

Annual Report 2021-22

Kamla Nehru College for Women, Phagwara, dedicated to the noble cause of women education, is deeply indebted to its founding fathers who were educationists, visionaries and philanthropists, always working for the upliftment of the society. This institution was established in 1965 by such founders who had a noble objective of “Empowering women”.

The progress of the college has been possible because of the highly intellectual and hardworking ‘Presidents’ of the college managing committee-namely,

Late Sh. B.R Handa

Late Sh. B.K Sardana

Late Sh. B.D Sardana

Late Sh. I.K Sardana

Present President of KNC Group of institutions is Sh. Dhiraj Sardana.

Our heartfelt gratitude to all our founders-

Late Pt. Kishori Lal

Late Sh. Hans Raj Bansal

Late S. Pakhar Singh

Late Sh. Ram Kishan Uppal

Late Sh. Telu Ram Singh

Late Sh. Joginder Nath Joshi

Following Principals served this institution with great zeal and perseverance:

Mrs. Shakunta Srivastav

10-7-1965 to 30-4-1971

Mrs. Shukla Ram Kumar

14-8-1971 to 30-9-1972

Mrs. Prem N. Kumar

01-7-1973 to 31-3-1997

Dr. Rita Bawa

09-7-1997 to 31-8-2000

Mrs. Kusum Verma

01-5-2001 to 31-10-2011

Dr. Kiran Walia

01-11-2011 to 24-12-2020

Dr. Savinder Pal

13-3-2021 to continue

The contribution of the enlightened faculty (Teaching and Non-

Teaching)

Since its inception the college faculty has been working painstakingly with a team spirit, and has been the main strength of the college in bringing it to its present prestigious position.

We are also fortunate to have a strong support system in the form of encouraging parents, a committed and cooperative management, The University Grants Commission and the University Fraternity.

Our alma mater at present:

This college, which was set up with a meager strength of 70 students, has progressed by leaps and bounds since its inception and now current scenario has earned the college the privilege of being highly ranked among the foremost women educational institutions of the region. The college is a premier, multi- faculty institution, proud to work under the academic guidance and patronage of Guru Nanak Dev University, Amritsar.

Now a days, when the western bug has smitten the very roots of our culture, this institution has committed itself to safeguard the human, moral and national values, good conduct, discipline and genuine rules which are the special characteristics of this institution.

During its journey towards excellence the college has created many bench marks and achieved many milestones in the fields of Academics, Sports and other Co- curricular activities and carved a niche on the academic map of the region and college was Re-accredited with A++ grade by NAAC with CGPA of 3.55/4.00 and was also a recipient of CPE grant by the UGC. It has also been conferred with 'Star College Status' by department of Biotechnology, New Delhi.

Catering to the needs of career oriented youth of today, the college offers a Spectrum of 9 Under graduate, 3 Honors, 2 Diplomas, 1 Advance Diploma, 2 Post Graduate and 3 P.G Diploma Courses. Apart from a number of UGC approved Add-on Vocational courses, the college is also successfully running skill oriented courses like B.Voc in Beauty & Wellness.

For providing conducive, academic and holistic advancement of the students, College has a highly qualified and experienced staff. The College has 55 faculty members of whom 13 are Ph.Ds, 11 M.Phils and 07 NET qualified. In addition, the college has a strong contingent of 33 Non-teaching employees including office staff, Laboratory staff and other Non-teaching staff like peons, gardeners, watchmen, sweepers, electrician etc.

The college has put up physical structure in the shape of well-furnished and well-ventilated lecture rooms and smart classrooms. It has various well equipped building blocks viz-a-viz Arts block, Science block, Commerce block, Home Science & Fashion Designing block and Computer block etc. Keeping pace with hi-tech world, many classrooms have been installed with smart boards, LCD projectors and many other ICT tools.

To promote Research Culture among the students the college has set up a Common Resource Centre, Hybrid library, Modernized Economics and Business lab, Fashion Designing lab, Home Science lab, Language lab, Psychology and Stress Management lab, Fine Arts Studio, Ultra Modern Cosmetology lab, Bio tech and many Science labs, seminar room and aesthetically designed Auditorium, Open Air Sports Stadium, well Maintained lawns, Botanical Garden, well ventilated hostel, Hygienic Cafeteria, Health care Centre and well Equipped Gymnasium are the special Attractions of the college . The college also owns a unique Heritage Centre

which is a treasure of the rare artifacts of Punjab Folk Culture. The College also houses modernised Audio-Video Studio.

The college also gives ample opportunities to its students to identify and explore their talents and areas of interest by giving them, the chance of becoming members of various clubs and committees like Central Association, Career orientation Council, Placement Cell, IQAC, Women Cell, Grievance Redressal Cell, Legal Literacy Cell, Youth Welfare Club, NSS, NCC, Ek Bharat Shreshtha Bharat (EBSB), Planning Forum, Join Hands Club, Learn Earn Club, Green Audit Club, Commerce Club, Red Ribbon and Alumni Association.

OUR VISION

To Blossom as one of the Leading and Most Preferred Institutes with earnest endeavours to enhance its quality in imparting excellent education-vocational competitive to the highest academic standards with full devotion and dedication. Translating the dreams of the founders into reality, this prestigious institution:

- Creates and disseminates an atmosphere of learning and research.
- Ensures multidimensional personality development of the learners.
- Fulfils the needs of country and the community at large.
- Adopts innovative methods of teaching.
- Nurturing talent and creativity, gaining knowledge and acquisition of skills.

OUR MISSION

To Nurture, Nourish and Chisel our girls into a host of well-shaped individuals Self-reliant, Self-sufficient and Responsible Citizens, Leading to the upliftment of the society:

- Promotion of Social and National Integration.
- Preservation of our Indian Culture and Heritage.
- To make our college a landmark in the sphere of mass education.
- An effort to draw out the best in the students, to make them good human beings.

Shining Stars in Academics

The splendid academic achievements of our students in University exams are a clear testimony of scholastic excellence of the institution.

University Roll No	Name of the student	Class	University position
10321859960	Tanveer Kaur	BA(Honours) Final year	1 st Position in University
103218859981	Jasdeep Kaur	BA Final year	54 th Position in University
10321859902	Sonali	BA Final year	59 th Position in University
10321859987	Sukhmani	BA Final year	68 th Position in University
10321859984	Gurleen Kaur	BA Final year	72 nd Position in University

Youth Festival

Keeping the tradition alive, this year also our students were the proud recipients of **Runners up Trophy in GNDU Zonal Youth Festival** and bagged 19 first, 10 second and 5 third prizes in different events.

Name_of_Student	Category (Zonal/Final)	Item	Position
Gurpreet Kaur	Zonal	Phulkari	Ist
Simranjeet	Zonal	Gidha	Ist
Sharanpreet Kaur	Zonal	Gidha	Ist
Ramanpreet Kaur	Zonal	Gidha	Ist
Jaspreet Kaur	Zonal	Gidha	Ist
Harman	Zonal	Gidha	Ist
Satwinder Kaur	Zonal	Gidha	Ist
Jasmeen Kaur	Zonal	Gidha	Ist
Komal	Zonal	Gidha	Ist
Arshpreet Kaur	Zonal	Gidha	Ist
Jatinder Kaur	Zonal	Gidha	Ist
Jaskaranpreet Kaur	Zonal	Gidha	Ist
Harshpreet Kaur Sagoo	Zonal	Painting on the Spot	Ist
Tania Kaur	Zonal	Poster Making	Ist
Harmanpreet Kaur	Zonal	On the spot Photography	Ist
Harleen Kaur	Zonal	Installation	Ist
Anshu Devi	Zonal	Installation	Ist
Heena	Zonal	Installation	Ist
Muskaan Kanojia	Zonal	Installation	Ist

Anjuman Sangha	Zonal	Geet Gazal	2nd
Anjuman Sangha	Zonal	Folk Song	2nd
Komal	Zonal	Collage	2nd
Anjali	Zonal	Rangoli	2nd
Anjuman Sangha	Zonal	Group Song	2nd
SIMRANJEET	Zonal	Group Song	2nd
Gagandeep Kaur	Zonal	Group Song	2nd
Daljit Kaur	Zonal	Group Song	2nd
Amandeep Kaur	Zonal	Group Song	2nd
Kusam	Zonal	Group Song	2nd
Roman Kaul	Zonal	Cartooning	3rd
Ramandeep Kaur	Zonal	Kawishri	3rd
Preeti	Zonal	Kawishri	3rd
Kamalpreet Kaur	Zonal	Kawishri	3rd
Jahanvi	Zonal	Mimicry	3rd

Celebration of International Women's Day and Annual Fete

International Women's Day with Annual fete was celebrated as a mega event, on 08.03.2022. The annual event of the college was graced by chief guest Ms.Nidhi Sardana. On this occasion various guests- Mr. Harvansh Mehta (secretary), Mr.Ramesh Jain (member, College governing council), Dr. Neelam Sethi (ex Principal, SD college Gurdaspur), Ms. Reeta Thapar (Principal, SD Putri Pathshala, Phagwara), Sr. Inderjeet Singh (Principal Govt. Girls School, Chachoki, Phagwara), CA Ms. Reetu Sharma, Ms. Mamta Punj (Principal, SDKMV School, Phagwara) were honoured by Principal Dr. Savinder Pal.

On this occasion various inter school and inter college competitions were also organised. This event was organised by Fashion Designing, Home Science and Fine Arts department.



SPORTS MEET

Kamla Nehru College for Women, Phagwara organised its Sports meet Meet on April 1, 2022 at 11.00 am.


KAMLA NEHRU COLLEGE FOR WOMEN, PHAGWARA
(Re-Accredited with Grade 'A++' by NAAC)
 College with Potential for Excellence by UGC, New Delhi
 Star College Status by DBT, New Delhi
 Affiliated to G.D.E., Amritsar

Sports Meet 2022
 1st April, 2022 at 10:00 A.M.


Chief Guest of the day: *Mr. Ansuman Sekhri (Principal)*
Vinayak Public High School, Gurgaon

Guest of Honour: *Ms. Rita Thiggar (Principal)*
S.D. Putri Pathshala Girls Sr. Sec. School, Hadlabad

You are cordially invited to grace the occasion

Mr. Dhiraj Sardana President
Public Trust & Charitable Ltd., Phagwara

Dr. Savinder Pal Principal

Phagwara, Punjab, India
Kamla Nehru College for Women, Plahi Road, Phagwara
 Lat 31.227336°
 Long 75.766417°
 01/04/22 12:20 PM

Seminars/workshop conducted by the institution during the year2021-22			
Year	Name of the workshop/seminar	Number of participants	Date from-To
2021	Skill development workshop	50	July20 to 26july, 2021
2021	Eat Healthy and Live Healthy	48	Sep 10, 2021
2021	Baking for making cookies and Cakes	35	Oct21, 2021
2021	Training of NLIST Consortium	80	Oct 26, 2021
2021	Detection of DNA by Gel Electrophoresis	60	Dec 11, 2021
2021	Hand Embroidery	50	Dec 20, 2021
2022	Liquid Embroidery	45	May 10, 2022

Skill Development Workshop from July 20 to July 26, 2021

Five day Skill Development Workshop was organized in online and off line mode from July 20 to July 26, 2021. Students got valuable learning experience during the workshop. Dr. Sudhamani Sood from Fine Arts department taught the students various artistic skills namely sketching of landscape, flowers, leaves and coloring with water and dry pastel colors. Dr. Priyanka Aeri from Home Science Department taught students to bake and also demonstrated table lay out, table manners, napkin folding and gave lecture on “Diet for teenagers”. Ms. Isha from English Department imparted knowledge to the students regarding how to give impressive introduction. Language games were conducted which included correction of sentences. Ms. Monika from Fashion Designing department talked at length about the procedure of Block Painting. Various Indoor and Outdoor games were organized by Ms. Sunita from Physical Education Department along with some recreational activities. Ms. Hardeep from department of Computer Science taught the students the basics of computer and lectured on the topics MS Word and Power Point. Ms. Anita from Department of Psychology talked about Time Management and Stress Management and activities related to these topics were also conducted. Mr. Lalit from Music Department gave introductory session about Music instruments and basics of Music.

Online Webinar Eat Healthy and Live Healthy

Department of Home Science organized an online webinar on the topic Eat Healthy and Live Healthy on Sep 10, 21. Dr. Arun Prabha from SDP College for Women, Ludhiana was keynote speaker. The Resource person talked about how one should live healthy by adopting healthy eating habits. She also explained about nutritious diet.

Baking For Making Cookies and Cakes

Department of Home Science in collaboration with IQAC organized a workshop on “Baking for Making Cookies and Cakes” on October 21, 2021. Stalls were displayed in college auditorium on October 21, 2021. Variety of eatables and other articles like Cakes, Biscuits, Cookies, Muffins, Chocolates etc were displayed in stalls for sale.

Training of N-List Consortium On October 26, 2021-NLIST Training workshop was held at knw. Knc library organized seven day orientation Programme for the training of NLIST consortium. This workshop was organized by Mrs. Ruby Saini which was eagerly and excitedly attended by more than 80 students

Detection of DNA by Gel Electrophoresis

KNCW organised one day workshop on “Detection of DNA by Gel Electrophoresis” on Dec. 11, 2021. Dr. Minhaj Khan, Associate Professor, Lovely Professional University, Phagwara was invited as a Resource Person. He demonstrated how to detect DNA by gel electrophoresis.

Hand Embroidery

Department of Fashion Designing organized one day workshop on ‘Hand Embroidery’ on December 20, 2021. SK Nasirrudin and SK. Sabir were invited to demonstrate different hand stitches namely chain stitch, french knot, Boolean knot and sequence work with Ari.

Liquid Embroidery

Department of Fashion Designing and Home Science organized a workshop on Liquid Embroidery, Cut Work and Block Making on May 10, 2022. Ms. Ritu was the Resource person. She gave demonstration by using Fevicryl colors to make different articles like cushion covers, belt, table cloth, patch work and appliqué work.

Declamation and Group discussion competition on 'Women Empowerment'

On 11th March 2022 Declamation competition and group discussion were organised by the joint collaboration of Hindi department and Bimb-Pratibimb Srijan Sansthan. During this grand event Dr. Savinder Pal chief guest, , Dr. Neelam Sethi session incharge, Dr. Anil Pandya, Director Bimb-Pratibimb srijan sansthan and assistant professor, LPU Phagwara, Chief Speaker, Dr. Digvijay Pandya, Assistant Professor, English PU, Mr.Balwinder Singh Ayri were invited.

Departmental Activities

DEPARTMENT OF ENGLISH

- Handwriting Competition was organised by the department for the outgoing classes on Sept.7, 2021 in which around 30 students participated.
- , Slogan Writing Competition was organised for all the classes on the theme of 'Health' on Sept. 22, 2021.
- Film show 'All My Sons' based on the play 'All My Sons' was organised by the department for the final year students who had the play as a part of their syllabus prescribed by Guru Nanak Dev University. The play written by Arthur Miller was attended by all the students from various streams of final year on Oct.11, 2021.

DEPARTMENT OF PUNJABI

- Student participated in Quiz Competition organised by Bhasha Vibhag Punjab (Kapurthala) on Oct. 6, 2022
- A visit to Virasat Bhavan was organised by Department on Oct. 23, 2021.
- A book named 'Shri Guru Teg Bhadur Ji Jeewan Te Chintan' was released on Oct. 23, 2021.
- Department in collaboration with Kala Parishad ,Chandigarh organised Inter College Declamation and Poetry Competition for celebrating 400th birth anniversary of Shree Guru Teg Bhadar ji and Punjabi

Bhasha week on Nov. 12, 2021. During this occasion, Dr. Surjit Patar was the Chief Guest.

- Punjabi Department organised Kaav Poster, Kaav Ucharan and Bhashan Mukabla on the occasion of 'International Mother Tongue Day' on Feb. 21, 2022.
- Students participated in Essay Writing Competition organised by Guru Gobind Singh Study Circle, Ludhiana on April 30, 2022.

DEPARTMENT OF HINDI

- Hindi Divas was celebrated by organizing various activities including Chart Making, Story Writing, Paragraph writing on September 14, 2021. An extension lecture was organised for the graduate students on the topic "Rashtr Bhasha Hindi Aur Sanskriti Main Bhartiya Sanskriti". Dr Sarla Bhardwaj, S.D.College for Women, Jalandhar was the Resource Person.
- Department and Bimb-Pratibimb Srijan Sansthan, Phagwara organised Inter Class Declamation Contest & Vichar Charcha on March 11, 2022 on the topic "Women Empowerment". On this occasion keynote speaker was Dr.Neelam Sethi, and other speakers of this talk were Mr. Anil pandey, assistant professor in Hindi, LPU, Dr.Digvijay Pandya, assistant professor in English LPU and Balwinder Attri, Eminent poet & critic from Amritsar.
- A Book fair was also organised by the Department and Bimb-Pratibimb Srijan Sansthan in the college premises on same day.

DEPARTMENT OF HISTORY

- Department in collaboration with NSS Unit organised online webinar on August 10, 2021 on the topic "Indian Freedom Struggle: An Overview" wherein Dr. S.S.Sohal, Prof & Head (retired) GNDU Amritsar was the keynote speaker.
- A Poster Making and Slogan Writing Competitions were organized on the topic "Drug Abuse" under 'Buddy Programme' on September 11, 2021.

- Title release ceremony of the book AZADI DE DHRU TARE by Dr Jagmohan Singh, Chairperson Shaheed Bhagat Singh Shaabdi Foundation Ludhiana was held on September 29, 2021 and an extension lecture was delivered by Dr. Dharmjit Singh, V.C. SBBS University, Jalandhar.
- ‘National Unity Day’ was celebrated by the department on October 29, 2021. A power point presentation was shown to the students. Competitions like Debate, Slogan Writing and Poster Making were also organised.
- Department organized a lecture on Pan India Awareness and Outreach Campaign under Legal Literacy Cell on November 15, 2021.
- Department in collaboration with Legal Literacy Cell and NSS Unit of KNCW, Phagwara, organised a webinar on the topic “Voting Rights in India” on January 22, 2022.
- A discussion was held on the life and contribution of Subhash Chandra Bose to the National Movement on January 23, 2022.
- Department in collaboration with NSS Unit organized an online lecture on the topic “Role of Sarla Devi Chaudhrani in the Indian freedom struggle on January 26, 2022. Dr Savinder Pal, Principal KNCW Phagwara was the keynote speaker.
- In collaboration with NSS Unit, a seminar was organized on the topic “A Tribute to the Great Freedom Fighters of the Nation- S. Bhagat Singh, Sh. Rajguru and Sh. Sukhdev ji” on March 23, 2022.
- 131st birth anniversary of Dr. B.R. Ambedkar was celebrated by the conduction of Declamation, Poster Making and Slogan Writing activities on April 14, 2022.

DEPARTMENT OF COMPUTER SCIENCE

- Poster Making competition was organized by the department on October 23, 2021.
- Net Savvy Competition was organised on March 5, 2022.
- Indoor games were held on April 2, 2022.
- In collaboration with NSS Unit an extension lecture on "Cyber Crime" was delivered by Ms. Hardeep, on May 7, 2022.

DEPARTMENT OF POLITICAL SCIENCE

- Department in collaboration with NSS Unit organized an extension lecture on the topic 'Importance of Right to Vote' on Feb. 11, 2022. Ms Kamlesh was the Resource person.
- A rally was carried out on February 17, 2022 on "Right to Vote" under the direction of DC Kapurthala. Smt. Dipti Uppal under SVEEP Program.
- An extension lecture on "Voting Rights in India" was organized on January 22, 2022. Ms Jyoti, Assistant Professor, DRV DAV College Phillaur, was the Resource person.
- "National Press Day" was celebrated on May 11, 2022 by the department and slogan Writing Competition was organised on "press".

DEPARTMENT OF MUSIC

- An online Music Competition was organized for celebrating 'Independence Day' on Aug. 15, 2021.
- 'Music Cultural Programme' was organized by Department for celebrating 'Teacher's Day' on Sept. 04, 2021.
- Students of Department made their college proud by bagging three second positions in Indian Group Song, Folk song and Geet/Gazal in Zonal Youth Festival – 'D' Zone held at Guru Nanak Dev University Campus, Amritsar on 7th and 8th November, 2021

DEPARTMENT OF SCIENCE

- Department organised a Rally, Poster Making and Slogan Writing Competitions on the occasion of 'World Ozone Day' on the theme "Ozone for Life" on September 15, 2021.
- Students of B.Sc (Non-Medical and Computer Science) Sem. I, III and V visited Ramgarhia College of Engineering and Technology, Phagwara for 7th State Level Mega Job Fair on September 17, 2021.
- Students of college showcased their talent in number of events ranging from Debate, Declamation, Quiz, Rangoli and Poster Making in 'Mathfest 2021' organised by Khalsa College, Amritsar on Sept. 30, 2021.

- Department conducted an online webinar on the topic – “Environmental Issues and Green Audit in HEIs”. Prof. Ashwani Luthra, Director IQAC, Coordinator Centre for Sustainable Habitat, Dean, Faculty of Physical Planning and Architecture, GNDU Amritsar acted as Resource Person on Oct. 13, 2021.
- ‘Green Diwali’ was celebrated on Nov. 3, 2021 by Department. Students of the department made Rangoli and cleaned their department with full zeal and enthusiasm.
- ‘Children’s Day’ was celebrated on Nov. 11, 2021. Students participated in various games like Dumb Charades, Antakshari.
- Poster Making and Slogan Writing Competitions were organized on the occasion of ‘World Aids Day’ on the theme ‘End Inequalities, End Aids on Dec. 1, 2021.
- Department organised one day workshop on “Detection of DNA by Gel Electrophoresis” on Dec. 11, 2021. Dr. Minhaj Khan, Associate Professor, Lovely Professional University, Phagwara was invited as a Resource Person.
- Department in collaboration with IQAC, conducted a webinar on the topic-‘Bead Technology for Waste Removal: Synthetic Biological System, on Jan 12, 2022. Dr. Joydeep Dutta , Professor and Head, Department of Botany and Zoology, LPU, Phagwara was invited as a Resource Person.
- Department of Physics, Guru Nanak Dev University, Amritsar, with the support of Punjab State Council for Science and Technology (PSCST) organized a seven day Science week festival from Feb. 22 to Feb. 28, 2022 under the title of “Vigyan Sarvatra Pujiyate” in which students of Science department of college showcased their talent by participating in various events like Rangoli and Poster Presentation etc
- ‘National Science Day’ was celebrated on Feb. 28, 2022 by series of events like Poster Presentation, Declamation, Rangoli Making, Best out of Waste, Cooking without fire and Model Presentation on the theme “Integrated Approach of Science and Technology for Sustainable Development.”
- ‘National Mathematics Day’ was celebrated by Science Forum on March 16, 2022.
- Students of Department participated in ‘National Mathematics Day’ on March 17, 2022 celebrated by P.G. Department of Mathematics, Lyallpur Khalsa College, Jalandhar.
- Students of department participated in National Science Day organized by Lyallpur Khalsa College, Jalandhar on March 24, 2022.

- Department celebrated ‘World’s Water Day’ on March 26, 2022.
- ‘World Health Day’ was celebrated on April 8, 2022 on the theme- “Our Planet, Our Health”.
- Students of Department visited LPU on April 23, 2022 to attend the workshop on Biotechnology.
- ‘World Earth Day’ was celebrated by Department wherein students participated in Poster Making and also planted the saplings.

DEPARTMENT OF HOME SCIENCE AND FASHION DESIGNING

- Department of Home Science in collaboration with IQAC organised Skill Development Workshop from July 20 to July 26, 2021 in the college.
- Nutrition Week in collaboration with IQAC was celebrated from Sept 10, 2021 to Sept 16, 2021 on the theme “Feeding Smart Right from the Start”.
- Department of Home Science and Fashion Designing organized Rangoli and Phulkari competitions on October 19, 2021.
- Department of Home Science organized two workshops on “Baking for Making Cookies and Cakes” on October 21, 2021 and “Handmade organic Soap Making” on October 28, 2021.
- Both Departments displayed two stalls in “Diwali Carnival” which was organized by Learn Earn Club in collaboration with IQAC in college auditorium on October 30, 2021. Variety of eatables and other articles like Cakes, Biscuits, Cookies, Muffins, Chocolates, Amla Candies, Jelly Candles, Soaps and Coloured saw dust for making Rangoli made by the students were sold.
- Students of both Departments made their college proud by bagging first position in Phulkari and Second in Rangoli in Zonal Youth Festival – ‘D’ Zone held at Guru Nanak Dev University Campus, Amritsar on 8th November, 2021.
- Department of Fashion Designing organized one day workshop on ‘Hand Embroidery’ on December 20, 2021.
- For the celebration of 73rd Republic Day, Department of Home Science organized an Online Inter College Competition on Rangoli and Tricoloured Recipe Making on the theme of Tri Colours on Jan. 26, 2022.
- International Women's Day was celebrated and Annual Fete was organized as a mega event by the department of Fashion Designing, Home Science and Fine Arts on March 08, 2022. Stalls of Pickle and various articles like block printed suits and kurtas, skirts, tie and dye dupattas, face masks, jewellery, anklets, dream catchers, screen printed towels, cushion covers, hand made chocolates were made, displayed and sold by both departments on March 8, 2022.
- Best out of waste competition was organized by Fashion Designing department

on March 8, 2022 in which students from various schools participated. Students made different articles in department during the given time.

- Rangoli competition was organized by Home Science department on March 8, 2022 in which students from various schools of Phagwara participated.
- ‘World Health Day’ was celebrated on April 8, 2022 under Ek Bharat Shreshtha Bharat programme (EBSB) by NSS unit and Home Science department.
- Department of Fashion Designing and Home Science organized a workshop on Liquid Embroidery, Cut Work and Block Making. Ms. Ritu was the Resource person.
- Department of Fashion Designing organized an Industrial Visit to Gurkirpa Spinning and Weaving Mill, Hoshiarpur for the students of Department on 17th May, 2022.

Department of Physical Education

- Various Sports competitions were organized on March 31, 2023.
- Sports Day was celebrated on April 01, 2022. The chief guests of the day were Mr. Anshuman Sekhri , Principal Vinayak Public High School, Goraya., Ms. Rita Thapar, Principal S.D. Putri Pathshala Girls Sr. Sec. School, Hadiabad.

Department of Fine Arts

- Department organised a Poster Making event on ‘Independence Day’ on Aug. 15, 2021.
- Poster Making Competition was organised by department on Gandhi Jayanti on the topic ‘Pearl’ on Oct. 02, 2021.
- Department displayed stall in exhibition cum sale in “Diwali Carnival” which was organized by Learn Earn Club in collaboration with IQAC in college auditorium on Oct. 31, 2021 in which Diyas, Handmade Envelopes, Bags and Diya stands were sold.
- Students of Department participated in Zonal Youth Festival organised by GNDU, Amritsar on November 7, 2021 and bagged First prize in Painting on the Spot, Poster Making, On the spot Photography and Installation, Second position in Collage making and Third position in Cartooning.
- Poster Making and Slogan Writing Competitions were organized from Jan. 13 to Jan. 15, 2022 for celebrating Lohri.
- Online Inter-college Poster Making and Slogan writing competitions were organised on the occasion of Republic Day.
- International Women's Day and Annual Fete was celebrated as a mega event by

the department of Fine Arts, Fashion Designing and Home Science on March 08, 2022.

PG DEPARTMENT OF COMMERCE

- An Extension lecture was organised on the topic Case studies on Indian Corporate Frauds and Governing Laws on Sept 17, 2021. CS Amit Vinayak, corporate lawyer & solicitor, LSO, Canada was the Resource person.
- Department celebrated 'World Consumer Right Day' on March 26, 2022. On this occasion, Poster Making and Slogan Writing competitions were organised on the theme 'Consumer Rights'.
- An extension lecture was organised on April 20, 2022 on Banking. Mr Kapil Goyal, Branch head (AGM), IDBI Bank was the Resource Person.
- Students of the department visited IDBI Bank, Phagwara on April 21, 2022. 40 students of B. Com 4th semester visited IDBI, Bank.
- A Bank visit at IDBI Bank, Phagwara was organized on April 26, 2022. 27 students of B.Com (Honours) Sem VI visited IDBI bank, Phagwara.
- PG Department of Commerce organised two extension lectures on the topics 'Determination of Value of Supply under GST and Pay Roll Processing'. CA Sonia Arora, Former Chairperson, Jalandhar Branch of NIRC of ICAI was invited as Resource Person.

DEPARTMENT OF ECONOMICS

- Department organized Slogan Writing Competition and Essay Writing Competition on the occasion of 'Shri Lal Bahadur Shastri Jayanti' on Oct.1, 2021. The topics of Slogan Writing and Essay Writing Competition were 'Jai Jawaan Jai Kisan' and 'Three Farm Bills'.
- On November 3, 2021, Diwali was celebrated by the department.
- An Essay Writing Competition was organized on the topic "Recent Labor laws in India" on April 29, 2022.
- Quiz Competition on the theme Banking was organised on May 2, 2022.

Department of Psychology

- During the NSS camp in college, Ms Natasha Dhiman gave a talk on 'Mindfulness and 'Meta awareness'. During her lecture, she discussed about Meta awareness and how one can improve quality of life by being fully present in the moment- mindfulness.

Department of Cosmetology

- Department displayed stall in “Diwali Carnival” which was organized by Learn Earn Club in collaboration with IQAC in college auditorium on Oct. 31, 2021.

YOUTH WELFARE CLUB

- With the collaborative efforts of Kamla Nehru College For Women, Phagwara Environment Association, HDFC Bank, Forest Department and 8 Punjab Battalion, Van Mahotsav and Teej Festival were celebrated on July 29, 2021. S. Balwinder Singh Dhaliwal, MLA Phagwara, S. Sarabjit Singh Bahia, S.P Phagwara were invited.
- IQAC of college, Youth Welfare Club, NSS unit and NCC wing of Kamla Nehru College for Women, Phagwara organised free COVID-19 vaccination camps for college students in association with Civil Hospital, Phagwara in college premises.
- A Talent hunt Competition was organised on Sept. 18, 2021 by Youth Welfare Club
- A Fresher’s Party was organized to welcome students of all the departments from first year. This function was organised by Youth Welfare Club on September 21, 2021.
- College bagged Runners up trophy in the Youth Festival organised by Youth Welfare department of GNDU, Amritsar.

ALUMNI MEET

Kamla Nehru College for Women, Phagwara organised its Annual Alumni Meet through online mode on March 12, 2022 at 12 noon for the students who are now working as teachers in different institutions (as per the directions of DPI)

LIBRARY COMMITTEE

- National Librarian Day was celebrated on August 12, 2021 in college Library to pay tribute to the father of library science Dr. S. R.Ranganathan to mark his birth anniversary. A quiz competition was organized. Quiz rounds included questions from Heritage, sports, General awareness, Logos, Punch lines and audio visual movies and entertainment. The winners were

awarded with gifts and certificates.

- NLIST Training workshop was held on October 26, 2021. KNC library organized seven day orientation Programme for the training of NLIST consortium. This workshop was organized by Mrs. Ruby Saini which was eagerly and excitedly attended by more than 80 students
- Under the aegis of Director of Education Department, Programme was organized under the able guidance of Ms. Ruby Saini in which the students and teachers collectively donated the books to the college library on November 26, 2021.
- Motivational Workshop on topic “How to experience Inner Peace, Power and Wisdom” was organized on December 16, 2021 in college with collaboration with Join Hands Club. An inspiring lecture on topic “How to experience Inner Peace, Power and Wisdom. Bk Sonia was invited as chief speaker along with Bk Suman, Bk Vijay Batla and Bk Savita Ghai from Ishwariya Vishwavidhalaya Kendre, Phagwara. Bk Sonia Soni presented her views on “God is the centre of all the powers of the universe and all living entities are connected to it.
- Book Fair by Bimb Pratibimb Prakashan was held in which students and teachers participated with great enthusiasm on March 11, 2022 .
- The World Book and Copyright day was celebrated on April 25, 2022 in Library in collaboration with Department of Computer Science by organizing a lecture on the topic ”Internet and Copyright” in which students and staff participated and were made aware about Internet and Copyright.

AWARD OF APPRECIATION AND RECOGNITION TO FACULTY

- On September 05, 2021 Dr. Savinder Pal (Principal) & Ms. Sanjana Walia were Honoured with an Award of Appreciation in Teaching by Jalandhar Chapter of NIRC of institute of Chartered accountants of India on the occasion of ‘Teacher Day’ in an award ceremony held at Hotel Skylark Jalandhar.

Faculty News 2021-2022

1. On July 2, 2021 Principal Dr. Savinder Pal gave a Radio talk on the topic “ Guru Tegh Bahadur ji”, at Akashwani Jalandhar.
2. Ms. Geeta Sharma did inspection duty on July 9, 2021 as a subject expert at G.N. Nav Bharat College, Narur Panchhattat, Tehsil Phagwara.
3. Dr. Savinder pal, Published a book chapter “ A Unique Revolutionary: Jatin Bagha in the book Named Azadi de Dhru Taare, with ISBN no- 978-93-91396-46-6. 37-54. 2021.
4. Dr. Savinder Pal, Published a book chapter “Martyr Madan Lal Dhingra Tryst with Martyrdom” in the book name Azadi De Dhru Taare, ISBN no- 978-93-91396-46-6. 19-36. 2021.
5. Dr. Priyanka Aeri attended Webinar on “National Handloom Day” organized by Kanya Maha

- Vidyalaya (Autonomous), Jalandhar on August 6, 2021.
6. On July 9, 2021 Ms. Kamlesh attended a virtual Advocacy Meeting of Red Ribbon Club.
 7. Dr. Priyanka Aeri attended one week National Online Workshop on “Life Skills Education” organized by Govt. College for Girls, Palwal (Kurukshetra) from August 12-18, 2021.
 8. Ms. Geeta Sharma has been selected as B.O.S. member of K.M.V. college Jalandhar on August 5, 2021. An online meeting was attended by her on August 14, 2021.
 9. From August 16, 2021 to August 23, 2021 Dr. Asha Sharma, Dr. Sudhamini Sood, Ms. Swati, Dr. Priyanka Aeri, Dr. Lalit and Dr. Palwinder Kaur Randhawa Participated in an Online 7 Day Faculty Development Programme on NAAC accreditation Framework Organised by Lyallpur Khalsa College for Women, Jalandhar.
 10. Dr. Priyanka Aeri attended a Webinar on “Fashion Trends & Opportunities” organized by Gujranwala Guru Nanak Institute of Management & Technology, Ludhiana on August 25, 2021.
 11. Dr. Priyanka Aeri attended Webinar on “Entrepreneurship: Concepts & Insights” organized by Gujranwala Guru Nanak Institute of Management & Technology, Ludhiana on September 4, 2021.
 12. On September 05, 2021 Ms. Sanjana Walia was Honoured with an award of ‘Appreciation in Teaching’ by Jalandhar Chapter of NIRC of institute of Chartered accountants of India on the occasion of ‘Teachers Day’ in an award ceremony held at Hotel Skylark Jalandhar.
 13. On October 17, 2021 Dr. Sudhamini Sood Participated in an Online ‘International Exhibition of Art’ Organised by Jammu & Kashmir centre for Creative Arts.
 14. Dr. Priyanka Aeri, 2021 Published a book chapter “Life Skills oriented Education” in the book name Life Skills Oriented Education, ISBN no- 978-93-90863-85-3. National Press Associates, New Delhi. Page No. 61-65.
 15. On October 30, 2021, Geeta Sharma Faculty of Cosmetology Department designed the Curriculum of B.Voc in Cosmetology for GNDU.
 16. On Nov 25, 2021 Ms Kamlesh acted as a Guest of Honour & Resource person at Pyramid College, Phagwara on the topic :Significance of Gadhar Movement in the National movement.
 17. On December 01, 2021 Dr. Lalit acted as judge of Music items for Zonal Youth & Heritage Festival organized by Youth welfare department, Chandigarh.
 18. On December 7, 2021 Dr. Savinder pal, presented a paper on the topic “Guru Tegh Bahadur ji: **ਮਾਨਵਤਾ ਦੇ ਰਹਿਬਰ** at Punjabi University Patiala
 19. Dr. Priyanka Aeri, 2021. Published a book chapter “Life Skills oriented Education” in the book name Life Skills Oriented Education, ISBN no- 978-93-90863-85-3. National Press Associates, New Delhi. Page No. 61-65.
 20. On December 10, 2021 Ms. Ankita and Ms. Natasha participated in a Workshop on the topic “Advancing Green Educational Campuses” organised by GNDU, Amritsar.
 21. From Jan 12, 2022 to Jan 25, 2022 Dr. Neeti attended an Online Refresher Course organized by HRDC , GNDU Amritsar

22. From Jan 12, 2022 to Jan 25, 2022 Ms. Kamlesh attended an Online Refresher Course organized by HRDC , GNDU Amritsar.
23. Ms. Ruby attended a virtual meet on January 17, 2022 in which Secretary Higher Education Office discussed issues related to libraries ,ways and means to popularize the use of libraries among teachers and students.
24. On Jan 19, 2022, Dr. Lalit participated in the webinar on the topic “ Role and Importance of Music Education in schools” organized by G.L.D.M Degree college, Jammu & Kashmir.
25. Dr. Priyanka Aeri did online judgement of Flower Arrangement on January 22, 2022 at Gujranwala Guru Nanak Institute of Management & Technology.
26. From March 11, 2022 to March 17, 2022 Dr. Lalit Participated in the ‘Training Orientation Course’ for NSS Programme Officers at Chandigarh University.
27. On 12-03-2022 Ms Kamlesh presented a Paper at SD College for women , Jalandhar in a Seminar the topic “Guru Nanak Dev’s Idea of society in relation to Human rights.”
28. On April16, 2022 Ms Geeta Sharma acted as Subject expert of University at Doaba College, Jalandhar for inspection of cosmetology subject.
29. On April 23, 2022 and April 24, 2022, Principal Dr Savinder Pal presented a paper in two day National Conference on the topic “ Jallianwala Bagh: Past and Present organized by PWA in collaboration with Jallianwala Bagh Chair(GNDU, Amritsar) and Punjab Sahit Academi, Chandigarh.
30. On May07, 2022 Ms Kamlesh presented a Paper in Punjab Historical Conference at Punjabi University, Patiala on the topic “Remembering the Revolutionary Fete of Ghadrites”

Prize Distribution

Prize Distribution function was organized for the Advanced Learners of Session 2020 - 2021 on May 28, 2022. About 70 students who had scored commendable percentage in their respective courses in Online University Exams were awarded with certificates to acknowledge their hard work and dedication.

Farewell

A grand farewell party in the college auditorium was organized to bid adieu to the outgoing classes. On the occasion colorful programmes like dances and songs were performed by the host classes which were appreciated by the audience with thundering applause.



Bidding Adieu to the family members of KNC

Mrs. Shashi Head department of Sanskrit retired on 31 July, 2022 after completing her professional journey

Extension Activities conducted by NSS Unit and NCC Wing:

S.NO	Organizing Unit	DATE	ACTIVITY
1	NSS, NCC	26/7/2021	<p>Van Mohatsav was inaugurated by Principal Dr. Savinder Pal by planting a tree in college garden.</p> <p>On 26/7/2021, in collaboration with NSS unit and NCC Wing of college, the Van Mahotsav was inaugurated by Principal Dr. Savinder Pal by planting a tree in the college garden. Students of concerned units alongwith NCC in-charge The trees presented by 8 Punjab Batallion, Phagwara to the college were planted on this occasion and were distributed to the students too.</p>
2	NCC, NSS, YOUTH WELFARE CLUB	29/7/2021	<p>Celebration of Van Mohatsav</p> <p>With the collaborative efforts of Kamla Nehru College For Women, Phagwara Environment Association, HDFC Bank, Forest Department and NCC, 8 Punjab Batallion, Van Mahotsav and Teej Festival was celebrated at Kamla Nehru College For Women, Phagwara. S. Balwinder Singh Dhaliwal, MLA Phagwara, S. Sarabjit Singh Bahia, S.P Phagwara were invited.</p> <p>Students of the college planted the small saplings at their</p>

			homes.
3	NSS NCC	06/8/2021	Celebration of Van Mohatsav In continuation to the Celebration of Van Mohatsav, tree plantation took place in the college campus. Principal of the college distributed plants to the students and they planted them at their home. Principal, Dr. Savinder Pal Programme officer Dr. Priyanka Aeri and NCC CTO Dr. Palwinder Kaur Randhawa along with students planted the saplings in the college premises. They also motivated the people of the area around to grow more plants in their locality. Students planted few trees along the roadsides of Seema Enclave, Phagwara.
4	NSS NCC	2/8/2021 to 15/8/2021	Celebrated 75th Anniversary of Freedom Struggle under the headings given below
	NSS NCC	2/8/2021	Online Movie: “The Legend of Bhagat Singh” was shown to the students of the college.
	NSS NCC	4/8/2021	Short Audio-visual on Biography of “S. Kartar Singh Sarabha” by students was made
	NSS NCC	6/8/2021	Posters were made by the students on theme: “Freedom Fighters” Poster Making Competition on “Freedom Fighters” For celebrating 75 th anniversary of freedom struggle, poster making competition on the theme “Freedom Fighters” was organized on 6 th August 2021 by NSS unit. About 50 students participated in this competition. They made different types of posters of Bhagat Singh, Raj Guru, Mahatama Gandhi and Various other freedom fighters. The students were also made aware about the contribution of great freedom fighters in our freedom.
	NSS NCC	7/8/2021	Students wrote Poems on Quit India Movement
	NSS NCC	9/8/2021	Extension lecture on Roll of Punjab in freedom struggle by Dr. Savinder Pal, Principal of the college. An extension lecture was organized on 9 th Aug.2021, to celebrate 75 th Anniversary of Freedom Struggle by NSS unit. Resource person of this occasion was Dr. Savinder Pal, Principal of Kamla Nehru College. In her lecture she talked in detail about the lives of various Freedom fighters of Punjab who had contributed in the freedom of our Nation. About 50 NSS volunteers attended this lecture.
	NSS NCC	10/8/2021	A Webinar on “India freedom struggle: An over view” was organized. Dr. Sukhdev Singh Sohal , Former HOD,

			<p>Department of History, GNDU, Amritsar was the Resource Person.</p> <p>For celebrating 75th Anniversary of Freedom Struggle, an online Webinar on the topic "Indian Freedom Struggle: An overview" was organised by IQAC, NSS unit, NCC wing and History department of Kamla Nehru College for Women, Phagwara on 10th August, 2021. Dr. Sukhdev Singh Sohal Prof and Head (Retd.), History Department, GNDU, Amritsar was the Resource person. Madam Kamlesh Head of History department introduced the Resource person with the participants. He discussed about PreIndependence conditions, Role of Swadeshi goods, Condition of Farmers during British rule.</p>
	NSS NCC	11/8/2021	An on line Movie "Kranti" related with freedom fighters was shown to the students
	NSS NCC	13/8/2021	On eighth day, students were asked to write an essay on Role of Women in Freedom struggle for celebration of Daughter's Day.
	NSS, NCC, MUSIC DEPART MENT	15/8/2021	75 th Anniversary of Freedom struggle was celebrated. The event commenced with a patriotic song sung by NCC Cadets and NSS Volunteers of college. After this a patriotic song was organized by Music department of the college in which the students performed the patriotic and solo songs. There after, Principal of the college addressed the audience. In her address, she exhorted the students to follow the ideals of the great freedom fighters and urged them to take the pledge towards "a clean India and corruption free India". She also encouraged the NCC Cadets to serve the nation wholeheartedly.
	NCC	16/08/2021	NCC Wing organized a lecture on the topic "NCC Rules". Dr. Savinder Pal was the resource person
5	NSS, Youth Welfare Club and Green Squads of Science Department	1-15 th August202 1	<p>Swachhata Pakhwada</p> <p>For celebrating "Swachhata Pakhwada"</p> <p>Various activities were performed by NSS unit, Youth Welfare Club and Green Squads of Science Department in the college campus. For this, students were motivated and encouraged to clean their homes as well as their surroundings. An awareness programme was also organized to make the students aware of vaccination of Covid 19. Plants were distributed to the students by the Principal. They were also asked to plant trees in and around their home. Students took keen interest in this programme. They made short audios for motivating other people to maintain cleanliness and also for doing vaccination of COVID 19. These short audios were circulated through whatsapp and Facebook. Students also made posters at home related with Clean India.</p>
6	NSS,	9/8/2021	Ist free Covid-19 vaccination camp

	NCC, YOUTH WELFARE CLUB		Under the dynamic leadership of Principal Dr. Savinder Pal, IQAC of the college, Youth Welfare Club, NSS Unit and NCC Wing of college organized Ist free Covid-19 vaccination camp for college students in association with Civil hospital, Phagwara
7	NSS	14/09/2021	NSS Volunteers participated in Fit India Freedom Run Programme in college campus.
8	NSS, NCC, YOUTH WELFARE CLUB	17/9/2021	IIIrd vaccination camp Vaccination Camp at KNCW on September 17th, 2021 In continuation to vaccination camp Series, Kamla Nehru College for Women, Phagwara organised third vaccination camp on 17th September, 2021. The Vaccination Committee of Kamla Nehru College for women, Phagwara, IQAC team of the college, NSS wing and NCC unit organised a vaccination camp in the college premises in collaboration with Civil Hospital Phagwara . Total 80 doses of CoviShield vaccine were received by the college. Students and staff members of the college were vaccinated on this occasion. The Vaccination team which comprises of Dr. Kanwaljeet Singh, Mr. Naval Kishore Dogra, Madam Reema Madan Joshi, NCC CTO Dr. Palwinder Kaur Randhawa, NSS Programme Officer Dr. Priyanka Aeri and Madam Poornima Bhogal were the key persons to organise this Camp.
9	NSS	8/10/2021	Cleanliness Drive On 8 th October 2021, one day camp was organized by NSS Unit of the college. About 50 students attended the camp. During the camp, they cleaned the lawns of the college and college building.
10	NSS, NCC, YOUTH WELFARE CLUB	17/12/2021	IVth Vaccination camp Vaccination Camp at Kamla Nehru College for Women, Phagwara In Continuation to vaccination Camp Series, Kamla Nehru College for Women, Phagwara organized fourth Vaccination camp on 17th December, 2021. The vaccination committee, IQAC team, NSS wing and NCC Unit, Youth Club jointly organised the vaccination camp in college premises in Collaboration with Civil Hospital, Phagwara. About 140 students and staff members were vaccinated with covishield vaccination during this camp.
11	NSS	20/10/2021	For the implementation of Clean India Programme, NSS Unit organised a lecture on Dengue. Dr. Priyanka Aeri NSS Programme officer welcomed and introduced S.Kamal Jeet Singh, Senior Health Inspector, S. Bilhar Chand, Health Inspector, S. Lakhwinder Singh. Multi Purpose Health Worker, Dr. Rajeev Bhagat Edidemiologist, Civil Surgeon, Kapurthala with the NSS Volunteers and other students. S.

			Lakhwinder Singh delivered the lecture on causes of Dengue fever. During his lecture, he explained how we can protect ourselves from mosquitoes which causes Dengue by taking a few precautions.
12	NSS / Red Ribbon Club	20/10/2021	Anti Dengue spray Anti Dengue spray was done for the prevention of Dengue in hostel and college premises.
13	NSS	22/10/2021	Visit to Chak Hakim for Cleanliness and Tree Plantation Under the clean India programme, NSS Volunteers visited Dr.B.R Ambedkar Park and Govt Middle Smart School Chak Hakim, for the Tree plantation on date 22.10.2021 which has been adopted by the college. NSS Volunteers cleaned Dharamshala of the village. They also motivated the villagers to keep their locality clean and created awareness about the importance of cleanliness in life.
14	NSS	29/10/2021	Celebration of National Integration Day: NSS Unit of College celebrated National Integration Day to pay homage to Sardar Vallabhbhai Patel, the Iron Man of India. To mark the contribution of Sardar Patel in the integrity of the nation, PPT was shown to the students. Debate, Poster Making and Slogan writing events were organized. Around 50 students participated in this event. An awareness rally regarding unity and integrity was also organized. Assistant Professor Kamlesh, Head ,department of History and Assistant Professor Nidhi Jassal (Program Officer) enlightened the students about freedom struggle. On this occasion, students and teachers took an oath to follow their own principles in life.
15	NSS / Red Ribbon Club	1/12/2022	World Aids Day: World Aids Day was celebrated by poster making and slogan writing competition on the theme “End Inequalities, End Aids”. The main aim of this programme was to bring awareness of Aids caused by spread of HIV infection among students. Around 50 students participated in this competition.
16	NSS	5/12/2021	Ozone Day: NSS unit of College celebrated Ozone Day. About 50 NSS volunteers participated in poster making competition on Ozone day. Winners were awarded certificates. Principal Dr. Savinder Pal congratulated the winners and encouraged other volunteers to participate in such activities.

17	NSS	22/12/2021 to 28/12/2021	<p>NSS CAMP (From 22nd December 2021 to 28th December 2021)</p> <p>On 22nd December, 2021 NSS Camp was inaugurated by Principal madam Dr. Savinder Pal. Various committees were formed for organizing different activities during the camp. Power point presentation related with NSS activities was shown to the NSS Volunteers. Pot painting was also done. Lecture on “Importance of NSS” was delivered by Dr. Palwinder Kaur Randhawa.</p> <p>On Second day of the camp, i.e. 23rd December, 2021, cleanliness in campus and surrounding area was performed. Dr. Sudhamaini Sood demonstrated about wall painting. NSS Volunteers painted wall with Slogan “BETI BACHAO BETI PADHAYO”. Various games were also performed. Lecture on “Skin and Hair Care” was also given by Mrs. Geeta Sharma, Head, Department of Cosmetology.</p> <p>24-12-2021 Third day of the Camp Started with Prayer and National Anthem. Ms Monika, Assistant Professor, Department of Fashion Designing, gave an extension lecture on Block Painting. In her Lecture, she discussed about how to use different Blocks in Block Painting. Students were found to be very energetic. After this, students painted the wall with zeal. NSS Volunteers undertook cleanliness drive in the college campus and also painted the trees of the lawn. Different games were organized for NSS Volunteers in which students participated with great enthusiasm. Third day of the camp ended with refreshment.</p> <p>25/12/2021 On the fourth day of NSS Camp, an extension lecture was organised. In which Ms. Natasha Dhiman, Assistant Professor, Department of Psychology talked about "Mindfulness meditation results in reducing stress and improving internal functioning of brain". During her lecture, she discussed about Meta awareness and how one can improve quality of life by being fully present in the moment-mindfulness. Poster making and Slogan writing competition was also organised which was followed with sapling plantation and pot painting. For physical fitness, few outdoor games were also performed</p> <p>26-12-2021 On the fifth day of the camp, the volunteers paid a visit to the</p>
----	-----	--------------------------------	--

		<p>village Chak Hakeem wherein they met village Sarpanch Mr. Kulwinder kumar. Volunteers motivated the people to make judicious use of their votes for selecting deserving candidates to represent their government. They were also informed about the importance of Cleanliness Drive. An awareness rally was taken out for both purposes. Cleanliness Drive was conducted in the schools of Chak Hakeem. Students were taken to Government middle school and saplings were planted in BR Ambedkar Park and Govt Middle school. After returning to the college, they were served lunch. After lunch, an extension lecture on Personality enhancement was given by Dr. Priyanka Aeri, Head, Department of Home Science from host college.</p> <p>27-12-2021</p> <p>The sixth day of the NSS camp started with the God's blessings for which students sang the prayer and National Anthem. Ms. Nidhi Jassal, programme officer gave an extension lecture regarding 'The Beauty of Imperfection' in which she discussed that perfection- imperfection is seeing the beauty in something that others miss. This makes it perfect as beauty lies in the eyes of the beholder. The students felt quite inspired by the lecture. After which sapling plantation took place in the college lawn with chief guest SDM, Mr. Kulpreet Singh and college Principal Dr. Savinder Pal along with NSS Volunteers.</p> <p>Sh. Malkiat Singh Ragbotra also graced the event with his presence and an extension lecture on Clean India, Green India was delivered by him. He informed the volunteers about the environment and concerns related to it. He also encouraged the volunteers to save and protect the environment and emphasised on the use of environment friendly products. Dr. Priyanka Aeri Programme Officer thanked him for his energetic and such an informational lecture.</p> <p>After Lunch, various exciting and team building games were organised for the students in which the student participated with great enthusiasm. The sixth day of the camp ended on a great note.</p> <p>28-12-2021</p> <p>On Seventh day of the NSS camp, cleanliness of the college took place which was followed with the Valedictory function. Various cultural activities were performed by NSS Volunteers. Awards were also distributed among the NSS Volunteers. Principal Dr. Savinder Pal appreciated the NSS Volunteers for participating in the camp and appreciated both the programme officers Dr. Priyanka Aeri and Ms. Nidhi Jassal for organizing this NSS Camp.</p>
--	--	--

18	NSS	12/01/2022	<p>National Youth Day celebrated and attended online Inauguration of 25th Nation Youth Festival by Prime Minister Sh. Narendra Modi</p> <p>Online National Youth Day to commemorate the birth anniversary of Swami Vivekananda was organized. On this occasion, Dr. Priyanka Aeri, NSS Programme Officer talked about National Youth Day. She explained to the students that why this day is celebrated. Ms. Nidhi Jassal, NSS Programme Officer delivered online lecture on "Life History of Shri Aurobindo's life". All the students got benefitted after attending her lecture. Students also wrote online essays on Freedom fighters and on Swami Vivekananda. They were asked to plant saplings at their homes. Students were also encouraged to clean their homes and their surroundings. Around 100students participated in this event. Students also attended online Inauguration of 25th National Youth Festival by Prime Minister Sh. Narendra Modi ji</p>
19	Legal Literacy Cell, NSS, Political Science	22/01/2022	<p>Voting Rights in India</p> <p>Legal Literacy Cell, NSS unit and department of Political Science of College organized a Webinar on the theme "Voting Rights in India" under the guidance of Madam Principal Dr. Savinder Pal. Ms Jyoti, Assistant Professor, DRVDAV College, Phillaur was the Resource Person. About 70 students attended this webinar. She emphasized that every vote counts and Election is the necessary condition for democratic states and she also encouraged the students to definitely cast their vote in coming election of Punjab Assembly.</p>
20	NSS NCC	24/01/2022	<p>Celebration of National Girl Child Day:</p> <p>NSS Unit and NCC Wing of college celebrated National Girl Child Day. On this occasion, webinar was organised on the Theme of "Balanced Diet for Girl Child". Dr. Priyanka Aeri, Head, Department of Home Science was the Resource Person. During her lecture she talked in detail about the balanced diet for girl child. She also explained what food items should be consumed. About 50 students attended this online webinar.</p>
21	NCC NSS	24/01/2022	<p>Voter Awareness</p> <p>NSS unit and NCC wing of the College Organised "Voter Awareness" through Online Activities. Principal told the students about the importance of voting. She explained voting is a fundamental act of civic participation by which young people can contribute to strengthen democracy. Educated youth should understand their participation and make judicious use of their votes. Students of NSS and NCC participated enthusiastically in Slogan Writing and Poster</p>

			Making on the theme 'Voter Awareness'. About 80 students participated in this event. Students Ms. Parul, Ms. Pinaz, Ms. Shreya, Ms. Tanisha, Ms. Komal and Ms. Parvesh Spoke about the "Role of youth in voter Awareness".
22	NSS DEPART MENT OF HISTORY	26/01/2022	<p>Republic Day Celebration</p> <p>NSS unit and Department of History celebrated 73rd Republic Day of the country.</p> <p>Under the Guidance of Principal Madam Dr.Savinder Pal , NSS Unit of Kamla Nehru college for women, Phagwara organised a Webinar on the topic "Role of Sarla Devi chaudhurani in Indian Freedom struggle". College Principal Dr Savinder Pal, was the Resource Person. Ms kamlesh Head, Department of History welcomed the Honourable Principal Dr Savinder Pal, Dr Priyanka Aeri and Ms Nidhi Jassal Programme Officer and the virtual participats. During her Lecture she explained how the freedom was achieved after a long struggle against the British colonisers. Indian history is full with the great contributions of freedom fighters and Sarla Devi Chaudhaurani is one among them. Sarla Devi was an active participant throughout the national struggle. She was an ardent supporter of women emancipation. She was a great writer too. She encouraged the Indian women to be bold and strong enough to handle the situations.</p> <p>About 70 students attended this online webinar. Students participated Enthusiastically in Slogan writing and Poster Making on the Theme ' Republic Day'.</p>
23	NCC & Departme nt of Music	26/01/2022	The Department of Music and NCC Wings in association with IQAC of college organized inter-college online competitions. Patriotic songs, NCC songs and National Anthem were the main events of this occasion. About 80 students of Punjab participated enthusiastically in these competitions.
24	NSS Legal Literacy cell, Departme nt of Political science	11/02/2022	<p>Importance of Right to Vote:</p> <p>NSS unit, Legal Literacy cell and Department of Political Science organized a Seminar on "Importance of Right to Vote".</p> <p>Under the Guidance of Principal Madam Dr. Savinder Pal, NSS unit, Legal Literacy cell and Department of Political Science of Kamla Nehru college for women, Phagwara organized a Seminar on "Importance of Right to Vote". Ms Kamlesh HOD, History was the Resource Person. During the lecture Madam talked about the History, Importance and Power of Right to Vote and encouraged the Students to use their Rights wisely. About 50 Students attended this Seminar.</p>

25	Legal Literacy cell, NSS and Department of Political Science	17/02/2022	<p>Rally and Seminar on Importance of Right to vote Legal Literacy cell, NSS unit and Department of Political Science of Kamla Nehru College for Women, Phagwara organized a Rally and Seminar on "Importance of Right to Vote" on 17th Feb,2022 under the Guidance of Principal Dr. Savinder Pal and with the directions of DC, Kapurthala, Smt. Dipti Uppal, SDM, Phagwara, S. Kulpreet Singh, Sweep Nodal Officer Sh. Rajesh Kumar. This rally was organized with the aim of public awareness and in turn to ensure maximum voter turnout in the upcoming elections on 20th Feb.2022.</p> <p>Principal of the college, motivated the students to use their legal rights to vote and electing right and capable person in the elections. Many college students and NSS volunteers participated in the rally and carried banners in their hands giving different messages which emphasized the importance of voting.</p> <p>A Seminar was also organised on "Importance of Right to Vote". Ms Kamlesh, Head Department of History was the Resource Person. Through her Lecture, Ms. Kamlesh inspired the students to exercise their right to vote. She said that youth of the nation has the power to change the fate of the nation and for that they need to come forward to cast their valuable votes. About 70 Students attended this Seminar.</p>
26	NSS unit Join Hands Club and NCC wing	28.02.2022	<p>Visit to Old Age Home NSS unit, Join Hands Club, and NCC wing of College, visited "Guru Nanak Mission Blind and Old age Home", Saprur. Students and faculty members of the college donated Clothes and Eatables to the inmates of the Old age Home. During the visit Principal Dr. Savinder Pal, Dr. Sudhamani sood, Incharge of Join Hands Club, Dr. Priyanka. Aeri and Ms. Nidhi Jassal the Programme Officers and Dr. Palwinder Kaur Randawa NCC CTO interacted with the Staff members and other inmates of the Old age Home. Around 20 students visited the home.</p>
27	NSS	08.03.2022	<p>International women's day was celebrated as a mega event. Poster Making, slogan writing and Rangoli making competitions were organized. Madam Balwinder from SDKMV School, Phagwara was the judge for this event. Winners were awarded by Principal Dr. Savinder Pal and by the Chief guest Ms. Nidhi Sardana.</p>
28	NSS, DEPARTMENT OF HISTORY	23/03/2022	<p>NSS wing and department of History of Kamla Nehru College for Women, Phagwara celebrated 90th Martyrdom Day of Shaheed-e-Azam Bhagat Singh, S. Sukhdev Thapar and S RajGuru who were hanged by the British Government in 1931 on March 23, 2022. Various Online activities were performed to pay the tribute and salute to</p>

			<p>them. To mark the day, Principal Dr. Savinder Pal in her online address said that today's youth should take inspiration from all three Martyrs and should become more responsible citizens of India. The trio fought for the freedom of India from the Colonial rulers and sacrificed their lives for this purpose. Many online activities including online Patriotic songs, poster making, Slogan writing, E-pledge and spreading the awareness by students among their neighborhood regarding contribution of our unsung heroes in Indian Independence were organized to recall the sacrifice of freedom fighters. Large number of NSS volunteers and students from History, Music and Fine Arts departments participated in these activities enthusiastically to celebrate historic Martyr's Day.</p>
29	NCC	23/03/2022	<p>Shaheed Bhaghat Singh martyrdom day was celebrated. NCC cadets cleaned the park of S.B.S Nagar, Phagwara. They also ploughed around that park.</p>
30	NSS EBSB	8/04/2022	<p>World Health Day was celebrated under Ek Bharat Shreshtha Bharat programme (EBSB) by NSS unit and Home Science department. Dr. Priyanka Aeri was the Resource Person who delivered the lecture on Healthy Diet and did diet counseling of the students. During her lecture she shared her views on how to live a healthy lifestyle by taking balanced diet.</p>
31	EBSB, NSS	20/4/2022	<p>Under “Ek Bharat Shreshtha Bharat programme”, lecture on “Costumes and Accessories of different states of India” was organized: The Ek Bharat Shreshtha Bharat programme, aims to actively enhance interaction between people of diverse cultures living in different States and UTs in India, with the objective of promoting greater mutual understanding amongst them. As per the programme, each year, every State/UT would be paired with another State/UT in India for reciprocal interaction between the people. It is envisaged through this exchange, that the knowledge of the language, culture, traditions and practices of different states will lead to an enhanced understanding and bonding between one another, thereby strengthening the unity and integrity of India. By keeping the above objective, an extension lecture was organised under the guidance of Principal, Dr. Savinder Pal, in which Dr. Priyanka Aeri was the Resource Person. She delivered the lecture with power point presentation on Costumes and Accessories of different states of India. She explained in detail about the change in the culture from Ancient period to the Modern times. All the students got benefitted after attending the lecture.</p>
32	EBSB, NSS	26/4/2022	<p>Celebrated “Earth Day” NSS unit and Home Science department of Kamla Nehru</p>

			<p>College for Women, Phagwara celebrated “Earth Day” under Ek Bharat shreshth Bharat (EBSB program) under the able guidance of Principal Dr. Savinder Pal.</p> <p>The theme for Earth Day 2022 was “Invest in our planet” During this day, Principal Dr. Savinder Pal along with other staff members and students planted saplings in college campus. She encouraged students to plant more trees around their homes. The students participated enthusiastically by making posters on this occasion.</p> <p>The Earth Day aims to spread awareness about issues including pollution, deforestation and global warming. Principal Dr. Savinder Pal told that celebration of Earth Day draws attention to the environment and promotes conservation and sustainability. Conservation of water and control of pollution is the need of the hour. She told that there is urgent need to raise awareness of the climate crisis and bring about behavioural changes to protect the environment.</p>
33	EBSB, NSS	28/4/2022	<p>Under Ek Bharat Shrestha Bharat programme, Dr. Priyanka Aeri delivered a lecture with Power Point Presentation in college auditorium on the topic “Different Cuisines of Punjab and Andhra Pradesh” to make the students familiar with the different dishes and food of these states.</p>
34	NSS	28/4/2022	<p>SERIES OF INTERNATIONAL YOGA DAY Yoga is the cornerstone of healthy human life. NSS unit of Kamla Nehru College for Women, Phagwara organized "International Yoga Day 2022" under Ek Bharat Shreshtha Bharat Abhiyan as per the instructions of Government of India and Guru Nanak Dev University Amritsar. As part of the count down of less than 100 days of the event, each day different activities such as yoga practice and yoga demonstration were organized. Students participated enthusiastically in college Auditorium. Dr. Savinder Pal, Principal of the college, while praising the NSS department for conducting yoga activities said that, doing yoga regularly keeps the body, mind and soul satisfied.</p>
35	EBSB NSS	02/05/2022	<p>WORLD HEALTH DAY WAS CELEBRATED: World Health Day was celebrated under Ek Bharat Shreshtha Bharat programme (EBSB) by NSS unit and Home Science department. Dr. Priyanka Aeri was the Resource Person. She delivered the lecture on Healthy Diet and did diet counseling of the students. During her lecture she shared her views on how to live a healthy lifestyle by taking balanced diet.</p>
36	NSS	06/05/2022	<p>YOGA ACTIVITIES Various Yoga Asans were performed by the NSS</p>

			volunteers and students of the college
37	NSS DEPART MENTOF COMPUT ER SCIENCE	07/05/2022	EXTENSION LECTURE ON "CYBER CRIME" by NSS unit, IQAC and IT Cell was organized. Ms. Hardeep, Assistant Professor of Computer Science was the Resource Person. Dr. Priyanka Aeri, NSS Programme Officer formally welcomed the speaker with the green planter and discussed the purpose of this lecture. About 50 students attended the lecture. Madam Hardeep described in detail about Cyber Crime. During the lecture, the participants were made aware about various types of cyber and internet crimes prevalent in the era of information warfare and measures to prevent cyber crimes like hacking, ransom ware, espionage, financial theft, phishing activities and other internet related crimes. Madam Principal congratulated the organizer Dr. Priyanka Aeri for organizing such an inspiring lecture and she encouraged the students to incorporate the suggestions given by the speaker.
38	NSS	9/05/2022	CELEBRATED RED CROSS DAY: NSS unit of Kamla Nehru College for Women Phagwara celebrated Red Cross Day in seminar hall. Both the NSS Programme Officers Dr. Priyanka Aeri and Ms. Nidhi Jassal made aware the students about Red Cross. World Red Cross Day also known as Red Crescent Day is celebrated on May 8 every year. This date marks the birth anniversary of Henry Dunant, who is the founder of the International Committee of the Red Cross (ICRC). In continuation with it, students also participated in Essay Writing competition on Red Cross day.
39	NSS	11/05/2022	LECTURE ON "BENEFITS OF YOGA": NSS unit in collaboration with department of Physical Education organized power point presentation in Kamla Nehru College for Women, Phagwara on the topic "Benefits of Yoga". Madam Sunita from Physical Education department delivered Power point presentation which was attended by 300 students.
40	EBSB	12/05/2022	Organized Quiz Competition: Under EBSB programme, members of EBSB club of Kamla Nehru College for Women, Phagwara organised Quiz competition in which four teams were made on the names of four different cities of Punjab and Andhrapradesh. All the four teams were fully prepared about the culture, heritage, economy, clothing, cousine of both the states. Questions were asked by the Nodal officer Dr. Priyanka Aeri and the member of the club Madam Ankita. Dr. Palwinder Randhawa and Ms. Pinky were among the judges.
41	EBSB	16/05/2022	Organized Dance, Music and Declamation Contest: Under the central government mission of "Ek Bharat Shreshth Bharat", members of EBSB club of Kamla Nehru College for

			<p>Women, Phagwara organized gala cultural programme on 16th May, 2022. Students in large number participated enthusiastically in Cultural Dance, solo songs and Declamation contest. Dr. Priyanka Aeri, Nodal Officer of EBSB enlightened the students with the objectives of the mission "Ek Bharat Shreshth Bharat". Speaking at this occasion, madam Principal Dr. Savinder Pal expressed appreciation for the skills of students for participating in this event and encouraged them to participate more in such activities.</p>
42	NCC	5/6/2022	<p>CELEBRATION OF WORLD ENVIRONMENT DAY: Environment Day was celebrated by NCC wing of Kamla Nehru College for women, Phagwara according to the instructions given by 8 Panjab Battalion. The NCC Cadets of the College prepared Posters related to the theme of Environment on this occasion. The Principal urged the students to preserve the environment as it is the need of the hour and encouraged the students to plant more and more trees in order to preserve the environment. CTO Dr. Palwinder Randhawa was the organizer of this event.</p>
43	NSS	6/6/2022	<p>CELEBRATION OF WORLD ENVIRONMENT DAY: NSS Unit of college celebrated the World Environment Day in the College Campus. Principal, teachers and students planted the saplings and pledged to look after the tiny and delicate saplings. Drinking water for birds was also kept in Water pots. Many students made posters on the given theme. Principal motivated the students to make the environment clean and green.</p>
44	NSS NCC EBSB	21/6/2022	<p>CELEBRATED INTERNATIONAL YOGA NSS Unit, EBSB club and NCC wing of the college celebrated 'International Yoga Day' under the direction of Punjab Government on June 21,2022. Dr Savinder Pal, college Principal, enlightened the students that physical fitness should always be a priority for all. She also added yoga is the divine union of mind and body. It is an intimate and serene connection between the individual, the world and the Cosmos.</p>
45	EBSB	24/06/2022	<p>Seminar on phobia of examinations.: Under the Central Government Mission of "Ek Bharat Shreshth Bharat" Programme, a seminar was organised to help the students with the phobia of examinations. Nodal Officer Dr. Priyanka Aeri and Dr. Palwinder Kaur Randhaw member EBSB enlightened the students with some techniques for the preparation of their exams and strengthen their willpower. Dr. Priyanka Aeri during her lecture explained the</p>

			students how to remain stress free during exams by taking proper diet and by doing light yoga. Dr. Palwinder Kaur Randhawa gave certain tips to remain stress free during exams.
--	--	--	--

College Magazine “Aastha”

Under the able guidance of Principal Dr. Savinder Pal college magazine of the year “Aastha” was launched to highlight and nurture the hidden literary talent of students on April 30, 2022.

