

Annual Report 2016

I feel immense pleasure in extending a warm welcome to the august gathering on the occasion of 44th Convocation and Award Presentation Ceremony of Kamla Nehru College for Women, Phagwara. It is our proud privilege to have amongst us a multi-faceted personality Prof. Jaspal Singh Sandhu, Secretary University Grants Commission, New Delhi, who has graciously consented to preside over the function despite his busy schedule. Endowed with rare qualities of head and heart, Prof. Sandhu has been at the helm of affairs in variegated fields. He has been Dean, faculty of Sports Medicine and Physiotherapy, Director University Grants Commission's Academic Staff College, Prof. In-charge Dept. of Public Relations, GNDU Amritsar, Head, Department of Sports Medicine and Physiotherapy, GNDU, Amritsar and Secretary General, Asian Federation of Sports Medicine. Presently, he is also the Vice-President, Asian Federation of Sports of Medicine, Member, Education Commission, International Federation of Sports Medicine and Patron, Indian Association of Sports Medicine. An erudite scholar, Prof. Sandhu's remarkable contribution in the field of research includes 237 International and National Publications in different fields of Sports Medicine, Sports Sciences, Sports Psychology, Life Style disorders and Medicine. He is member of numerous Editorial and International Advisory Boards.

Having a penchant for sports, it goes to the credit of Prof. Sandhu to have established the first and the only Department of Sports Medicine in Indian University System which came Under CPEPA Scheme of U.G.C in 2004. As Head Department of Sports Medicine and Physiotherapy , he introduced unique and novel courses in Sports Sciences like Ph.D and Doctor of Medicine in Sports Medicine, Masters in Exercise Physiology and Nutrition , Masters in Sports Physical Therapy, Masters in Sports Psychology etc. Sir, your dignified presence amongst us has lent a rare grace to the occasion. Your dynamic and versatile

persona is a source of great inspiration for the students and teachers alike. I, on behalf of KNC Family, extend a cordial welcome to your esteemed self.

Before commencing with the Annual Report, I would like to accord a warm welcome to all the respected members of the management. I avail this opportunity to extend a hearty welcome to the esteemed Heads of KNC Group of Institutions, Principals from various Institutions, the eminent guests and elite of the town as well as the representatives from the press. I would also like to convey my best wishes to the degree holders and prize winners who are, certainly, going to feel privileged to receive their degrees and prizes from the honorable Chief Guest.

Having completed five eventful decades, Kamla Nehru College for Women, Phagwara, stands today as a multi-faculty, Post Graduate institution committed to the noble cause of imparting value based education to the young women of the region. While traversing this journey, the college has created many landmarks and attained several milestones. I take great pleasure in sharing with the distinguished guests that the college was re-accredited by NAAC with the CGPA of 3.55/4.00 and was also the recipient of the CPE grant by the esteemed UGC.

Understanding the idiom of the times, the college caters to the need of the career-oriented youth by offering a spectrum of 15 Under-Graduate, 7 Post Graduate, 3 P.G Diplomas and a number of U.G.C sponsored Add-on Vocational Courses . In addition to all these, the college is also successfully running B.Voc in Fashion Technology, Journalism and Mass Communication, Nutrition & Dietetics and a course in Beauty & Wellness under Community College Scheme of the U.G.C. Apart from providing the students with required academic and professional skills; these courses are paving their way to become empowered young women with clairvoyant vision.

Driven by the vision of our founding fathers, the college owns a stately infrastructure for the conducive growth and progression of our students. We have well-equipped building blocks for different streams like Arts Block, Science Block, Commerce Block, Home Science and Fashion Designing Block etc. The Department of Computer Science has 8 hi-tech labs with 2MBPS lease line and LCD Projectors. Research, being the most notable aspect of the educational scene today, we have Research Centre, Common Resource Centre, Hybrid library, Journalism and Mass Media Centre with Audio- Video studio and several modernized labs like Economics & Business lab, Accounting lab, Science labs, Fashion Designing lab, Language lab, Psychology and Stress Management lab, Fine Arts lab etc.

A beautifully designed Seminar Hall with audio-visual facilities, aesthetically designed Auditorium, open air Sports Stadium, spic and span Students' Hostel, hygienic Cafeteria, Health Care Centre, Botanical Garden, well - equipped Gymnasium and state-of-the-art Heritage Centre are the significant features of the institution. Aiming at further modernization of infrastructural facilities, setting up of a Video Conference Room and the up gradation of labs and library are also on the anvil.

Students are the strength and true assets of an institution. Our students have proved their mettle by setting bench marks in various University Examinations. It is a matter of great pride that this year our 37 students are placed in the University Merit list while 44 got distinction. Our student Manpreet Kaur stood 1st in M.A (Economics) semester 4 and Ekta bagged 5th position in the same. Payal Beniwal and Mamta Dhingra secured 6th and 7th positions respectively in M.Com Semester 4, Sarika Soni got 7th position in M.A Hindi Sem 4, Navjot Kaur and Jaswinder Kaur stood 1st in B.Voc J.M.C Semester 2nd and B.Voc F.T Semester 4 respectively. Deepti Khurana and Ratanjot got 1st and 2nd position in B.Voc

Nutrition & Dietetics. Palwinder Kaur stood 2nd in B.Voc J.M.C Semester 2nd and Sukhvir Kaur & Gurpreet Kaur got 2nd Position in B.Voc F.T Semester 4th, Rahima of B.A Semester 4 won 4th position in the University while Ramandeep Kaur and Priya Bains of B.A. Punjabi Hons. Semester 3 stood 1st and 2nd respectively.

Besides splendid academic achievements, our students did exceedingly well in co-curricular activities as well. It gives me great pleasure to inform all of you that Kamla Nehru College was the proud recipient of Champion's Trophy in G.N.D.U Zonal Youth Festival 2016. Our students bagged 29 positions out of the total 30 items we participated in.

In the arena of Sports also, our students have brought laurels to the institution. It's a matter of honor for us that in Inter-College Wushu Championship held at GNDU, our college won Champion's Trophy by winning 3 gold, 1 silver and 3 bronze medals. In the Inter College Boxing Championship held at GNDU, our students won 1 gold, 3 silver and 5 bronze medals. In All India Inter-University Championship held at Punjabi University, Patiala, our student Manjot Longia bagged bronze medal. Again, our students Jasvir kaur and Sumandeep Kaur clinched bronze medals in Senior State Boxing Championship held at Jalandhar.

In the pursuit of disseminating holistic education, the college faculty undertook a number of educational projects. The Department of Social Sciences organized ICSSR Sponsored National Seminar on 'Revisiting Bhagat Singh' wherein the chief guest was the noted academician, Prof. Jagmohan Singh, nephew of S.Bhagat Singh and the guests of honor were Dr. Wariyam Sandhu, Punjabi litterateur and the key note speakers were Dr. Mridhula Mukherjee, Retd. Prof. JNU and Dr. Harish Sharma, Principal, GNDU College, Amritsar. As many as forty five research papers were presented and more than 100 delegates attended this seminar.

The Department of Science organized extension lectures on the diverse topics like Digitalization of Data-bases of Trees and Shrubs, Toxic-effects of Heavy Metals on Human Health, Biodiversity Conservation, Motivation for Science and Effects of Ozone layer Depletion wherein eminent educationists from reputed universities were the resource persons. The Department also organized a number of industrial visits and educational trips.

The Department of Commerce organized an event ‘Hunar ka Khel’ to provide its students practical knowledge in the subject of Entrepreneurship and Project Management. Different stalls were put up in which the students showcased their creativity by displaying and selling various hand-crafted products. The Department also organized workshop on ‘Personality Development’, industrial visit to Ludhiana Beverages, Pvt. Ltd., Film making, Logo designing, Waste to Wealth and ‘Student of the Year’ competitions. P.G. students from the department took part in a seminar on ‘Women Empowerment through Financial Education’ organized by KMV, Jalandhar in collaboration with SEBI and National Stock Exchange of India.

The Department of Computer Science organized a Quiz competition on Information Technology wherein Gurcharan Kaur and Kajal won the first and second positions respectively. P.P.T’s on various topics related to the subject were also presented by the students. An event ‘Let’s Re-make’ was organized in which the students exhibited their creativity by making the best out of the waste.

The Department of Home Science, Fashion Designing & Nutrition & Dietetics organized a one day workshop on ‘The Use of Automatic Sewing Machine and Sewing Techniques’. The Department organized a visit to JCT Mill, Phagwara and Raghav Export, Doraha to make the students get acquainted with the processing of yarn and construction of garments. A visit to Markfed Canneries, Jalandhar was also organized to make the students aware of the processing of

different foods. The department arranged a fashion show in which the apparels designed and prepared by the students were showcased.

The Department of Punjabi organized Teej Festival ‘Teeyan Teej Dian’ in which various competitions were arranged. The students of the Department, Ramandeep Kaur and Priya Bains stood first and third respectively, in the district level Quiz Competition organized by Language department, Punjab. Jaspreet Kaur of M.A Punjabi got 3rd prize in Bhai Santokh Singh Lekh Mukabla held at Jalandhar.

The Department of Hindi arranged a ‘Kavya-Goshthi’ on the eve of Hindi Diwas wherein Ms. Geeta Dogra, an eminent writer of Hindi literature was the chief-guest and several renowned poets recited their poems. In this event, various literary competitions were also organized.

The Department of English organized a Spellathon and Essay Writing Competition to give a boost to the students’ proficiency in the language. A Vocabulary Enhancement workshop was also arranged for the development of the students’ personality. The Department also paid a visit to Old Age home, Virkan where students and teachers made generous donations.

The Department of English, Punjabi and Hindi jointly organized an Inter-class Literary Competition wherein students participated in poetical recitation, debate and declamation contests.

The Department of Journalism and Mass Media organized a seminar on ‘Career Opportunities in Journalism’ to impart guidance to the students regarding their career choices. A workshop on ‘Photography and Panel Discussion on Role of Media in Present Scenario’ was also conducted. The Department arranged a lecture on ‘Radio Formats and Contemporary Radio Scenario’ wherein Dr. Rashmi Khurana, Assistant Station Director, All India Radio addressed the students.

Ms.Parvinder from the department got first prize in the Report Writing Competition held at GNDU, Regional campus, Jalandhar.

The Department of Economics observed 'Poverty Eradication Day' on the theme 'Moving from Humiliation and Exclusion to Participation: Ending Poverty in all its Forms'. The department also organized Best out of Waste and Slogan Writing Competitions.

The Department of Political Science celebrated an 'Environment Week' wherein lectures by eminent educationists and various competitions like Slogan Writing, Poster Making, Group Discussion were arranged. The faculty members and students from the Department of History visited the ashram for invalids and offered donations in cash and kind.

The Department of Music and Dance arranged a mesmerizing dance performance by Monisa Nayak, an accomplished kathak performer from Jaipur Gharana and the recipient of National Award (Ustad Bismillah Khan Yuva Puraskar of Sangeet Natak Academy) under the aegis of Spic Macay. The Department also organized a music performance wherein the famous singer and music director Anadi Mishra enthralled the audience.

The Department of Fine Arts organized a two - day Painting Workshop wherein Dr. Jaspal Singh from Govt. College, Hoshiarpur was the resource person. A slogan writing and poster making competition was also organized.

The Department of Cosmetology organized a workshop on 'Skin and Make-up Treatments of Modicare'. The faculty members and students from the department also attended a seminar on 'Aroma Therapy Treatment by Chase' and a workshop on 'Hair Cutting and Coloring' organized by Keune, India Ltd.

I feel glad to state that this year our NCC cadets cleared 'C' certificate scoring A+ Grade. 16 N.C.C. cadets attended Combined Annual Training Camp held at L.P.U. Our cadets also attended All India Girls Trekking Expedition Camp at Arki(H.P). An Annual Training Camp at Sant Baba Bhag Singh University was attended by 10 N.C.C cadets. Emulating Swachh Bharat Abhiyan movement initiated by Prime Minister Narendra Modi, the N.C.C. initiated a cleanliness drive in collaboration with 8PBBN Punjab Battalion and representatives from different schools and colleges.

The N.S.S Club of the college organized a seven-day camp wherein NSS volunteers participated with great zeal and fervor. The volunteers also actively took part in the International Yoga Day on June 21,2016. Eight students from our college attended Youth Leadership Hiking and Trekking Camp at Dalhousie which was organized by the Department of Youth Welfare Service, GNDU. Ms Nancy Sharma was adjudged as the second best camper.

The Women Cell of the college organized a lecture by a well known nutritionist Ms. Tanveer kaur on 'Healthy Diet for Adolescent Girls'. It also arranged a one-day Health Check-up camp to create awareness about regular health check-ups among the students and faculty members. Under NIRBHAYA PROJECT, training of martial arts was also provided to the students. The IQAC arranged a motivational lecture for the faculty members by Mr. Surendra Seth, an eminent media personality on the 'Role of a Teacher on Nation Building'. A P.P.T. on "Melting of Glaciers" was also presented by Dr. Vanita Chahal.

The Research Committee of the college organized a lecture on 'Academic Publishing Ways to Increase Visibility of Research' wherein Dr. Neeraj Kumar Singh, Assistant librarian, A.C. Joshi library, P.U, Chandigarh presented a PPT on Research Methodology. The Research Committee has also to its credit the publication of Prayas-The Effort, a Research Magazine in which all the twenty

articles are contributed by Kamla Nehru College faculty. I take great pleasure to announce that the maiden issue of this magazine is going to be released today by our esteemed Chief Guest.

The Career Orientation Council of the college strives strenuously to make the students aware of emerging needs and trends of the fast paced job scenario. This year, the council conducted a General Aptitude Test in which more than 300 hundred students participated. Ms Himani and Ms. Kritika stood first at U.G and P.G level respectively. In the recently held campus placement drive for Bajaj Alliance Insurance Company 10 of our student have participated. It's a matter of great pride that our student Ms. Jaspreet Kaur from B.C.A. Sem 5 got selected as Assistant Software Engineer in Tech Mahindra.

The institution has been persistently endeavorous to promote a culture of research and innovation among the faculty members. In keeping with this ethos, a number of faculty members presented papers in National and International seminars, attended refresher courses and workshops at various universities.

Dr. Kiran Walia had the honor of visiting Sidharth Institute of Engineering and Technology, Puttur, Andhra Pradesh, as member of UGC Committee for Inspection of Autonomous College. She also had the privilege of being selected as the patron of Triveni Literary Organization for her contribution in the field of Hindi literature. Dr.Nimratdeep Kaur from the department of Punjabi has the credit of publishing a book on the literary criticism of 'Manav-vadi Kavi Dr. Diwan Singh Kale Paani'. Ms. Preet Arora from the Department of Hindi was awarded for her book 'Udaan Apni Apni' – An Anthology of Poems on the famous poetesses hailing sfrom Chandigarh. A Minor Research Project of Dr. Sudhamani from the Department of Fine Arts on "Extension of Medieval Indian Art in Punjab with special reference to Shiv Temples Architecture and Sculptures-Dholbaha" got approved from UGC.

Now, before bringing down the curtains on this chronicle of institution's march towards progression, I would like to express my gratitude to all who in their own way have helped in raising the institution to its present stature.

Let me take this opportunity to acknowledge gratefully the unstinted co-operation and immense support extended to us by the Chairman of the Governing Council, Shri. I.K.Sardana whose trenchant vision and invaluable guidance have always been a driving force in the instrumental growth of the college. He is not present amongst us today due to some health issues. We wish him a speedy recovery and good health.

I owe my thanks to the dedicated teaching fraternity, committed non-teaching staff and devoted class IV employees, without whose unwavering support and co-operation, all these achievements would not have been possible. I look forward to your incessant support in future as well. My humble thanks to the esteemed University Grants Commission for generously extending magnanimous support and assistance from time to time.

My heartiest felicitations to all the young graduates and prize winners who have made us proud with their illustrious achievements.

Once again, I convey my thanks to Prof. Jaspal Singh Sandhu, all the distinguished guests and representatives of the Press for gracing this occasion.

I Would Like to conclude the report with a couplet for the young achievers.

Aim high strive hard
Dream Big, Achieve Big
Good Luck
Thank You

