the principal and other officials. The event included a cultural program and a presentation of camp activities. Awards were given to outstanding volunteers. The principal and chief guest commended the volunteers for their dedication and hard work. The camp ended with a vote of thanks and the National Anthem.



### National Youth Day Celebration

From January 12 to 16, 2024, the NSS Unit celebrated National Youth Day. Volunteers and program officers attended the online live telecast of the National Youth Festival, took an E-Pledge, and received E-certificates. They explained Swami Vivekananda's significance and the theme "Arise, Awake, and Realize the Power You Hold." Around 100 students participated in a poster-making competition, and students were encouraged to follow Swami Vivekananda's teachings.



### National Girl Child Day Celebration

On January 24, 2024, the NSS Unit and EBSB celebrated National Girl Child Day to raise awareness about girl child health. A PPT on "Nutrition and Women Health" was presented, highlighting the importance of a balanced diet and common women's health issues. A poster-making and slogan-writing competition was also organized with around 400 students participating. Efforts by the NSS Program Officers and EBSB in-charge were appreciated.



### National Voter's Day Celebration

On January 25, 2024, the Legal Literacy Cell and NSS Unit celebrated National Voter's Day with about 500 students from different schools attending. The chief guest, Sh. Som Parkash, addressed the students on the power of voting and its role in nation-building. Students took a pledge to vote responsibly and asked questions to the chief guest. A formal vote of thanks was extended to the distinguished guests, and the efforts of the organizers were appreciated.



### Republic Day

On January 26, 2024, the NSS Unit, NCC Wing, and EBSB celebrated Republic Day. The event began with the flag hoisting ceremony, followed by the National Anthem. Students sang patriotic songs, and the history and significance of the day were explained. The efforts of the program officers and organizers were commended for making the celebration successful.



### Basant Panchami Utsav

On 15th February 2024, Basant Panchami Utsav was celebrated with great enthusiasm, starting with Saraswati Puja. The event featured performances by the music department, a kite-making competition, and various contests organized by the Home Science and Fashion Designing departments. Winners were awarded in cooking, umbrella decoration, and Miss Basant competitions.



## International Mother Language Day

On 21st February 2024, the Punjabi Department celebrated "International Mother Language Day." Dr. Bhupinder Kaur and director S. Pritpal Singh were welcomed for a lecture and the play 'Bhasha Vehnda Dariya,' respectively. Dr. Kaur inspired students to respect and cherish their mother language. Vinni Bangar recited a related poem. The play, highlighting issues facing the Punjabi language, captivated the audience. The event concluded with expressions of gratitude and encouragement to support the development of their mother language.



## Faculty Development Program

On February 22, 2024, the Internal Quality Assurance Cell organized an FDP on "NEP: Transformative Reforms and Implementation in Higher Education." Dr. Mohinder Kaur Grewal, NAAC Assessor and Ex-Principal of GCW, Ludhiana, was the key resource person. She discussed the advantages of the New Education Policy 2020, highlighting its benefits for youth and the new India. About 60 faculty members attended the session.



## NSS Educational and Historical Trip

On 25 February 2024, NSS volunteers went on an educational and historical trip to Dastan-e-Shahadat, Chamkaur Sahib. The visit included immersive audio-visual presentations on Sikh history, the battles of Chamkaur, and the sacrifices of Sikh Gurus and their descendants. The trip, attended by 45 students.



## IT and Cultural Exploration Trip

On 29 February 2024, students from the PG Department of Computer Science visited Krescent IT Labs in Chandigarh, where they learned about various career opportunities in IT from industry experts. The trip also included visits to Sukhna Lake and Rock Garden, where students enjoyed nature and art. Around 40 students and faculty participated in this enriching experience.



## Inter-College Competition at HMV College, Jalandhar

On 1st March 2024, the science department attended an inter-college competition at HMV College, Jalandhar. Thirteen students participated in events like Debate, Poster Presentation, and Software Development. Manjot Kaur won first place in the Shutter Bug (Photography) competition. The event fostered creativity, critical thinking, and camaraderie among students.



## Aadhaar Card Updation Programme

On 2nd March 2024, an Aadhaar Card Updation programme was organized in collaboration with the Legal Literacy Cell. Around 35 students benefitted from this event aimed at updating students' Aadhaar card biometrics to ensure eligibility for scholarships.



### 37th Annual Sports Meet

On 2nd March 2024, the 37th Annual Sports Meet featured various games for students and staff, including races and tug-of-war. Around 263 students participated, and the event included cultural performances. The principal emphasized the importance of sports for health and congratulated the organizing team.



### Voter Awareness Activities by NSS Unit

On 4th March 2024, the NSS Unit organized voter awareness activities. Vice Principal Dr. Ruminder Kaur and NSS Programme Officer Ms. Nidhi Jassal educated students on voting rights and the enrollment process. About 70 volunteers participated, pledging to use their voting rights responsibly.



### 200th Birth Anniversary of Swami Dayanand Saraswati

On 7th March 2024, the History Department celebrated the 200th birth anniversary of Swami Dayanand Saraswati. Student Prabhleen Kaur highlighted Swami Dayanand's social contributions, and Shivani presented a poem. The principal praised Swami Dayanand's reformatory work. The event saw participation from 70 attendees.



### Annual Fete at KNCW

On 9 March 2024, the Annual Fete 2024 was celebrated with enthusiasm. Mrs. Poonam Puri, a Member of the College Management Committee, was the Chief Guest, and special guests included Madam Bhupinder Kaur and Madam Meet Kocher. The event featured a variety of food stalls, games, and dance performances, attended by 600 students and staff. The fete concluded with a lucky draw, with prizes including an LED TV, microwave, and more. The organizers were congratulated for their successful event.



### Fashion Fiesta at KNCW

On 14 March 2024, the Fashion Designing Department organized Fashion Fiesta, showcasing students' talent through a fashion show. The Chief Guest, Ms. Nidhi Sardana, applauded the efforts of the participants. Kavita and Kritika won the titles of Best Designer and Best Model, respectively. The event highlighted the department's hard work and encouraged students to participate in more such activities.



### 34th Alumni Meet at KNCW

On 15 March 2024, the 34th Alumni Meet saw alumni expressing their emotions and reconnecting with friends and teachers. About 200 alumni attended, enjoyed nostalgic moments, and participated in activities organized by the Music Department. The event included a feedback session and concluded with a vote of thanks to the organizers.



## Convocation at KNCW

On 16 March 2024, the 48th convocation awarded degrees to 200 graduates and postgraduates, with 98 merit holders and youth festival winners also receiving prizes. Chief Guest Dr. Saroj Arora emphasized the importance of love, belief, and passion for success. Special awards were given, and faculty members were honored for their service. The event included cultural performances and concluded with words of encouragement.



## Employment Awareness Camp

On 19 March 2024, an Employment Awareness Camp was held in collaboration with the Employment Office, Kapurthala. Dr. Varun Joshi provided information on government employment schemes, subsidies, and self-employment. Mr. Rajesh Kumar discussed electoral rights. The camp included online employment registration and concluded with appreciation for the organizing team.



## Cyber Security Workshop

On 20 March 2024, a workshop on Cyber Security was organized in collaboration with Digital Safety Club (GGDSD College, Chandigarh). Dr. Rupinder Aulakh and Dr. Anirudh Joshi led the session, which included presentations, skits, and an interactive quiz. Over 600 students and 50 faculty members learned about cybercrime prevention.



## KNCW at Inter-College Competition of LKC, Jalandhar

On 20 March 2024, students excelled in various activities at an inter-college competition at LKC, Jalandhar. Manjot Kaur won first place in Poster Presentation, and other students secured top positions in multiple categories. The event fostered creativity, critical thinking, and camaraderie among participants.



## Voting Awareness Program by Legal Literacy Cell

On 22 March 2024, the Legal Literacy Cell organized a Voting Awareness Program under the direction of SCERT. A seminar was held for teachers, providing information on the importance of voting and proper use of voting rights. About 50 teachers participated.



## NSS and Music Department Commemorate Martyrs

On 23 March 2024, the NSS Unit and Music Department commemorated the death anniversary of Shaheed Bhagat Singh, Shivaram Rajguru, and Sukhdev Thapar with a poster making and patriotic song competition. A rally with the slogan 'Inquilab Zindabad' was also held. Around 100 volunteers attended.



## NCC Wing's Cleanliness Drive

On 23 March 2024, the NCC Wing conducted a cleanliness drive at Shaheed Bhagat Singh Park, Phagwara, in line with the 8 Punjab Battalion guidelines. Cadets cleaned various areas and learned about Bhagat Singh's legacy.



### Tribute to Martyrs by Legal Literacy Cell and Bhagat Singh Society

On 23 March 2024, the Legal Literacy Cell and Bhagat Singh Society held a "Tribute to Martyrs" program. Students presented on the lives of Bhagat Singh, Rajguru, and Sukhdev, and the Jallianwala Bagh Massacre. Poems, speeches, and a poster competition highlighted the event, attended by around 400 students and teachers.



### Workshop on Solution Focused Brief Therapy

On 28 March 2024, the Psychology Department organized a workshop on Solution Focused Brief Therapy (SFBT) with Mr. Saurabh Lohia as the trainer. He covered therapy techniques, legal aspects, and career paths. Around 50 students participated, engaging in Q&A.



### World Consumer Rights Day

On 3 April 2024, the PG Department of Commerce observed World Consumer Rights Day with a presentation on consumer rights and grievance mechanisms by Ms. Shivani Malhotra. A Nukkad Natak directed by Ms. Aarti Sharma and a speech by Ms. Sanjna Walia highlighted consumer protection. About 100 students attended.



### Quiz Competition by Home Science Association

On 4 April 2024, the Home Science Association organized a quiz competition on Therapeutic Diet. Three teams from the Diploma in Nanny Care and Nutrition program participated. The event was well-received, with commendations for the students' involvement.



### Research Presentation at Global Congress

On 5 April 2024, Rajeev Kumar presented his research on bio control using weed leaf extracts at the GPB 2024 in Singapore. His work on combating plant pathogens with natural substances highlights advancements in sustainable agriculture.



### Workshop on Cosmetology

On 5 April 2024, the Department of Cosmetology held a workshop led by Ms. Bindu Kohli on Face Yoga, healthy food, and skincare. Around 80 students participated, learning to make their own skincare products. The workshop was praised for its practical insights.



### Home Science Camp at Pandwa

On 6 April 2024, the Home Science Association organized a one-day camp at Pandwa Village. The event provided valuable guidance on nutrition, immunization, breastfeeding, and healthy diet practices. Sanitary napkins were also distributed to enhance community welfare.



### School Visit by Home Science Association

On 7 April 2024, the Home Science Association conducted a visit to Shri Guru Ravidass Model School in Pandwa Village. This initiative allowed students to participate in storytelling, poetry recitations, and various recreational activities with school children.



## Educational and Cleanliness Camp

On 8 April 2024, the NSS Unit organized an educational camp at Village Chak Hakim, focusing on menstrual hygiene and healthy diet. A cleanliness drive was also carried out on campus. Approximately 50 NSS volunteers participated in this initiative.



## Extension Lecture on Communication Skills

On 9 April 2024, the Department of English hosted an extension lecture on "Communication Skills," delivered by Ms. Malika. The session highlighted the importance of effective communication in both professional and personal contexts.



## Workshop on Improving Emotional Strength

On 9 April 2024, the Department of Psychology conducted a workshop on "Improving Emotional Strength" with Dr. Pragathi Sulekha. The workshop provided strategies for maintaining mental stability and included the distribution of the book "Hopeful Stories for a Healthy Mind" to approximately 700 participants.



## Dr. B.R. Ambedkar Birth Anniversary Celebration

On 10 April 2024, the Caste Based Discrimination Prevention Cell and Buddy Group celebrated the birth anniversary of Dr. B.R. Ambedkar. The event featured a documentary on his life and contributions, with around 100 students in attendance.



## Industrial Visit to Sleek Value Station

On 10 April 2024, the Department of Fashion Designing organized an industrial visit to Sleek Value Station, Hoshiarpur. Students gained insights into fabric construction and garment methodologies, enhancing their practical skills.



## Jallianwala Bagh Massacre Remembrance

On 15 April 2024, an event titled "Re-visit the Martyrs of the Jallianwala Bagh Massacre" was held. The program included a lecture by Ms. Kamlesh and a poem recited by Ms. Preeti, honoring the martyrs. Approximately 50 students participated in the remembrance.



## Placement Fair

On 16 April 2024, the Career Orientation Council and IQAC organized a Placement Fair. The event featured Dr. Varun Joshi and industry experts who provided guidance on career opportunities. Around 105 students attended the fair, receiving valuable insights into various job roles.



## Visit to Apahaj Ghar

On 18 April 2024, the NSS Unit, C.A. Group, Buddy Group, and Joint Hands Club organized a visit to Apahaj Ghar. Students donated clothes, food, sanitary products, and medicines to the residents, fostering empathy and compassion.



## Community Development Program

On 19 April 2024, a community development program was conducted, led by the Eco Club and Buddy Group. The initiative included educational outreach on menstrual hygiene and a tree plantation drive in Khurampur village. Approximately 200 sanitary napkins were distributed, and trees were planted at a local school.



## Voter Awareness Campaign

On 20 April 2024, the NSS Unit, in collaboration with SVEEP, organized a Voter Awareness Campaign. The event featured a short film and an ECI song on voting rights, with around 80 students and faculty participating. The campaign aimed to educate attendees on responsible voting practices.



## Workshop on Kitchen and Water Therapy

On 29 April 2024, a workshop on "Kitchen and Water Therapy" was organized by the NSS Unit, ECO Club, and Red Ribbon Club. Mr. Sanjeev Mehra of Fortunatar and his assistant demonstrated the impact of various liquids on the digestive system and advised on using stone therapy for purer water. Approximately 100 attendees, including students and staff, participated in the session.



## Extension Lecture on Cervical Cancer Awareness

On 4 May 2024, an extension lecture on "Awareness on Cervical Cancer" was held in collaboration with Phulkari-Women of Jalandhar. Experts Dr. Parul Parhar and Ms. Pooja Arora discussed cervical cancer and other common cancers, emphasizing preventive measures and treatment options. About 100 attendees, benefited from the informative session and PPT presentation.



## World Laughter Day Celebration

On 8 May 2024, World Laughter Day was celebrated with a workshop on "Music Therapy for Relaxation," organized by the NSS Unit and Department of Music. The workshop featured laughter exercises and music therapy techniques aimed at reducing stress. Participants, including non-teaching staff, found the session relaxing and rejuvenating.



### Community Development Initiative by NSS and NCC

On 24 May 2024, the NSS and NCC units launched a summer program focused on community engagement. A 'Shabeel' event was organized, offering cool drinks to locals, with active participation from students and faculty, promoting civic duty and social responsibility.



### Discussion on New Education Policy and Admission Portal

On 31 May 2024, a session was held to discuss the New Education Policy and admission procedures. The PG Department of Commerce explained the new 4-year undergraduate degree program by Guru Nanak Dev University. The Computer Science Department clarified the online admission process, especially for Humanity Group students, with positive feedback from attendees.



### World Environment Day

On 5 June 2024, the NSS and NCC units organized a 'Poster Making and Slogan Writing Competition' on the theme 'Save Environment'. A rally was also conducted to raise environmental awareness, with about 60 students participating. Faculty encouraged adopting eco-friendly practices to protect nature.



### Two-Day Workshop on Online Admission Portal

On 6th and 7th June 2024, a workshop was conducted to train administrative staff on the GNDU online admission portal. The session covered student registration, document upload, and fee payment. It was a valuable learning experience for the attendees.



### International Yoga Day

On 21 June 2024, NSS, NCC, and the Physical Education Department celebrated "International Yoga Day" to promote mental and physical health. Various yoga asanas were performed by students under faculty guidance, highlighting the importance of incorporating yoga into daily life.



### Skill-Based Course in Computerized Accounting

On 24 June 2024, the PG Department of Commerce initiated a 30-hour course on computerized accounting, focusing on Tally and CATPRO software. Nearly 20 students enrolled, receiving hands-on training to enhance their practical accounting skills, bridging the gap between academic knowledge and industry demands.



### Leadership Development Among NCC Cadets

On 28 June 2024, NCC cadets were encouraged to attend various camps to develop leadership and other essential qualities. About 21 cadets attended the CATC-32 camp at LPU, Jalandhar, and some were selected for the TSC camp at DAV Jalandhar, continuing to hone their skills in ongoing camps.



## **Membership of Academic Council & Board of Studies (2022-24)**

- Dr. Savinder Pal appointed as the member of the Academic Council for Sports GNDU, Amritsar
- Dr. Ruminder Kaur appointed as the member of Faculty of Languages and Board of Studies (UG) GNDU, Amritsar
- Ms. Aman Lata appointed as the member of Faculty of Languages GNDU, Amritsar
- Dr. Neeti appointed as the member of Board of Studies in Psychology GNDU, Amritsar
- Mr. Naval Kishore Dogra appointed as the member of Faculty of Computer Science GNDU, Amritsar
- Dr. Sudhamani Sood appointed as the member of Faculty of Performing arts and Visual Arts GNDU, Amritsar
- Dr. Rinka appointed as the member of Faculty of Political Science GNDU, Amritsar
- Ms. Manvinder Kaur appointed as the member of Faculty of Botanical and Environmental Sciences GNDU, Amritsar
- Ms. Harmeet Kaur appointed as the member of Faculty of Home Science GNDU, Amritsar
- Ms. Geeta Sharma appointed as the member of Faculty of Home Science GNDU, Amritsar
- Dr. Priyanka Aeri appointed as the member of Faculty of Home Science GNDU, Amritsar
- Ms. Monika appointed as the member of Faculty of Home Science and Board of Studies UG & PG GNDU, Amritsar
- Ms. Preeti Markhanda appointed as the member of Faculty of Languages GNDU, Amritsar

### **Newsletter committee**

**Swati  
Hardeep Kaur Parmar**